

## **21<sup>st</sup> April - Daily Prayer & Reflections**

*Throughout these unique times is where we can come together as a community in the Church more than ever.*

*We pray for everyone during this time and take time out of our day to be mindful and reflect on scripture to get guidance.*

### **Prayer for the Day:**

Heavenly Father,

Break into our hearts and allow us to be positive and joyful to do your ministry. We pray to see the hand of God during these times. Open our eyes to see you in our days. You created us for good and to We look to you to enlighten the path you have written out for us.

Amen

***On the @BC\_Chaplaincy Twitter Page, we upload daily reflections and prayer ideas which we invite you to look at with readings of the day also posted. We post small reflections so we can keep God's word active throughout the day and accessible***

### **John 3:7-15 Gospel of the Day**

**No-one has gone up to heaven except the Son of Man who has come down from heaven**

Jesus said to Nicodemus:

'Do not be surprised when I say:

You must be born from above.

The wind blows wherever it pleases;

you hear its sound,

but you cannot tell where it comes from or where it is going.

That is how it is with all who are born of the Spirit.'

'How can that be possible?' asked Nicodemus. 'You, a teacher in Israel, and you do not know these things!' replied Jesus.

'I tell you most solemnly,

we speak only about what we know

and witness only to what we have seen

and yet you people reject our evidence.

If you do not believe me when I speak about things in this world,  
how are you going to believe me when I speak to you about heavenly things?  
No one has gone up to heaven  
except the one who came down from heaven,  
the Son of Man who is in heaven;  
and the Son of Man must be lifted up  
as Moses lifted up the serpent in the desert,  
so that everyone who believes may have eternal life in him.'

The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.' I too must trust the Spirit in these seemingly confused and confusing times. God's Spirit, surprises us with inspirations, whose origin so often we cannot explain: I pray to be sensitive to the Spirit's presence in my world and in my life, and for the ability to trust this inspiration.

'And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.' All of a sudden Jesus makes a huge claim about who he is: whoever believes in him when he is lifted up on the cross will have eternal life. I ask Jesus to strengthen my faith in him, and in his power to give me a full life.

Prayer:

Almighty Father,

We pray for an unapologetic faith and to express this openly to all who are around us. We express such gratitude for all that we have around us. Break into our days and allow us to see you throughout the day. Strengthen my faith and love in you.

Amen

### **Diocesan Information**

Masses are live streamed up and down the diocese and are daily. If you want to watch mass, follow this link select a church and the mass times are listed so you can plan Mass Live stream in to your day:

<https://www.mcnmedia.tv/cameras/county/west-midlands>

Praise and Worship Playlist: <https://www.youtube.com/watch?v=F8umfBRIwW8>

