

Daily Prayer & Reflections

27th April 2020

We pause for a time of peace and tranquillity to enter our day to allow for prayerful reflection. During these unprecedented times is where we can come together as a community in the Church more than ever.

We pray for everyone during this time and take time out of our day to be mindful and reflect on scripture to get guidance.

Prayer for the Day:

Heavenly Father,

We ask for your unending love to wrap around us today. We pray for you to continue to be our refuge and a space we can find shelter. Thank you for all you have done we express pure gratitude for the community we have around us.

Amen

On the @BC_Chaplaincy Twitter Page, we upload daily reflections and prayer ideas which we invite you to look at with readings of the day also posted. We post small reflections so we can keep God's word active throughout the day and accessible.

We also have our sway page where we post chaplaincy resources for prayer and reflection.

The Gospel Reading Today :

Do not work for food that cannot last, but for food that endures to eternal life

After Jesus had fed the five thousand, his disciples saw him walking on the water. Next day, the crowd that had stayed on the other side saw that only one boat had been there, and that Jesus had not got into the boat with his disciples, but that the disciples had set off by themselves. Other boats, however, had put in from Tiberias, near the place where the bread had been eaten. When the people saw that neither Jesus nor his disciples were there, they got into those boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?'

Jesus answered:

'I tell you most solemnly,

you are not looking for me because you have seen the signs

but because you had all the bread you wanted to eat.

Do not work for food that cannot last,

but work for food that endures to eternal life,

the kind of food the Son of Man is offering you,
for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.'

Reflection:

The crowd is hungry again and pursues Jesus: they believe he will meet their needs. He tries to deepen their fragile faith in himself. Food for the body is necessary, but the food of eternal life meets a deeper need.

We look to God for many things. Jesus notices that his disciples follow now to get more bread: they wanted to be fed and not to lack ordinary food. Jesus has more to give. He offers the food and the drink of eternal life. The food and drink of his love and the love of God which will never get stale or run dry. This is the food of faith - prayer is the nourishment of faith.

Jesus is always leading us beyond where we are, beyond our hunger for physical food to the 'the food that endures for eternal life'. He reveals what this means step by step. The key task we must perform is to believe in him as the one sent by the Father. Have we really taken that step?

Prayer

Lord,

I can be like the crowd, seeking only to satisfy my immediate hungers. Forgive the times when I have used you to serve my interests. Remind me that the Father's seal is imprinted within me. Let this truth nourish my hungering spirit.

Amen

Diocesan Information

Masses are live streamed up and down the diocese and are daily. If you want to watch mass, follow this link select a church and the mass times are listed so you can plan Mass Live stream in to your day:

<https://www.mcnmedia.tv/cameras/county/west-midlands>

Praise and Worship Playlist: <https://www.youtube.com/watch?v=F8umfBRIwW8>

