Daily Prayer & Reflections

04/06/2020

Our prayer, with the Pope in both his monthly and his new daily Intentions, is always oriented towards changing our own hearts, preparing ourselves for mission in whatever life-situation we are in.

We are only just beginning to learn and to reflect on this change. Take time out of your day to attend live streamed mass and pray. This sheet has the gospel reading of the day and a reflective prayer.

Prayer for the Day:

Lord!

Today's a new day, a chance for a new start. Yesterday is gone and with it any regrets, mistakes, or failures I may have experienced. It's a good day to be glad and give thanks, and I do, Lord. Thank you for today, a new opportunity to love, give, and be all that you want me to be.

Amen

On the @BC_Chaplaincy Twitter Page, we upload daily reflections and prayer ideas which we invite you to look at with readings of the day also posted. We post small reflections so we can keep God's word active throughout the day and accessible.

We also have our sway page where we post chaplaincy resources for prayer and reflection.

The Gospel Reading Today :

'You are not far from the kingdom of God'

One of the scribes came up to Jesus and put a question to him, 'Which is the first of all the commandments?' Jesus replied, 'This is the first: Listen, Israel, the Lord our God is the one Lord, and you must love the Lord your God with all your heart, with all your soul, with all your mind and with all your strength. The second is this: You must love your neighbour as yourself. There is no commandment greater than these.' The scribe said to him, 'Well spoken, Master; what you have said is true: that he is one and there is no other. To love him with all your heart, with all your understanding and strength, and to love your neighbour as yourself, this is far more important than any holocaust or sacrifice.' Jesus, seeing how wisely he had spoken, said, 'You are not far from the kingdom of God.' And after that no one dared to question him any more.

Reflection:

It is not always easy to love God emotionally, especially when life is difficult. It is important that I am not afraid to say that to God and be honest with God always.

"We are God's work of art", as St. Paul tells us in Ephesians. It can be difficult for us to love our neighbour if we don't love ourselves.

Prayer from the Gospel:

Lord, enlarge my heart. Make me more and more sensitive to the quality of your love, especially as Holy Week comes near. There you show me so dramatically how much you love me. Make me a grateful person. Amen

Diocesan Information

Masses are live streamed up and down the diocese and are daily. If you want to watch mass, follow this link select a church and the mass times are listed so you can plan Mass Live stream in to your day: https://www.mcnmedia.tv/cameras/county/west-midlands

Praise and Worship Playlist: <u>https://www.youtube.com/watch?v=F8umfBRlwW8</u>

Kenelm Youth Trust @ Home Resources: http://www.kenelmyouthtrust.org.uk/homeresources.html

Twitter: @bc_chaplaincy

Pause for Prayer Blog: <u>https://bishopchalloner.org.uk/blog/category/catholic-life-blog</u>

One Life Music Weekly Worship: <u>https://youtu.be/bs36zxL_EE8</u>