

May Daily Prayer & Reflections – 22nd May 2020.

May is the focus for May, she was so unapologetic in Her Yes to God and we remind ourselves of this Yes that she so willingly said and knew that Gods plan for her was steadfast and true. We need to remind ourselves, especially throughout may, of the humility she had to say YES so openly and true. No matter what the repercussions she followed God in every sense and this faith is to aspire to.

Mary said I am the handmaid of the Lord so she is promising to be a vessel of God's will which we pray to be too and to follow Him

"Behold, I am the handmaid of the Lord. May it be done to me according to your word." Luke 1:38



Take time out of your day to attend live streamed mass and pray. We need to take time for inspiration from our Mother during this time. This sheet has the gospel reading of the day and a reflective prayer.

During this week, we are focusing on the writing of Pope Francis "Laudato Si'" as we mark the 5th anniversary of its publication. This focuses on how we can care for the world and all the people in it. We pray for a love for the environment.

Prayer for the Day:

Dear Lord,

We give you thanks for the rest we have had and for the gift of a new day, with its opportunities to pleasing you. Grant that we may give service and joy to you Lord

Amen.

On the @BC_Chaplaincy Twitter Page, we upload daily reflections and prayer ideas which we invite you to look at with readings of the day also posted. We post small reflections so we can keep God's word active throughout the day and accessible.

We also have our sway page where we post chaplaincy resources for prayer and reflection.

The Gospel Reading Today :

Your hearts will be full of joy that no-one will take from you

Jesus said to his disciples:

'I tell you most solemnly,

you will be weeping and wailing

while the world will rejoice;
you will be sorrowful,
but your sorrow will turn to joy.
A woman in childbirth suffers,
because her time has come;
but when she has given birth to the child she forgets the suffering
in her joy that a man has been born into the world.
So it is with you: you are sad now,
but I shall see you again, and your hearts will be full of joy,
and that joy no one shall take from you.
When that day comes,
you will not ask me any questions.'

Reflection:

The joy of God's everlasting love, a deep-down joy that nothing can take from us. It is a conviction that God is near and does not abandon us, and it lasts. This is the message that can really boost us to know God is with us and we are loved and cherished.

John's Gospel has much to say about God's love for us. To love is to give, to be with, and for, the one whom we love. May I have a sense of God loving me in my loving of the significant people in my life.

Prayer

Almighty God,

We pray for the journey with you to be steadfast and true. We pray that we stay on the path you have set for us and we lift up our struggles to you so we remain positive in your love.

Amen

Diocesan Information

Masses are live streamed up and down the diocese and are daily. If you want to watch mass, follow this link select a church and the mass times are listed so you can plan Mass Live stream in to your day:

<https://www.mcnmedia.tv/cameras/county/west-midlands>

Praise and Worship Playlist: <https://www.youtube.com/watch?v=F8umfBRlwW8>

Kenelm Youth Trust @ Home Resources: <http://www.kenelmyouthtrust.org.uk/home-resources.html>

Twitter: @bc_chaplaincy

Pause for Prayer Blog: <https://bishopchalloner.org.uk/blog/category/catholic-life-blog>

One Life Music Weekly Worship: <https://youtu.be/bs36zxL EE8>