

May Daily Prayer & Reflections - 18th May 2020

Mary said I am the handmaid of the Lord so she is promising to be a vessel of God's will which we pray to be too and to follow Him.

"Behold, I am the handmaid of the Lord. May it be done to me according to your word." Luke 1:38



May is the focus for May, she was so unapologetic in Her Yes to God and we remind ourselves of this Yes that she so willingly said and knew that Gods plan for her was steadfast and true. We need to remind ourselves, especially throughout may, of the humility she had to say YES so openly and true. No matter what the repercussions she followed God in every sense and this faith is to aspire to.

Take time out of your day to attend live streamed mass and pray. We need to take time for inspiration from our Mother during this time. This sheet has the gospel reading of the day and a reflective prayer.

Prayer for the Day:

Almighty God,
Help me remember what a difference it makes when I make time with You a priority in my morning. Help me to hear You speak words of wisdom over my heart as I prepare to go into my day.
Amen

On the @BC_Chaplaincy Twitter Page, we upload daily reflections and prayer ideas which we invite you to look at with readings of the day also posted. We post small reflections so we can keep God's word active throughout the day and accessible.

We also have our sway page where we post chaplaincy resources for prayer and reflection.

The Gospel Reading Today :

The Spirit of truth will be my witness

Jesus said to his disciples:

'When the Advocate comes,
whom I shall send to you from the Father,
the Spirit of truth who issues from the Father,
he will be my witness.

And you too will be witnesses,
because you have been with me from the outset.
'I have told you all this that your faith may not be shaken.
They will expel you from the synagogues,
and indeed the hour is coming
when anyone who kills you
will think he is doing a holy duty for God.
They will do these things
because they have never known
either the Father or myself.
But I have told you all this,
so that when the time for it comes
you may remember that I told you.'

Reflection:

Jesus is telling us these things "that our faith may not be shaken". The Holy Spirit has come to strengthen our conviction, to keep us secure and at peace. "And all shall be well". As long as we remain steadfast and true to the Lord and rely on His strength we will get through the trials and tribulations. The Lord walks with us and carries us through the difficult times and celebrates with us in the positive times

We are to be his witnesses. He does so much for us. We are called to be disciples and share God's love with all who we encounter

Prayer

Lord Jesus,

We pray that through our words and actions we can show others your love today. May we see your love shining through others and walk with us in our paths that you have set

Amen

Diocesan Information

Masses are live streamed up and down the diocese and are daily. If you want to watch mass, follow this link select a church and the mass times are listed so you can plan Mass Live stream in to your day:

<https://www.mcnmedia.tv/cameras/county/west-midlands>

Praise and Worship Playlist: <https://www.youtube.com/watch?v=F8umfBRIwW8>

Kenelm Youth Trust @ Home Resources: <http://www.kenelmyouthtrust.org.uk/home-resources.html>

Twitter: @bc_chaplaincy

Pause for Prayer Blog: <https://bishopchalloner.org.uk/blog/category/catholic-life-blog>

One Life Music Weekly Worship: https://youtu.be/bs36zxL_EE8