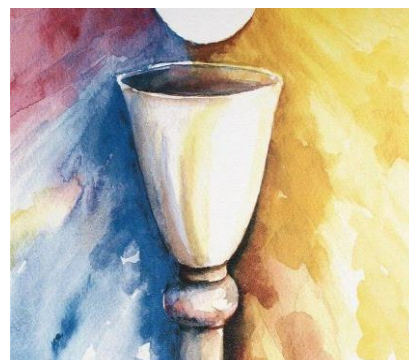


July Daily Prayer & Reflections - 2nd July

Take time out of your day to attend live streamed mass and pray. Throughout these unprecedented times, we need to remember that just because the building of the church is closed, the Church community is well and truly alive and flourishing.

Take time for prayer and reflection by attending a livestreamed mass and reading through the gospel readings for the day.



During the month of July our prayers and thoughts are dedicated to The Precious Blood of Jesus. The entire month falls within the liturgical season of Ordinary Time, which is represented by the liturgical colour green. This symbol of hope is the colour of the sprouting seed and provokes in the faithful the hope of reaping the eternal harvest of heaven, especially the hope of a glorious resurrection. It is used in the offices and Masses of Ordinary Time. From the time of the Passion, when Christ poured out His blood for our salvation, the faithful have practiced devotion to the Most Precious Blood of Jesus. In the month of July, the Church honours the Precious Blood and encourages us in this devotion.

The Holy Father's Intentions for the Month of July 2020

Our Families: We pray that today's families may be accompanied with love, respect and guidance. We pray for strength, unapologetic love and faith during these times.

On the @BC_Chaplaincy Twitter Page, we upload daily reflections and prayer ideas which we invite you to look at with readings of the day also posted. We post small reflections so we can keep God's word active throughout the day and accessible. We also have our sway page where we post chaplaincy resources for prayer and reflection.

Gospel Reading of the Day

'Your sins are forgiven; get up and walk'

Jesus got in the boat, crossed the water and came to his own town. Then some people appeared, bringing him a paralytic stretched out on a bed. Seeing their faith, Jesus said to the paralytic, 'Courage, my child, your sins are forgiven.' And at this some scribes said to themselves, 'This man is blaspheming.' Knowing what was in their minds Jesus said, 'Why do you have such wicked thoughts in your hearts? Now, which of these is easier to say, "Your sins are forgiven," or to say, "Get up and walk"? But to prove to you that the Son of Man has authority on earth to

forgive sins,' – he said to the paralytic – 'get up, and pick up your bed and go off home.' And the man got up and went home. A feeling of awe came over the crowd when they saw this, and they praised God for giving such power to men.

Reflection:

The Lord forgives us for our sins and lifts that burden from us. This sacrificial love shows us how worthy and valued we are. We thank the Lord for His miracles, work and sacrifices for us.

Prayer:

*Almighty God,
You are the light for our paths. When we stray away from that path, you bring us back to it
and allow us to be who we are called to be.
Amen*

Diocesan Information

Masses are live streamed up and down the diocese and are daily. If you want to watch mass, follow this link select a church and the mass times are listed so you can plan Mass Live stream in to your day:

<https://www.mcnmedia.tv/cameras/county/west-midlands>

Praise and Worship Playlist: <https://www.youtube.com/watch?v=F8umfBRIwW8>

Kenelm Youth Trust @ Home Resources: <http://www.kenelmyouthtrust.org.uk/home-resources.html>

Twitter: @bc_chaplaincy

YouTube: BC_Chaplaincy

Pause for Prayer Blog: <https://bishopchalloner.org.uk/blog/category/catholic-life-blog>

One Life Music Weekly Worship: <https://youtu.be/bs36zxLEE8>

Kenelm Youth Trust are on YouTube with Prayer Videos with the team. Take time to watch one of their videos and pause for prayer and mindfulness.