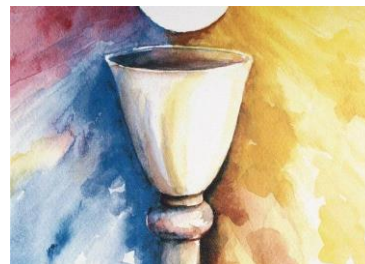


July Daily Prayer & Reflections

1st July

Take time out of your day to attend live streamed mass and pray. Throughout these unprecedented times, we need to remember that just because the building of the church is closed, the Church community is well and truly alive and flourishing.



Take time for prayer and reflection by attending a livestreamed mass and reading through the gospel readings for the day.

During the month of July our prayers and thoughts are dedicated to The Precious Blood of Jesus. The entire month falls within the liturgical season of Ordinary Time, which is represented by the liturgical colour green. This symbol of hope is the colour of the sprouting seed and provokes in the faithful the hope of reaping the eternal harvest of heaven, especially the hope of a glorious resurrection. It is used in the offices and Masses of Ordinary Time. From the time of the Passion, when Christ poured out His blood for our salvation, the faithful have practiced devotion to the Most Precious Blood of Jesus. In the month of July, the Church honours the Precious Blood and encourages us in this devotion.

The Holy Father's Intentions for the Month of July 2020

Our Families: We pray that today's families may be accompanied with love, respect and guidance. We pray for strength, unapologetic love and faith during these times.

On the @BC_Chaplaincy Twitter Page, we upload daily reflections and prayer ideas which we invite you to look at with readings of the day also posted. We post small reflections so we can keep God's word active throughout the day and accessible. We also have our sway page where we post chaplaincy resources for prayer and reflection.

Gospel Reading of the Day

When Jesus reached the country of the Gadarenes on the other side of the lake, two demoniacs came towards him out of the tombs – creatures so fierce that no one could pass that way. They stood there shouting, 'What do you want with us, Son of God? Have you come here to torture us before the time?' Now some distance away there was a large herd of pigs feeding, and the devils pleaded with Jesus, 'If you cast us out, send us into the herd of pigs.' And he said to them, 'Go then', and they came out and made for the pigs; and at that the whole herd charged down the cliff into the lake and perished in the water. The swineherds ran off and made for the town, where they told the whole story, including what had

happened to the demoniacs. At this the whole town set out to meet Jesus; and as soon as they saw him they implored him to leave the neighbourhood.

Reflection:

Sometimes we can have a tendency to want to be left alone, of not dealing with my issues. I ask for an open heart, and for a desire for Jesus' loving presence in my life. We pray for Him to fill these times

We should be unapologetic in our love for the Lord and trust Him with all we do.

Prayer:

Heavenly Father,

Thank you for being the accompaniment I need in my life. Thank you for walking with me on this path. You are my fortress, rock and shield.

Amen

Diocesan Information

Masses are live streamed up and down the diocese and are daily. If you want to watch mass, follow this link select a church and the mass times are listed so you can plan Mass Live stream in to your day:

<https://www.mcnmedia.tv/cameras/county/west-midlands>

Praise and Worship Playlist: <https://www.youtube.com/watch?v=F8umfBRIwW8>

Kenelm Youth Trust @ Home Resources: <http://www.kenelmyouthtrust.org.uk/home-resources.html>

Twitter: @bc_chaplaincy

YouTube: BC_Chaplaincy

Pause for Prayer Blog: <https://bishopchalloner.org.uk/blog/category/catholic-life-blog>

One Life Music Weekly Worship: <https://youtu.be/bs36zxLEE8>

Kenelm Youth Trust are on YouTube with Prayer Videos with the team. Take time to watch one of their videos and pause for prayer and mindfulness.