

## **Daily Prayer & Reflections**

**28<sup>th</sup> April 2020**

Throughout these unprecedented times, we need to remember that just because the building of the church is closed, the Church community is well and truly alive and flourishing. Take time out of your day to attend live streamed mass and pray.

We pray for everyone during this time and take time out of our day to be mindful and reflect on scripture to get guidance.

### **Prayer for the Day:**

Almighty God,

We pray for strength, joy and gratitude. We thank you for all the joys you provide us each day. You are always walking with us each day and your love carries us through.

Amen

***On the @BC\_Chaplaincy Twitter Page, we upload daily reflections and prayer ideas which we invite you to look at with readings of the day also posted. We post small reflections so we can keep God's word active throughout the day and accessible.***

***We also have our sway page where we post chaplaincy resources for prayer and reflection.***

### **The Gospel Reading Today :**

#### **It is my Father who gives you the bread from heaven**

The people said to Jesus, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: *He gave them bread from heaven to eat.*'

Jesus answered:

'I tell you most solemnly,

it was not Moses who gave you bread from heaven,

it is my Father who gives you the bread from heaven,

the true bread;

for the bread of God

is that which comes down from heaven

and gives life to the world.'

'Sir,' they said 'give us that bread always.' Jesus answered:

'I am the bread of life.

He who comes to me will never be hungry;

he who believes in me will never thirst.

**Reflection:**

In today's Gospel the crowd, who have witnessed the multiplication of loaves and fishes, ask for a sign as if the multiplication was nothing much.

The people were sure about what they wanted, clear about how God had worked in the past; they had a template and they wanted to see whether Jesus fitted it. We sometimes approach Jesus in the same way, asking for what we need, expecting a particular answer. Jesus wants to open our hearts to receive what God is offering; we need to open our eyes to recognise it

**Prayer**

Lord,

Allow us to recognise the hand of God at work in our lives today. Help us to realise that what God gives us may not be what we want but what He wants for us and what we need. Thank you for all you bestow on to us

Amen

**Diocesan Information**

Masses are live streamed up and down the diocese and are daily. If you want to watch mass, follow this link select a church and the mass times are listed so you can plan Mass Live stream in to your day:

<https://www.mcnmedia.tv/cameras/county/west-midlands>

Praise and Worship Playlist: <https://www.youtube.com/watch?v=F8umfBRIwW8>