## May Daily Prayer & Reflections

## <u>8<sup>th</sup> May 2020</u>

"Behold, I am the handmaid of the Lord. May it be done to me according to your word." Luke 1:38



Mary said I am the handmaid of the Lord so she is promising to be a vessel of God's will which we pray to be too and to follow Him.

May is the focus for May, she was so unapologetic in Her Yes to God and we remind ourselves of this Yes that she so willingly said and knew that Gods plan for her was steadfast and true.

Throughout these unprecedented times, we need to remember that just because the building of the church is closed, the Church community is well and truly alive and flourishing.

Take time out of your day to attend live streamed mass and pray. We need to take time for inspiration from our Mother during this time.

## Prayer for the Day:

Almighty God,

Throughout our days may we see your light and love. We pray for your joy and grace throughout the day. Thank you for all that You have bestowed on us.

Amen

On the @BC\_Chaplaincy Twitter Page, we upload daily reflections and prayer ideas which we invite you to look at with readings of the day also posted. We post small reflections so we can keep God's word active throughout the day and accessible.

We also have our sway page where we post chaplaincy resources for prayer and reflection.

# The Gospel Reading Today :

"Let not your hearts be troubled; believe <sup>[a]</sup> in God, believe also in me. <sup>2</sup> In my Father's house are many rooms; if it were not so, would I have told you that I go to prepare a place for you? <sup>3</sup> And when I go and prepare a place for you, I will come again and will take you to myself, that where I am you may be also. <sup>4</sup> And you know the way where I am going." <sup>[b] 5</sup> Thomas said to him, "Lord, we do not know where you are going; how can we know the way?" <sup>6</sup> Jesus said to him, "I am the way, and the truth, and the life; no one comes to the Father, but by me."

Reflection:

Jesus says he is the way the truth and the life. This gives us such a sense of joy and hope for the future and our life.

Jesus is comforting and consoling his friends: 'do not let your hearts be troubled'! Who is consoling him? To the very end he continues to trust in the power and love of the Father.

Prayer

Lord,

We pray for unapologetic faith and trust in You. We pray to see Your light shine through our days and the glories you have bestowed on us.

Amen

#### **Diocesan Information**

Masses are live streamed up and down the diocese and are daily. If you want to watch mass, follow this link select a church and the mass times are listed so you can plan Mass Live stream in to your day: https://www.mcnmedia.tv/cameras/county/west-midlands

Praise and Worship Playlist: <a href="https://www.youtube.com/watch?v=F8umfBRlwW8">https://www.youtube.com/watch?v=F8umfBRlwW8</a>

Kenelm Youth Trust @ Home Resources: http://www.kenelmyouthtrust.org.uk/home-resources.html

Twitter: @bc\_chaplaincy

Pause for Prayer Blog: <u>https://bishopchalloner.org.uk/blog/category/catholic-life-blog</u>

One Life Music Weekly Worship: <u>https://youtu.be/bs36zxL\_EE8</u>