

May Daily Prayer & Reflections – 21st May 2020.

May is the focus for May, she was so unapologetic in Her Yes to God and we remind ourselves of this Yes that she so willingly said and knew that Gods plan for her was steadfast and true. We need to remind ourselves, especially throughout may, of the humility she had to say YES so openly and true. No matter what the repercussions she followed God in every sense and this faith is to aspire to.

Mary said I am the handmaid of the Lord so she is promising to be a vessel of God's will which we pray to be too and to follow Him

"Behold, I am the handmaid of the Lord. May it be done to me according to your word." Luke 1:38



Take time out of your day to attend live streamed mass and pray. We need to take time for inspiration from our Mother during this time. This sheet has the gospel reading of the day and a reflective prayer.

During this week, we are focusing on the writing of Pope Francis "Laudato Si'" as we mark the 5th anniversary of its publication. This focuses on how we can care for the world and all the people in it. We pray for a love for the environment.

Prayer for the Day:

Dear Lord,

I don't know who or what will cross my path today. But I do know that You are my rock and my fortress. You are my shield and my strong tower. Help me to anchor myself to You today. Teach me how to stand strong in You and choose only Your way today. Help me walk by Your truth and not my feelings. Help me to embrace anything that comes my way as an opportunity to see You at work and as opportunity to point others to You.

Amen.

On the @BC_Chaplaincy Twitter Page, we upload daily reflections and prayer ideas which we invite you to look at with readings of the day also posted. We post small reflections so we can keep God's word active throughout the day and accessible.

We also have our sway page where we post chaplaincy resources for prayer and reflection.

The Gospel Reading Today :

Go and make disciples of all nations

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

Reflection:

We are called to make disciples of all nations and that the Lord is always with us. We are called to live out the gospel values and show God's love to everyone we meet and spread the word of God.

God is always with us and is accompanying us throughout the trials and struggles throughout our life. A disciple is a learner—a student—a follower—a person committed to learning what a teacher has to teach. We are called to be a follower and show God's Love to all.

Prayer

Heavenly Father,

We pray that you journey with us and pick us up when we are struggling. Thank you for all you bestow on us and what joy you bring to our life

Amen

Diocesan Information

Masses are live streamed up and down the diocese and are daily. If you want to watch mass, follow this link select a church and the mass times are listed so you can plan Mass Live stream in to your day:

<https://www.mcnmedia.tv/cameras/county/west-midlands>

Praise and Worship Playlist: <https://www.youtube.com/watch?v=F8umfBRlwW8>

Kenelm Youth Trust @ Home Resources: <http://www.kenelmyouthtrust.org.uk/home-resources.html>

Twitter: @bc_chaplaincy

Pause for Prayer Blog: <https://bishopchalloner.org.uk/blog/category/catholic-life-blog>

One Life Music Weekly Worship: <https://youtu.be/bs36zxL EE8>