



Almighty God,

You are the light for our paths. When we stray away from that path, you bring us back to it and allow us to be who we are called to be.

Amen

Message from Mr Shore, Senior Vice Principal

Friday 3rd July 2020

The last few months have been a collection of surreal experiences. Most recently it was seeing Liverpool win their first Premier League; a sight some thought might never happen. Of little interest down these parts perhaps but not at Challoner as it is the team of Dr Coughlan.

Now, for clarity, Dr Coughlan is from Coventry, so why Liverpool? I'm sure the answer is akin to the busy M1 and M6 motorways going north on Manchester United home days!

By far my strangest event was last Monday and the return of Year 10 students. The planning for this day had taken an extraordinary effort from many people, we had even practised the day. Thankfully it all went to plan and the students were superb, yet I was left with an empty feeling: a school that normally houses 1250 students felt very empty.

Like many I yearn for our school to return to a vibrant place of learning and opportunity and hope that September offers us that.

Head of Year details 2020/2021

Please see Head of Year/Assistant Head of Year details for the next academic year. We welcome Miss Shirley as Assistant Head of Year 7 and wish Mrs Higginson best wishes as she goes on maternity leave. Miss Hampson returned this term as Head of Year 9 and again we wish Mrs Dawson the very best as she also starts her maternity leave.

We also welcome Mrs Hodges who will be able to offer some additional support to the Student Services and PSHE teams respectively.

Year 7
Head of Year- Mrs McGowan
Assistant Head of Year- Miss Shirley

Year 8
Head of Year- Mr Clarke
Assistant Head of Year- Miss Williams

Year 9
Head of Year- Mrs Brown
Assistant Head of Year- Miss Hunter

Year 10
Head of Year- Miss Hampson
Assistant Hed of Year-
Miss Barron-Richardson

Year 11
Head of Year- Miss Beard
Assistant Head of Year- Mr Fell

Year 12
Head of Year- Mrs Healy

Year 13
Head of Year- Miss Bisset

Year 9 Preparation for Year 10

Please see the link below providing Transition information resources for Year 9 students to look at in advance of the beginning of Year 10:

<https://bishopchalloner.org.uk/preparation-for/preparation-for-y9-y10>

Teaching School Update

We are pleased that our Teaching Internship Programme has been going really well - online - with nearly 40 University Students taking part. Enjoying sessions from a range of Bishop Challoner experts, the interns are gaining a real insight into the role of a secondary teacher and we hope to attract some of them into the profession over the next couple of years.

We have the last few places left for anyone thinking of training to teach starting this September - so just email us with any questions, or go straight to UCAS - provider code 1K2.

Vaccinations

Priority year 9. Due to the COVID 19 Outbreak student vaccinations were unable to take place at school. You can contact the nurse team directly with your request to get these vaccinations at [BCHNT.birminghamimms@nhs.net](mailto: BCHNT.birminghamimms@nhs.net) or telephone 0121 245 5763. If you have to leave a message please include Your child's name, the school name, and a contact number or email address. As you can appreciate the team are extremely busy and if they can not take your call they will get back to you.

Due to the delay in getting students vaccinated the priority is year 9 at present. All year 8 students will have an opportunity to get their vaccinations using a very similar process, we will inform you of such arrangements as soon as we are aware of them.



As we approach the summer holidays and children find themselves with even more free time to engage with digital devices and the internet, we are providing a list of reputable sources for information regarding online safety.

NSPCC Online Safety – huge repository of guidance and advice around many topics related to online safety and talking to children about it.
<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

UK Safer Internet Centre – source of information for children, parents, carers and teachers. Activities and resources can be downloaded for free.
<https://www.saferinternet.org.uk>

Think U Know – Online safety learning resources which cover ages 4-14+. Also, resources for parents and carers are available.
<https://www.thinkuknow.co.uk>

Internet Matters – Resources for ages 0-14+ in relation to online safety and the use of devices.
<https://www.internetmatters.org/advice/>

Common Sense Media – provides insight into media (tv, film, games and apps) allowing for a understanding of appropriateness for age.
<https://www.commonsensemedia.org>

National Writing Day

Last week on the 24th June it was National Writing Day, which celebrates creative writing, encouraging people of all ages and abilities from all communities, to participate in telling their own stories in any format, to bring empowerment.

Creative writing, according to the Literacy Trust, helps with the well-being of students and facilitates an outlet for expression of fears and worries. Having the time and headspace during lockdown, has inspired more children to write. They are able to express their feelings through writing fiction, diaries, journals and poetry.

Authors such as Cressida Cowell, Mark Haddon and Frank Cottrell-Boyce are leading some of the National writing day challenges which include the #247 challenge. This involves writing 24 words in 7 minutes beginning with 'One day...' This might just be a useful tool to encourage more children to write. They may choose to do it privately or to share it with family and friends. You may even like to try it yourself and experience the benefits!

To find out more visit:
<https://literacytrust.org.uk/news/our-new-research-shows-childrens-creative-writing-during-lockdown-provides-vital-support-for-wellbeing/>
and <https://firststory.org.uk/writeday/>

Happy writing.

Chaplaincy News

In Chaplaincy, we have been taking time to pause for prayer and reflection. We have many initiatives that you can get involved with that allow for mindfulness. On the school website there are daily prayers and reflections and during June the Youth Alpha course was available, which allowed for many topics to be discussed in depth.

We have also been doing mindful meditations bi-weekly to allow time to pause for mindful reflection in the week. It is important that we take time to pause for prayer and reflection throughout our day and put our trust in the Lord.

Our initiative Hobby Happiness celebrates the Hobbies we have started during these unprecedented times. We took the time throughout June for devotion to the Sacred Heart of Jesus and to celebrate the various feast days with reflections, activities and prayer.



ClassCharts
Part of **tes**



FAQ #2

Q: I can't seem to upload work, especially when on a computer to provide evidence of what I've done. What's the best way to resolve this?

A: Classcharts have produced a mobile app for Apple and Android phones, with versions of the app available for teachers, students and parents. Once you have downloaded the app and logged in to it, you can then view the homeworks you have and upload evidence of what you've done, particularly useful if this is a photo of your work. However, it is best practice to complete work on a computer using Microsoft Word and PowerPoint for example, and then upload those documents on to Classcharts. This way, teachers can more easily give you feedback on your work, and it also means you can save these files in an organised folder on your computer under subject names and with dates typed on to your work.

Character Week 2020, 13th - 17th July

This year our key stage three students will still have their usual Character Week but this time it will be set through home learning. Character Week will take place during the last week of term. The purpose of Character Week is to engage our students in Personal, Social and Health education. These sessions are designed to inform, inspire, engage and signpost students to support should they need it.

We want all our students to make safe, healthy and informed decisions during this difficult period of school closures. The lessons we have selected address many of the issues our students may face during this pandemic. Many of the lessons have been designed using relevant organisations' advice and resources such as the NHS, Childline, Mind Mental Health charity and Young minds.

This work will be displayed on the website and sent out via Class Charts, as normal. Students in Year 7, 8 and 9 will not have any other work to complete during the Character Week.

If students have a question or would like to share their work with us, they can email CW2020@bishopchalloner.bham.sch.uk

Below is the timetable students will follow.

	Monday	Tuesday	Wednesday	Thursday	Friday
Lesson 1	Mental Health & Mindfulness	Black Lives Matter	Anti-bullying	Online Safety	First Aid
Lesson 2	Global Kindness	Relationships	Tackling Loneliness	Life after Lockdown	Personal Safety
Lesson 3	Fake News	Benefits of Lockdown on the Environment	Keep Going	Personal Hygiene	Coping with Change

SEND NEWS

Survey

Dear Parent/Carer,

I hope you and your family are well. I'm getting in touch to invite you to take part in our short survey to share your experiences during lockdown and tell us your views on the support you have received from different education services.

Please complete one survey for each child or young person with SEND. The survey is anonymous, however you can choose to include your contact details at the end if you would like to be more involved in shaping future SEND services.

[Click here to access the survey](#)

Please feel free to forward this email on to other families of children and young people with SEND.

Thank you for taking part. We really value your feedback in helping us to monitor and continually improve our services for SEND families.

Please note that the survey will close at 12 midnight on Monday 13 July 2020.

With very best wishes,

Nichola Jones
Assistant Director Inclusion, SEND and Wellbeing
Education and Skills Directorate
Birmingham City Council

Access To Education

PSS have created a short information video for parents and carers of children with additional needs trying to learn at home.

The video is currently on Twitter, here: <https://twitter.com/A2Education/status/1276150697713639424>



RESILIENCE CALENDAR: JUMP BACK JULY 2020



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



We can't control what happens to us, but we can choose how we respond

5 Avoid saying "must" or "should" to yourself today

6 Put a problem in perspective and see the bigger picture

7 Shift your mood by doing something you really enjoy

8 Get the basics right: eat well, exercise and go to bed on time

9 Help someone in need and notice how that gives you a boost too

10 Don't be so hard on yourself. It's ok not to be ok

11 Reach out to someone you trust and share your feelings with them

12 When things go wrong, be compassionate to yourself

13 Challenge negative thoughts. Find an alternative interpretation

14 Set yourself an achievable goal and make it happen

15 Go for a walk to clear your head when you feel overwhelmed

16 When things get tough, say to yourself "this too shall pass"

17 Write your worries down and save them for a specific 'worry time'

18 Let go of the small stuff and focus on the things that matter

19 Notice something positive to come out of a difficult situation

20 Ask yourself: What's the best thing that can happen?

21 If you can't change it, change the way you think about it

22 Make a list of 3 things that you can feel hopeful about

23 Remember that all feelings and situations pass in time

24 Choose to see something good about what has gone wrong

25 Notice when you are feeling judgemental and be kind instead

26 Get back in touch with a supportive friend and have a chat

27 Write down 3 things you're grateful for (even if today was hard)

28 Catch yourself over-reacting and take a deep breath

29 Think about what you can learn from a recent challenge

30 Ask for help from a loved one or colleague. Be specific

31 Remember that you are not alone, we all struggle at times



ACTION FOR HAPPINESS



actionforhappiness.org

Daily actions to look after ourselves and each other as we face this global crisis together

Keep Calm · Stay Wise · Be Kind

Sixth Form UNIFROG

If any Year 12 students are still having any issues with UNIFROG please contact Miss McGowan via email as it is an online platform that all students need to have access to. Students will be able to complete all their Post KS5 research, make informed choices, and write their personal statements, CVs and apprenticeship applications. It is also where staff will provide feedback.

Face-to-Face Contact With Teacher

You should have received notification of our next sessions, which commence on 13th July. We look forward to welcoming Year 12 back into college for a final meeting with teachers before the summer.

Year 13

We will be in touch as soon as arrangements for Results Day are finalised, to ensure that we are able to offer you the support you need, whilst adhering to any social distancing requirements. Students have been in communication with the Sixth Form team since lockdown, receiving on-going support towards their next steps. University choices have been finalised, accommodation chosen and student finance applications made. If you have any questions between now and results day, please continue to communicate with us.

Sixth Form Enrolment

We are in the process of finalising arrangements for Year 11 students to collect their GCSE Results and enrol. We will be in touch, and information will be on the website, as soon as the format is agreed. Once again, we will ensure that our students receive the advice, information and guidance they require, whilst ensuring that social distancing requirements are maintained.

Opportunities Bulletin

Please continue to watch out for the opportunities Bulletin. More and more universities are offering high quality virtual events, ranging from masterclasses, taster sessions, MOOCs (Massive Open Online Courses) open days and even virtual work experience.



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B30 FOODBANK

HELPING LOCAL PEOPLE IN CRISIS

Urgent items needed:

- **Tinned spaghetti**
- **Long life milk (blue)**
- **Jam**
- **Macaroni cheese**
- **Tinned tomatoes**
- **Long life fruit juice**
- **Tinned rice pudding**
- **Instant mashed potatoes**
- **Size 7 nappies**

*Collecting from Monday 29th June
until Thursday 16th July 2020*



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COVID-19 General Government Advice

Guidance for parents and carers as schools and other education settings in England open to more children and young people can be found here:

<https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers>

What happens if there is a confirmed case of coronavirus (COVID-19) in a setting?

When a child, young person or staff member develops symptoms compatible with coronavirus (COVID-19), they should be sent home and advised to self-isolate for 7 days and arrange to have a test to see if they have COVID-19. They can do this by visiting NHS.UK to arrange or contact NHS 119 via telephone if they do not have internet access. Their fellow household members should self-isolate for 14 days. All staff and students who are attending an education or childcare setting will have access to a test if they display symptoms of coronavirus (COVID-19), and are encouraged to get tested in this scenario.

Where the child, young person or staff member tests negative, they can return to their setting and the fellow household members can end their self-isolation.

Where the child, young person or staff member tests positive, the rest of their class or group within their childcare or education setting should be sent home and advised to self-isolate for 14 days. The other household members of that wider class or group do not need to self-isolate unless the child, young person or staff member they live with in that group subsequently develops symptoms.

If your son/daughter tests positive for COVID-19 you must inform the school immediately by contacting reception.

**DO NOT SEND YOUR CHILD TO SCHOOL IF THEY ARE
DISPLAYING ANY SYMPTOMS**