

May Daily Prayer & Reflections

12th May 2020

Mary said I am the handmaid of the Lord so she is promising to be a vessel of God's will which we pray to be too and to follow Him.

May is the focus for May, she was so unapologetic in Her Yes to God and we remind ourselves of this Yes that she so willingly said and knew that God's plan for her was steadfast and true.

Take time out of your day to attend live streamed mass and pray. We need to take time for inspiration from our Mother during this time.

*"Behold, I am the handmaid of the Lord. May it be done to me according to your word."
Luke 1:38*



Prayer for the Day:

Heavenly Father,

I ask for your guidance today as I set out on the path you have set for me. Do not let me stray from my path for You're my shepherd and my shield. Thank you for being our guide

Amen

On the @BC_Chaplaincy Twitter Page, we upload daily reflections and prayer ideas which we invite you to look at with readings of the day also posted. We post small reflections so we can keep God's word active throughout the day and accessible.

We also have our sway page where we post chaplaincy resources for prayer and reflection.

The Gospel Reading Today :

A peace the world cannot give is my gift to you

Jesus said to his disciples: 'Peace I bequeath to you, my own peace I give you, a peace the world cannot give, this is my gift to you. Do not let your hearts be troubled or afraid. You heard me say: I am going away, and shall return. If you loved me you would have been glad to know that I am going to the Father, for the Father is greater than I. I have told you this now before it happens, so that when it does happen you may believe. I shall not talk with you any longer, because the prince of this world is on his way. He has no power over me, but the world must be brought to know that I love the Father and that I am doing exactly what the Father told me.'

Reflection: In this scripture, we are given a promise from Jesus that he will return. We are told to not be afraid. Where in my life do I need the peace of Jesus at the moment? Perhaps it's in my work, or just in my own heart, peace with myself. Can I talk honestly now to Jesus about my need for peace, asking him to let his peace touch me where I most need it? We should use these times to have open conversations with God and tell Him what is the joys and struggles on our hearts. 'You heard me say: I am going away and I shall return'. We are reminded of the lovely image of Jesus, the servant, going ahead of us to prepare our rooms, and returning to bring us when they are ready.

Prayer

Lord,
we pray for your peace to enter our hearts and make them joyful and light. We thank you for
journeying with us and accompanying us through our life in the highs and the lows. We
appreciate you fully today.
Amen

Diocesan Information

Masses are live streamed up and down the diocese and are daily. If you want to watch mass,
follow this link select a church and the mass times are listed so you can plan Mass Live
stream in to your day:

<https://www.mcnmedia.tv/cameras/county/west-midlands>

Praise and Worship Playlist: <https://www.youtube.com/watch?v=F8umfBRlwW8>

Kenelm Youth Trust @ Home Resources: <http://www.kenelmyouthtrust.org.uk/home-resources.html>

Twitter: @bc_chaplaincy

Pause for Prayer Blog: <https://bishopchalloner.org.uk/blog/category/catholic-life-blog>

One Life Music Weekly Worship: https://youtu.be/bs36zxL_EE8