



July Daily Prayer & Reflections – 8th July

Take time out of your day to attend live streamed mass and pray. Throughout these unprecedented times, we need to remember that just because the building of the church is closed, the Church community is well and truly alive and flourishing.

Take time for prayer and reflection by attending a livestreamed mass and reading through the gospel readings for the day.

During the month of July our prayers and thoughts are dedicated to The Precious Blood of Jesus. The entire month falls within the liturgical season of Ordinary Time, which is represented by the liturgical colour green. This symbol of hope is the colour of the sprouting seed and provokes in the faithful the hope of reaping the eternal harvest of heaven, especially the hope of a glorious resurrection. It is used in the offices and Masses of Ordinary Time. From the time of the Passion, when Christ poured out His blood for our salvation, the faithful have practiced devotion to the Most Precious Blood of Jesus. In the month of July, the Church honours the Precious Blood and encourages us in this devotion.

The Holy Father's Intentions for the Month of July 2020

Our Families: We pray that today's families may be accompanied with love, respect and guidance. We pray for strength, unapologetic love and faith during these times.

On the @BC_Chaplaincy Twitter Page, we upload daily reflections and prayer ideas which we invite you to look at with readings of the day also posted. We post small reflections so we can keep God's word active throughout the day and accessible. We also have our sway page where we post chaplaincy resources for prayer and reflection.

Gospel Reading of the Day

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'Go to the lost sheep of the House of Israel'

Jesus summoned his twelve disciples, and gave them authority over unclean spirits with power to cast them out and to cure all kinds of diseases and sickness. These are the names of the twelve apostles: first, Simon who is called Peter, and his brother Andrew; James the son of Zebedee, and his brother John; Philip and Bartholomew; Thomas, and Matthew the tax collector; James the son of Alphaeus, and Thaddaeus; Simon the Zealot and Judas Iscariot, the one who was to betray him. These twelve Jesus sent out, instructing them as follows: 'Do not turn your steps to pagan territory, and do not enter any Samaritan town; go rather to the lost sheep of the House of Israel. And as you go, proclaim that the kingdom of heaven is close at hand.'

Reflection:

He trusted them so much that he sent them even at the beginning of his ministry, and gave them great power. He shared his own mission with them! I realise that Jesus calls me too by name, in spite of all my failings and limitations, and sends me to join him in combatting evil, healing hurts and proclaiming the kingdom. I thank Jesus for his trust in me and ask for the grace to be able to hear his call sending me to others.

Prayer:

Almighty God,

Make me deserving of the faith that I need to get near you. Forgive my shortage and light my way to the right path. Endowed me with the gift of humility and courage to confront the temptations of this world.

Amen

Diocesan Information

Masses are live streamed up and down the diocese and are daily. If you want to watch mass, follow this link select a church and the mass times are listed so you can plan Mass Live stream in to your day:

<https://www.mcnmedia.tv/cameras/county/west-midlands>

Praise and Worship Playlist: <https://www.youtube.com/watch?v=F8umfBRlwW8>

Kenelm Youth Trust @ Home Resources: <http://www.kenelmyouthtrust.org.uk/home-resources.html>

Twitter: @bc_chaplaincy

YouTube: BC_Chaplaincy

Pause for Prayer Blog: <https://bishopchalloner.org.uk/blog/category/catholic-life-blog>

One Life Music Weekly Worship: <https://youtu.be/bs36zxLEE8>

Kenelm Youth Trust are on YouTube with Prayer Videos with the team. Take time to watch one of their videos and pause for prayer and mindfulness.