

### Prayer

Heavenly God,

My Lord, today all is silent. You have given Your precious life for the salvation of the world. You died a horrific death, poured out all Mercy from Your wounded Heart, and now You rest in peace in the tomb as the soldiers keep vigil.

Amen

# What is Holy Saturday?

For the first disciples this was a day of mourning, their friend and their teacher has been killed and now lies in the tomb. For us today, it is a day of hopeful waiting, knowing that this is not the end of the story.

# Holy Saturday Scripture

I will praise you, Lord, Because you have saved me. You have rescued my soul from death And given me back my life.

I will sing songs of thanks to the Lord, And show the depth of my love for him. His goodness lasts forever. He wipes away my tears, And fills my life with happiness.

The Lord is merciful and comes to my aid. He changes my sadness into joy And I will gave thanks for ever To the Lord my God.

(Psalm 29/20: 1, 3-5, 10-12)

## Activity

Today is a time for waiting and stillness in preparation.

Take time of quiet and still today and reflect on you.

Saturday is a day of waiting in hope.

Are we living our lives with this same hope?

Do we really believe that Jesus rose and is now in heaven?

Are we living a life that reflects that hope?

Or have we given up hope and given into the deception that this life is the end?



West Midlands Churches:

https://www.mcnmedia.tv/cameras/county/westmidlands

St Chads Cathedral:

https://www.stchadscathedral.org.uk/

Church Date	St Chad's Cathedral	Our Lady of Lourdes	St Ambrose Barlow	Our Lady & All Saints	St George and St Teresa	St Thomas More
Monday	12:15pm	9am	9:30am	9am	9:15am	9am
Tuesday	12:15pm	9am	9:30am	9am	9:15am	6:30pm
Wednesday	12:15pm	9am	9:30am	9am	10am	9am
Maundy Thursday	7:30pm	7pm	7pm	8pm	7:30pm	7pm
Good Friday	3pm	3pm	3pm	3pm	3pm	3pm
Holy Saturday	8pm	6pm	8pm	8pm	8pm	8:30pm
Easter Sunday	11am	10am	10am	10:30am	10:30am	9am

Holy Saturday Services/ Events • Live Stream Masses/ Services https://www.mcnmedia.tv/cameras/county/west-midlands

#### Useful Links:

- Our Twitter Account which we keep updated with prayers and reflections: <a href="https://twitter.com/BC Chaplaincy">https://twitter.com/BC Chaplaincy</a>
- Kenelm Youth Trust @ Home Resources: <u>http://www.kenelmyouthtrust.org.uk/home-resources.html</u>
- Our Website with Blogs & Daily Prayer and Reflections:
- Blog: <a href="https://bishopchalloner.org.uk/blog">https://bishopchalloner.org.uk/blog</a>
- Daily Prayers:
   https://bishopchalloner.org.uk/diocese-news/daily-prayer-and-reflections