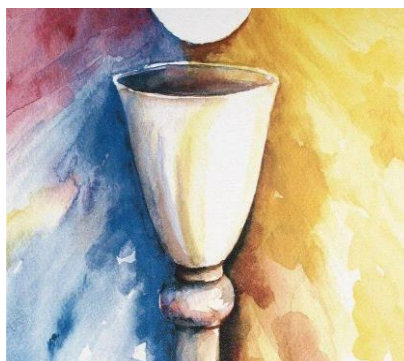


July Daily Prayer & Reflections – 9th July

Take time out of your day to attend live streamed mass and pray. Throughout these unprecedented times, the Church community is well and truly alive and flourishing.

Take time for prayer and reflection by attending a livestreamed mass and reading through the gospel readings for the day.



During the month of July our prayers and thoughts are dedicated to The Precious Blood of Jesus. The entire month falls within the liturgical season of Ordinary Time, which is represented by the liturgical colour green. This symbol of hope is the colour of the sprouting seed and provokes in the faithful the hope of reaping the eternal harvest of heaven, especially the hope of a glorious resurrection. It is used in the offices and Masses of Ordinary Time. From the time of the Passion, when Christ poured out His blood for our salvation, the faithful have practiced devotion to the Most Precious Blood of Jesus. In the month of July, the Church honours the Precious Blood and encourages us in this devotion.

The Holy Father's Intentions for the Month of July 2020

Our Families: We pray that today's families may be accompanied with love, respect and guidance. We pray for strength, unapologetic love and faith during these times.

On the @BC_Chaplaincy Twitter Page, we upload daily reflections and prayer ideas which we invite you to look at with readings of the day also posted. We post small reflections so we can keep God's word active throughout the day and accessible. We also have our sway page where we post chaplaincy resources for prayer and reflection.

Gospel Reading of the Day

Gospel Reading of the Day

You received without charge: give without charge

Jesus instructed the Twelve as follows: 'As you go, proclaim that the kingdom of heaven is close at hand. Cure the sick, raise the dead, cleanse the lepers, cast out devils. You received without charge, give without charge. Provide yourselves with no gold or silver, not even with a few coppers for your purses, with no haversack for the journey or spare tunic or footwear or a staff, for the workman deserves his keep. 'Whatever town or village you go into, ask for someone trustworthy and stay with him until you leave. As you enter his house, salute it, and if the house deserves it, let your peace descend upon it; if it does not, let your peace come back to you. And if anyone does not welcome you or listen to what you have to say, as you walk out of the house or town shake the dust from your feet. I tell you solemnly, on the day of Judgement it will not go as hard with the land of Sodom and Gomorrah as with that town.'

Reflection:

Jesus wants discipleship to be free of calculation and of measurement. He invites me to see myself as someone who gives freely of the good they have received. I offer to others what I received from God knowing that it has cost me nothing, remembering that I and others may benefit in the giving.

I take this time to allow God to give me what I need so that I may give, not of my own resources, but of what I have freely received.

Prayer:

Almighty God,

I don't know who or what will cross my path today. But I do know that You are my Rock and my Fortress. You are my Shield and my Strong Tower. Help me to anchor myself to You today. Teach me how to stand strong in You and choose only Your way today. Help me walk by Your truth and not my feelings. Help me to embrace anything that comes my way as an opportunity to see You at work and as an opportunity to point others to You.

Amen

Diocesan Information

Masses are live streamed up and down the diocese and are daily. If you want to watch mass, follow this link select a church and the mass times are listed so you can plan Mass Live stream in to your day:

<https://www.mcnmedia.tv/cameras/county/west-midlands>

Praise and Worship Playlist: <https://www.youtube.com/watch?v=F8umfBRIwW8>

Kenelm Youth Trust @ Home Resources: <http://www.kenelmyouthtrust.org.uk/home-resources.html>

Twitter: @bc_chaplaincy

YouTube: BC_Chaplaincy

Pause for Prayer Blog: <https://bishopchalloner.org.uk/blog/category/catholic-life-blog>

One Life Music Weekly Worship: <https://youtu.be/bs36zxLEE8>

Kenelm Youth Trust are on YouTube with Prayer Videos with the team. Take time to watch one of their videos and pause for prayer and mindfulness.