



The Theresa Stewart Women's Centre

Early Intervention Hub

A safe space for women & children affected by Domestic Abuse

**You are not alone.
We listen, We believe, We help.**

Our women only safe space offers:

- Confidential one-to one appointments with a fully trained specialist worker in a women only environment.
- Group workshops & health and wellbeing sessions
- Self-service computer area
- Creche
- Access to interpreters
- Access to toiletries and clothing
- Tea, Coffee and refreshments
- Food bank



Birmingham and Solihull Women's Aid
The Theresa Stewart Women's Centre
Bank House, 36-38 Bristol St, Birmingham B5 7AA



Every year, our team of women-only staff support thousands of local women and children to move forward positively from their experiences of violence and abuse.

Our team of staff can support with the following:



Safety at home and exploring your housing options

Managing finance & debt issues and/or access to grants and benefits



Taking out an injunction, such as a non-molestation order, to protect you and your children

Offering emotional support and a listening ear to help you to make sense of your situation



Support for your children and issues around child protection

Signposting to other specialist services relevant to your needs



We focus on your safety, wellbeing and independence. We will never pressure you to take steps or make decisions you are not comfortable with.



BSWA

Birmingham & Solihull Women's Aid

Call our free confidential helpline
0808 800 0028 or
use our webchat service
www.bswaid.org

Birmingham & Solihull Women's Aid

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