

Daily Prayer & Reflections

03/06/2020

Take time out of your day to attend live streamed mass and pray. This sheet has the gospel reading of the day and a reflective prayer.

Our prayer, with the Pope in both his monthly and his new daily Intentions, is always oriented towards changing our own hearts, preparing ourselves for mission in whatever life-situation we are in. We are only just beginning to learn and to reflect on this change.

Prayer for the Day:

Lord!

Today's a new day, a chance for a new start. Yesterday is gone and with it any regrets, mistakes, or failures I may have experienced. It's a good day to be glad and give thanks, and I do, Lord. Thank you for today, a new opportunity to love, give, and be all that you want me to be.

Amen

On the @BC_Chaplaincy Twitter Page, we upload daily reflections and prayer ideas which we invite you to look at with readings of the day also posted. We post small reflections so we can keep God's word active throughout the day and accessible.

We also have our sway page where we post chaplaincy resources for prayer and reflection.

The Gospel Reading Today :

How happy are the poor in spirit

Seeing the crowds, Jesus went up the hill. There he sat down and was joined by his disciples. Then he began to speak. This is what he taught them:

'How happy are the poor in spirit;

theirs is the kingdom of heaven.

Happy the gentle:

they shall have the earth for their heritage.

Happy those who mourn:

they shall be comforted.

Happy those who hunger and thirst for what is right:

they shall be satisfied.

Happy the merciful:

they shall have mercy shown them.

Happy the pure in heart:

they shall see God.

Happy the peacemakers:

they shall be called sons of God.

Happy those who are persecuted in the cause of right:

theirs is the kingdom of heaven.

'Happy are you when people abuse you and persecute you and speak all kinds of calumny against you on my account. Rejoice and be glad, for your reward will be great in heaven: this is how they persecuted the prophets before you.'

Reflection:

Pope Francis reflects on the Beatitudes at World Youth Day in 2014. It was a message for Young people:

Dear Young Friends,

How vividly I recall the remarkable meeting we had in Rio de Janeiro for the 28th World Youth Day. It was a great celebration of faith and fellowship! The wonderful people of Brazil welcomed us with open arms, like the statue of Christ the Redeemer which looks down from the hill of Corcovado over the magnificent expanse of Copacabana beach. There, on the seashore, Jesus renewed his call to each one of us to become his missionary disciples. May we perceive this call as the most important thing in our lives and share this gift with others, those near and far, even to the distant geographical and existential peripheries of our world.

The next stop on our intercontinental youth pilgrimage will be in Krakow in 2016. As a way of accompanying our journey together, for the next three years I would like to reflect with you on the Beatitudes found in the Gospel of Saint Matthew (5:1-12). This year we will begin by reflecting on the first Beatitude: "Blessed are the poor in spirit, for theirs is the kingdom of heaven" (Mt 5:3). For 2015 I suggest: "Blessed are the pure in heart, for they shall see God" (Mt 5:8). Then, in 2016, our theme will be: "Blessed are the merciful, for they shall obtain mercy" (Mt 5:7).

1. The revolutionary power of the Beatitudes

It is always a joyful experience for us to read and reflect on the Beatitudes! Jesus proclaimed them in his first great sermon, preached on the shore of the sea of Galilee. There was a very large crowd, so Jesus went up on the mountain to teach his disciples. That is why it is known as "the Sermon on the Mount". In the Bible, the mountain is regarded as a place where God reveals himself. Jesus, by preaching on the mount, reveals himself to be a divine teacher, a new Moses. What does he tell us? He shows us the way to life, the way that he himself has taken. Jesus himself is the way, and he proposes this way as the path to true happiness. Throughout his life, from his birth in the stable in Bethlehem until his death on the cross and his resurrection, Jesus embodied the Beatitudes. All the promises of God's Kingdom were fulfilled in him.

In proclaiming the Beatitudes, Jesus asks us to follow him and to travel with him along the path of love, the path that alone leads to eternal life. It is not an easy journey, yet the Lord promises us his grace and he never abandons us. We face so many challenges in life: poverty, distress, humiliation, the struggle for justice, persecutions, the difficulty of daily conversion, the effort to remain faithful to our call to holiness, and many others. But if we open the door to Jesus and allow him to be part of our lives, if we share our joys and sorrows with him, then we will experience the peace and joy that only God, who is infinite love, can give.

Diocesan Information

Masses are live streamed up and down the diocese and are daily. If you want to watch mass, follow this link select a church and the mass times are listed so you can plan Mass Live stream in to your day:

<https://www.mcnmedia.tv/cameras/county/west-midlands>

Praise and Worship Playlist: <https://www.youtube.com/watch?v=F8umfBRIwW8>

Kenelm Youth Trust @ Home Resources: <http://www.kenelmyouthtrust.org.uk/home-resources.html>

Twitter: @bc_chaplaincy

Pause for Prayer Blog: <https://bishopchalloner.org.uk/blog/category/catholic-life-blog>

One Life Music Weekly Worship: https://youtu.be/bs36zxL_EE8