

## Prayer Sheet

Throughout this prayer, we are going to be reflecting and having prayerful time. Take time to find a quiet space and take time for still and quiet.

We are going to start this prayer with the sign of the cross.

*In the Name of the Father, the son and the holy spirit. Amen.*

Throughout these unprecedented times, we give time for prayer and thought to God. We can reflect more and take time to process our thoughts and offer them up to the Lord in prayer. When we strip this all back we focus on God and how we see Him at work in our life and that is what this prayer is about today. How we see God and how we can make Him more of a priority in our life.

God is presented in many ways throughout scripture. We all have our own ways we envision God in our lives. I want you to think of what God is to you and where you see him in your life. The scripture quotes are different ways God is described in the bible as a prompt

1 John 1: 5

This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all.

2 Peter 3:9

The Lord is not slow in keeping his promise, as some understand slowness. Instead he is patient with you, not wanting anyone to perish, but everyone to come to repentance.

John 4:24

God is spirit, and his worshipers must worship in the Spirit and in truth

Matthew 6:26

Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?

Psalms 116:5

The LORD is gracious and righteous; our God is full of compassion.

*These are a handful of ways that God is portrayed in the bible and there are many more such as Him being a fortress and a protector. Scripture also connotes who we are that we are loved, valued and cherished.*

*I want you to think of how you see God at work in Your Life. Pick out one thing you are grateful for today. It can be anything small or big. We can bring joy and hope to other people by our actions and we should try and be as positive and joyful to bring the Love of*

*God and make it overt to others. This scripture below is from Philippians and expresses the qualities of God that we can bestow on to others and show them.*

*“Finally, brothers, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you.”*

These qualities we should seek to achieve and show to other people and show joy and spread it around like confetti. This can bring God’s Love to all and can make people feel joy.

*Hold that in your thoughts as we pray*

*Heavenly Father,*

*Thank you for all that you have bestowed on us. We express pure gratitude for all you give us. We pray for an openness to see your love and the work of your hand in our days.*

*Amen*

*We bring our prayers and any thoughts on our heart to Mary our mother by saying the Hail Mary*

*In the Name of the Father, the Son and the Holy Spirit. Amen*