July Daily Prayer & Reflections – 6th July

Take time out of your day to attend live streamed mass and pray. Throughout these unprecedented times, we need to remember that just because the building of the church is closed, the Church community is well and truly alive and flourishing.

Take time for prayer and reflection by attending a livestreamed mass and reading through the gospel readings for the day.



During the month of July our prayers and thoughts are dedicated to The Precious Blood of Jesus. The entire month falls within the liturgical season of Ordinary Time, which is represented by the liturgical colour green. This symbol of hope is the colour of the sprouting seed and provokes in the faithful the hope of reaping the eternal harvest of heaven, especially the hope of a glorious resurrection. It is used in the offices and Masses of Ordinary Time. From the time of the Passion, when Christ poured out His blood for our salvation, the faithful have practiced devotion to the Most Precious Blood of Jesus. In the month of July, the Church honours the Precious Blood and encourages us in this devotion.

The Holy Father's Intentions for the Month of July 2020

Our Families: We pray that today's families may be accompanied with love, respect and guidance. We pray for strength, unapologetic love and faith during these times.

On the @BC_Chaplaincy Twitter Page, we upload daily reflections and prayer ideas which we invite you to look at with readings of the day also posted. We post small reflections so we can keep God's word active throughout the day and accessible. We also have our sway page where we post chaplaincy resources for prayer and reflection.

Gospel Reading of the Day 'Your faith has restored you to health'

While Jesus was speaking, up came one of the officials, who bowed low in front of him and said, 'My daughter has just died, but come and lay your hand on her and her life will be saved.' Jesus rose and, with his disciples, followed him. Then from behind him came a woman, who had suffered from a haemorrhage for twelve years, and she touched the fringe of his cloak, for she said to herself, 'If I can only touch his cloak I shall be well again.' Jesus turned round and saw her; and he said to her, 'Courage, my daughter, your faith has restored you to health.' And from that moment the woman was well again.

When Jesus reached the official's house and saw the flute-players, with the crowd making a commotion he said, 'Get out of here; the little girl is not dead, she is asleep.' And they laughed at him. But when the people had been turned out he went inside and took the little girl by the hand; and she stood up. And the news spread all round the countryside.

Reflection:

Jesus relates wonderfully with people who have faith. Faith establishes a strong relationship between Jesus and ourselves, and so his power flows to us.

In your prayer you might focus on how you touch Jesus and how he touches or moves you. This is effected by your faith, as a knowledge born of love, or of Jesus' love for you and yours for Him. You might focus on His desire to be in a one to one relationship with you so that you get a sense of your personal significance or worth for Him.

Prayer:

Heavenly Father,

Thank you for accompanying us on our journeys. We value all you do for us and the work you have done in our lives.

Amen

Diocesan Information

Masses are live streamed up and down the diocese and are daily. If you want to watch mass, follow this link select a church and the mass times are listed so you can plan Mass Live stream in to your day:

https://www.mcnmedia.tv/cameras/county/west-midlands

Praise and Worship Playlist: https://www.youtube.com/watch?v=F8umfBRlwW8

Kenelm Youth Trust @ Home Resources: http://www.kenelmyouthtrust.org.uk/home-resources.html

Twitter: @bc chaplaincy

YouTube: BC Chaplaincy

Pause for Prayer Blog: https://bishopchalloner.org.uk/blog/category/catholic-life-blog

One Life Music Weekly Worship: https://youtu.be/bs36zxl EE8

Kenelm Youth Trust are on YouTube with Prayer Videos with the team. Take time to watch one of their videos and pause for prayer and mindfulness.