

# *Saint Anselm*



***Saint Anselm (1033-1109) was a Benedictine monk, Christian philosopher, and scholar who is recognized for many intellectual accomplishments, including his application of reason in exploring the mysteries of faith.***

***The brilliance of Saint Anselm's thinking and writing about the nature of faith and of God has intrigued and influenced scholars since the Middle Ages.***

***"I believe in order that I may understand." St Anselm***

# Prayer

**O Lord my God.  
Teach my heart this day, where and how to find  
you.**

**You have made me and re-made me,  
and you have bestowed on me all the good things  
I possess,  
and still I do not know you.  
I have not yet done that for which I was made.**

**Teach me to seek you,  
for I cannot seek you unless you teach me,  
or find you unless you show yourself to me.**

**Let me seek you in my desire;  
let me desire you in my seeking.**

**Let me find you by loving you;  
let me love you when I find you. Amen.**

