



OPPORTUNITIES BULLETIN

12.05.23



Good luck!

WISHING ALL OUR YR11 & YR13
STUDENTS ALL THE BEST WITH
THEIR EXAMS....

SOME GREAT HINTS AND TIPS IN THIS WEEKS BULLETIN
ON REVISION AND STUDY TECHNIQUES



STAY IN TOUCH!

2023

Summer Exam GCSE and GCE provisional timetables

GCE EXAMINATION
TIMETABLE

GCSE EXAMINATION
TIMETABLE



EXAM TIPS

1



Make a revision timetable

Help set up your time management. Write down how many exams you have and on which days you have them. Then adjust your study accordingly. You may want to give some exams more time than others, so find a balance that works.

3



Think positively

Remind yourself on how you overcame previous set backs. This will help you deal with future challenges and help build a mental resilience. View the exam as an opportunity or as a challenge.

5



Don't compare yourself with others

Remember, everyone's different and everyone studies differently. Focus on yourself and not on others as this will stress you out. Instead, focus on what you can control.

2



Get enough sleep and drink enough water

Being well hydrated is essential for your brain to work at it's best so make sure you drink plenty of water throughout your studies and on exam day.

Use sleep to your advantage and plan ahead.
Don't over use caffeinated drinks in an effort to stay awake!

4



Take regular breaks

If you were training for a marathon, you wouldn't try to run for 24 hours a day. Likewise, studies have shown for long-term retention of knowledge, taking regular breaks really helps.

Everyone's different, so develop a study routine that works for you and don't feel guilty about being out in the sunshine instead of hunched over textbooks!

D A T E S

FOR YOUR DIARY

YR 7,8 & 9 CAREERS FAIR
TUESDAY 27th JUNE 2023

A LEVEL RESULTS DAY
THURSDAY 17th AUGUST 2023

GCSE RESULTS DAY
THURSDAY 24th AUGUST 2023



BISHOP CHALLONER UPCOMING EVENTS

**COLLEGE & SIXTH
FORM OPEN DAYS**

**BIRMINGHAM
CAREERS SERVICE**
guiding young people

YOUR CHOICE
YOUR FUTURE

LOCAL COLLEGE AND SIXTH FORM OPEN DAYS

2023

CLICK ON THE LINK
BELOW TO ACCESS
INFORMATION ON
UPCOMING OPEN
DAYS.

**FIND OUT MORE INFORMATION
AND DATES HERE**

WE'RE HIRING FOR PROJECT BRUM 2023

Project Brum is an exciting programme offering summer job opportunities for 16-24 year olds.

We're looking for young people who are enthusiastic, energetic and passionate about making a difference to join us and support our community delivery or work within our head office.

You will gain valuable work skills and bespoke employability training.

Salary: £10.90 per hour (plus annual leave allowance)

Contract type: 6 - 8 weeks

Hours: 24 hours on average

Location: Birmingham - community or office based

Closing date: 08/05/23 (see advert)



To apply, visit: <https://bit.ly/41cGMtO>

For any questions please email: jobs@theaws.org

Find out more about The Active Wellbeing Society
and our projects at: www.theaws.co.uk

UniTasterDays

How can UniTasterDays help
with your university decisions?



UniTasterDays is a directory of university events for school groups and individual students.



SEARCH FOR UNIVERSITY EVENTS,
BROWSE ON DEMAND WEBINARS,
ACCESS RESOURCES AND MUCH MORE

**FIND OUT
MORE HERE**

Find the right path for you

careermag

FOR SCHOOL LEAVERS

3 Sector Spotlights

Business

Green Careers:

Energy and Utilities

Creative

Sponsored by



Pearson

What's Inside:

Skills Shortages

Maths, English, Science: What Careers Do I Link To?

Networking

Meet the Apprentices

Small Company vs Large

#NAW2023 On-Demand

Reverse Mentoring

**Using the STARR Technique
to Ace Your Interview**

& MUCH MORE

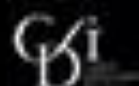
Sponsored by:



Apprenticeships



Lightcast



**CAREERS &
ENTERPRISE
COMPANY**

PIXL

QSA QUALITY
STANDARD
ASSURED

February 2023

Issue 23



FOR PARENTS,
CARERS & GUARDIANS

Flick through and discover:

5 questions to help your child to
think about their next steps
Work Experience
In demand jobs
Apprenticeships: A Go to Guide
Preparing for your child to leave for uni
Spotting the signs of bullying
T Levels
& Much more!

Sponsored by:



National Construction College

Helping you to help them

SECTOR SPOTLIGHTS

Nuclear Industry Accountancy Construction

Supported by:

**MOVEMENT
TO WORK**



**Careermag for Parents,
Carers & Guardians**
Issue 10 | March 2023



careermap
www.careermap.co.uk

APPRENTICESHIPS

Not going to Uni? Explore your options!

Not going to uni?

So you're not 100% sure on whether you want to go to university! It's certainly not the only option open to school/A-Level leavers!

One of the main drivers in making such a critical decision is whether or not you know what type of work you want to do – and possibly for the rest of your life! If you want to be a doctor or a dentist, you're pretty limited to the university route! If you aren't 100% sure yet (and you won't be alone here) then it's a great idea to spend some time to explore your options.

There are several places you can get advice including the [National Careers Service](#). One thing is for sure, you don't need a degree to be successful!

FIND OUT MORE [HERE](#)



NOT GOING TO UNI

NGTU is the #1 website for school and college leavers. Search thousands of jobs, opportunities and apprenticeships in UK and find your perfect fit!

READY TO START YOUR FUTURE CAREER?
CREATE A PROFILE [HERE](#)



Check out our blogs!

NGTU



DR.EAM BIG

Virtual Conference

LIVE

Saturday 13th May, 10am to 3pm on Zoom

A free healthcare careers event for Y10-Y11 students

Interested in a career in healthcare? Don't know where to start?

Join the **DR.EAM Big Conference** for the opportunity to hear inspiring talks from real healthcare professionals and interact with them live.

- ✓ *Gain insight into studying healthcare courses at university*
- ✓ *Discover various journeys into health-related careers*
- ✓ *Witness the daily lives of doctors, nurses, midwives, and more*
- ✓ *Ask these healthcare experts your burning questions!*



BWAMS

Birmingham Widening Access to Medical Sciences



**It matters
more here**

**100 Live Customer Services Group – Level 3 Administrative
Officer Apprenticeships**

Vacancy ref: 285196

Salary £22,400 -£26,400

Closing date 5th June 2023

WEDNESDAY 17TH MAY – 6.00PM

[Customer Services Admin Officer Apprentice Recruitment Event 2](#)

TUESDAY 23RD MAY – 6.00PM

[Customer Services Admin Officer Apprentice Recruitment Event 3](#)

TUESDAY 30TH MAY – 1.00PM

[Customer Services Admin Officer Apprentice Recruitment Event 4](#)

It's time to take control of your future

Meet Springpod - the careers platform where you can
experience the world of work & university before applying.

[Get Started](#)[Learn More](#)

WORK EXPERIENCE

Experience the world of work & university

Welcome to Springpod. We help you take control of
your future by enabling you to gain experience with
top employers & universities for free.



Let's get started

STUDENT SIGN UP



**WHAT
UNI?**

University? We can help.

Find courses, read honest reviews, get expert advice.

SEARCH



[Open day top tips: what to do
\(and what not to do\)](#)



Find a career you'll love

Want to get a head start in life? Click 'Get Started' to find out which types of careers are most likely to suit you, or scroll down to discover amazing work experience, inspirational talks, and other great resources.

GET STARTED

How can we help you?


We believe every young person should have the **opportunity to succeed** and reach their potential, including you. If you attend a UK state secondary school or college, click on the tiles below to explore our latest work experience opportunities or browse our library of inspirational talks.



Upcoming Broadcasts

See what's new and next in our series of inspirational talks

LEARN MORE



Work Experience

Get world-class work experience with top companies

LEARN MORE



Inspirational Talks Library

Listen to great talks from high-achieving professionals

LEARN MORE

Who benefits? You do!

We know it can be hard to get ahead or even imagine yourself in certain careers. By giving you the chance to explore what's out there and decide for yourself what suits you best, we can help you take control of your own future.

- Learn about a wider range of career options
- Get in front of big-name businesses wherever you live
- Boost your skills and confidence
- Get evidence for your CV or personal statement
- Find careers that really suit you
- Get free support to help you reach your potential

REGISTER HERE

Careers in Music .com

APPRENTICESHIPS

★ Start Here

What are you most interested in?

SINGING	SONGWRITING
MUSIC PRODUCTION	THE MUSIC BUSINESS
PLAYING AN INSTRUMENT	OTHER



FIND OUT MORE HERE



Find an apprenticeship

APPRENTICESHIPS



Find an apprenticeship

Find an apprenticeship in
England.

You can apply for
apprenticeships
in [Scotland](#), [Northern
Ireland](#) and [Wales](#).

[SEARCH](#)



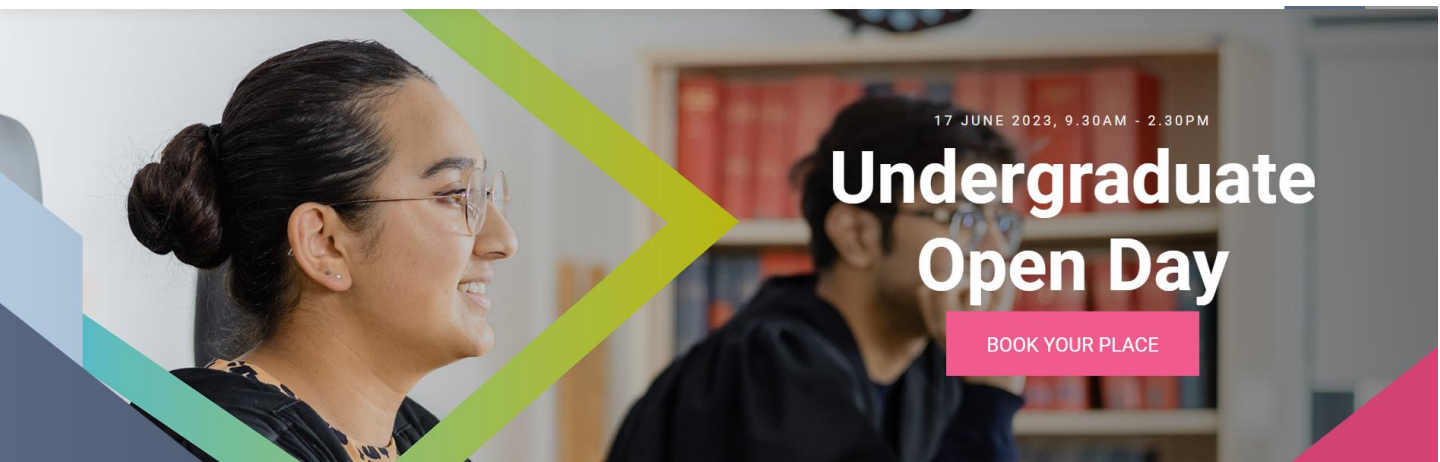
Discovery Days

We will be offering a range of subject specific on campus Discovery Days during the academic year.

We will be offering a range of subject specific on campus Discovery Days during the academic year. We look forward to seeing you at our events.

Below are our Discovery Days for the 2022/23 academic year. These are broken down by our faculty areas.

Find out more about our events - [HERE](#)



17 JUNE 2023, 9.30AM - 2.30PM

Undergraduate Open Day

BOOK YOUR PLACE

Our applications
are now open

Apply today
pwc.co.uk/schools



School and College Leaver jobs

Get your career off to a head start

Explore. Inspire. Reimagine.

VIEW ALL OPPORTUNITIES



School and College Leaver Jobs

Apply to our school and college leaver jobs



School and College Leaver Events

Search and book onto an event to meet us



WORK EXPERIENCE

**BIRMINGHAM CAREERS HUB PROVIDES A WIDE RANGE OF
INFORMATION ON CAREERS RESOURCES AND EVENTS –**

CHECK OUT THE LINKS BELOW.

WEEKLY BULLETIN

**WORK EXPERIENCE
OPPORTUNITIES**

APPRENTICESHIPS

BIRMINGHAM CAREERS SERVICE

Contact us

WORK EXPERIENCE

Birmingham Careers Service is a free and friendly support service providing careers information, advice and guidance to young people aged 16 to 19 who are not in education, employment or training (NEET). If a young person has a learning difficulty and/or disability then we can help them until they are 25.

Marketplace

**Visit Birmingham Careers Service Marketplace and
check into the following rooms:**

- Room 1 - College & 6th Form
- Room 2 - Training Provider Room
- Room 3 - Opportunities for me
- Room 4 - Careers Library
- Room 5 – SEND Information
- Room 6 – Personal Development
- Room 7 – Activities

National Careers Service

APPRENTICESHIPS

Helping you take
the next step

FIND OUT MORE [HERE](#)

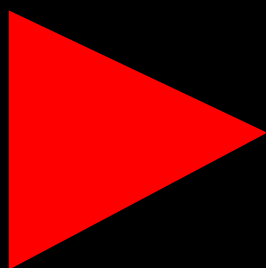
We provide careers information, advice and guidance. We can help you to make decisions on learning, training and work at all stages in your career.



APPLICATIONS NOW OPEN

Police Officer Recruitment

APPRENTICESHIPS



Our officers play a vital role in ensuring that the communities of the West Midlands are kept safe. It isn't easy but it is rewarding and can be a career like no other. We want people to join us who have a range of life experiences and backgrounds; it is vital that we represent all of the communities that we serve.

Policing uses plenty of **everyday skills**, from being able to reassure someone who has been a victim of crime to just being that friendly face that encourages a vulnerable person to open up and talk. Our training equips officers for the specialist skills they need to do the job, but it's the **human touch** – kindness, humour, friendliness and empathy – that people remember.

FOR MORE INFORMATION

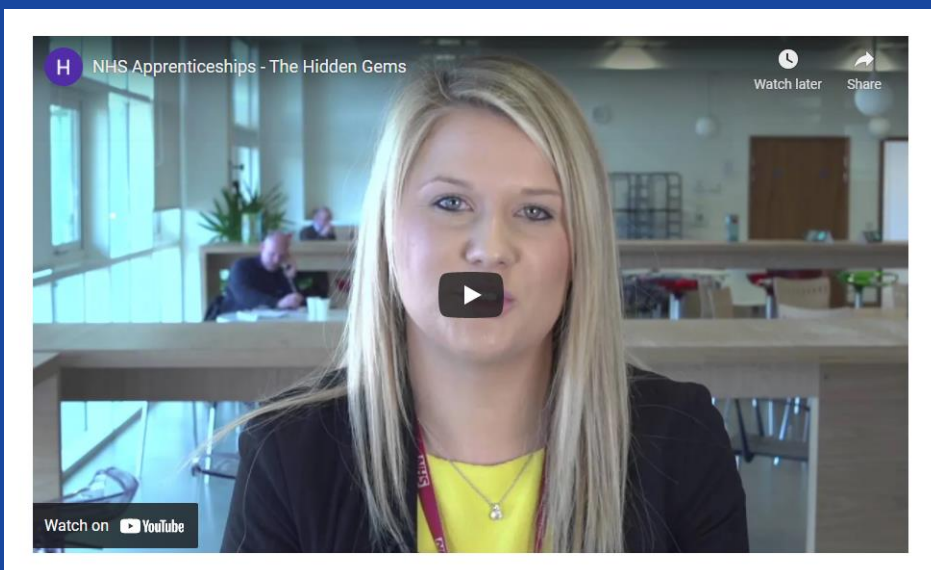
Earn, learn and make a difference with an NHS apprenticeship. Our apprenticeships offer routes into many of the more than 350 NHS careers through a mix of on-the-job training and classroom learning.

What you need to know about NHS apprenticeships

- if you are aged 16 to 18 or 19+ and in your first year of an apprenticeship, the minimum you should receive is £4.30 an hour (the National Minimum Wage for apprentices)
- many NHS employers will pay you more than the minimum wage
- they take between one and five years to complete
- anyone over the age of 16 can do one
- you're likely to spend four days on work placement and one day or at a training centre or college
- you'll develop your skills, including English and maths
- you'll gain a competence qualification (based on what you can do in the workplace) and a knowledge qualification, or a qualification combining both

FIND OUT MORE

Meet our apprentices



Browse apprenticeships before you apply



Use this search to browse which apprenticeships are available based on your interest and location.

Select an interest

Enter your postcode

SEARCH

**BECOME AN APPRENTICE
CREATE AN ACCOUNT HERE**

['Find an apprenticeship'](#) is an online government service which allows you to search, save and apply for apprenticeship opportunities.

The service is used by thousands of employers to advertise their current apprenticeship opportunities, making it easier for you to find the right apprenticeship for you.

Let open days open your mind to what a university or college has to offer...

UCAS

1

Plan your day

Decide in advance which talks you want to go to so you don't miss the topics you're interested in.

2

Make notes

There's a lot to take in so it'll help when you come to comparing different universities and colleges afterwards.

3

Get talking!

No one knows a university better than its students, so take the opportunity to talk to them during campus tours and accommodation visits.

4

Ask questions (lots of them!)

Make a list of what you want to know before you set off and check you've got all the answers before heading home.

5

Keep in touch

Take an email address for someone you can contact after your visit in case you think of more questions you'd like to ask.

For open day dates go to

www.ucas.com/open-days-dates



opendays.com

university + college open days

Opendays.com is a web site providing students with university and college open day information.

The most comprehensive open days web site in the UK.

Easily accessible listings of all university and college open days throughout the UK.

DETAILS PROVIDED

Open day dates, booking information, travel details, monthly calendars and mini prospectuses for over 300 universities and colleges in England, Scotland, Wales and Northern Ireland.

EASY TO USE

It is easy to find the information you seek either through a comprehensive search facility or browsing the open day calendar.

ONLINE BOOKING

You can also save details of open days/institutions that interest you and use our 'Online Booking System' to book your place at an open day!

ADVICE SECTION

Higher Education opportunities, What To Do At Open Days, UCAS Forms and Gap Years.

Remember our website opendays.com and tell your friends about the service.



UNIVERSITY MASTERCLASSES, EXPLORE DAYS AND SUBJECT ACTIVITIES

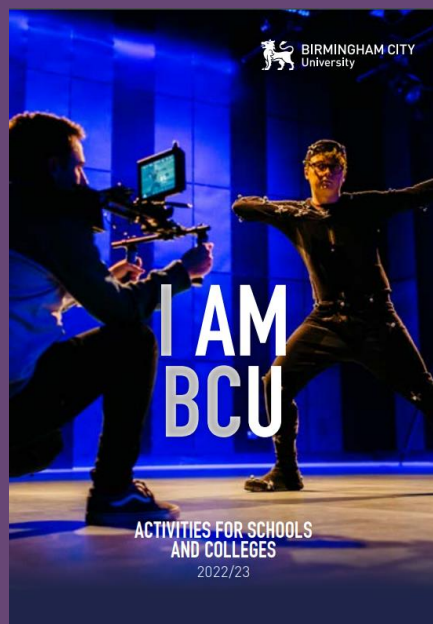
(BOOKING NOW OPEN – SEE MRS NEWTON FOR MORE DETAILS)

For more information click
on the images below.



**BCU RESOURCE HUB
FIND OUT MORE HERE**

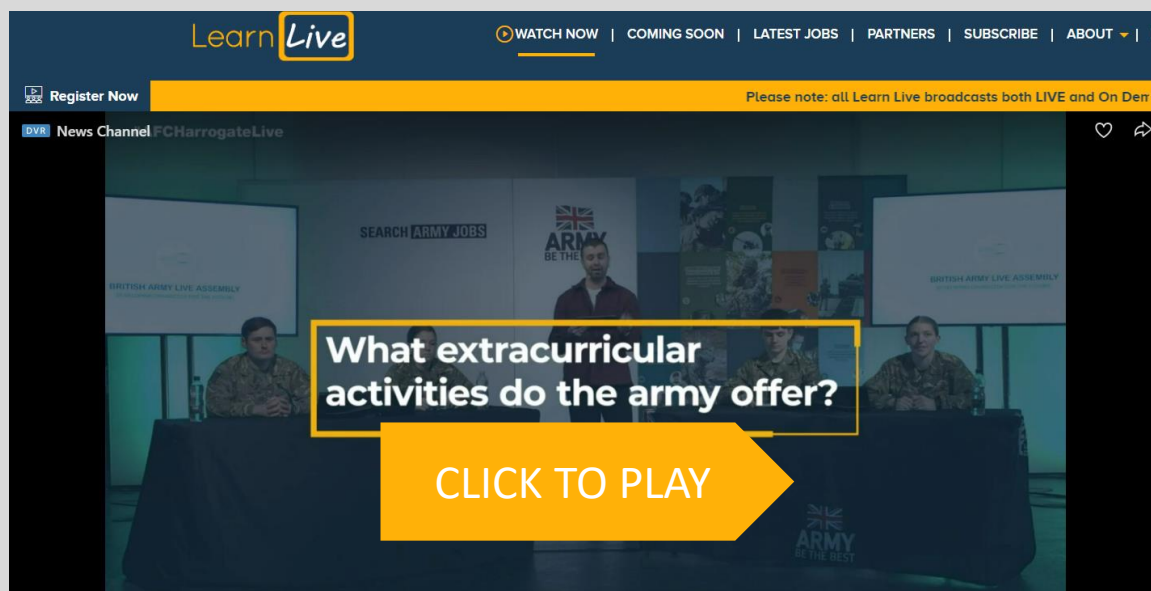
We have created a range
of resources for you to
help you explore the
world of
Higher Education.



Learn



Learn Live seeks to inspire the next generation through engaging and interactive live broadcasts direct into the classroom. Learn Live have worked successfully with companies like The BBC, Balfour Beatty, Gatwick Airport, National Apprenticeship Service, Lancashire LEP, Network Rail, IBM, Health Education England and The NHS since 2015 to deliver careers advice, recruitment opportunities and health awareness broadcasts into schools and colleges across the UK.



FOR MORE INFORMATION
& TO JOIN



**IT'S ONLY 8 WEEKS UNTIL
OUR WORK EXPERIENCE
WEEKS COMMENCE!!**

**THE BULLETIN HAS LOTS OF GREAT
INFORMATION AND SUGGESTIONS
ON HOW TO FIND A PLACEMENT.**

**CHECK OUT THE POSTERS ON PAGES
31 & 32 FOR SOME USEFUL TIPS ON
HOW TO FIND A PLACEMENT.**

WORK EXPERIENCE

PLEASE ENSURE YOU HAVE RETURNED YOUR WORK EXPERIENCE
MEDICAL CONSENT [FORM](#)

ONCE YOU HAVE SECURED A PLACEMENT YOU ALSO NEED TO
COMPLETE AND RETURN A PLACEMENT CONFIRMATION [FORM](#)

SEE MRS NEWTON IN THE LIBRARY IF YOU HAVE ANY QUERIES OR YOU
CAN EMAIL b.newton@bishopchalloner.bham.sch.uk

WORK EXPERIENCE FORMS

SAVE THE DATES...

YR 10 WORK EXPERIENCE WEEK
3rd – 4th JULY 2023

YR 12 WORK EXPERIENCE WEEK
10th – 14th JULY 2023

WORK EXPERIENCE

How to find a placement

WORK EXPERIENCE
YEAR 10

Do you know the type of work experience you would like to do?

YES

If yes, follow these steps...

Do you know anyone who works in the area of work you are interested in?
(This could be Family members, or Friends of the family, neighbours or Friends' parents etc.)

If yes, ask them if the organisation they work for could offer you a work experience placement.

If successful go to **Step 5**.
If unsuccessful go to **Step 2**.

NO

If no, follow these steps...

Let your Head of Year know ASAP so that we can organise a workshop for you in the Library where we can discuss ideas.

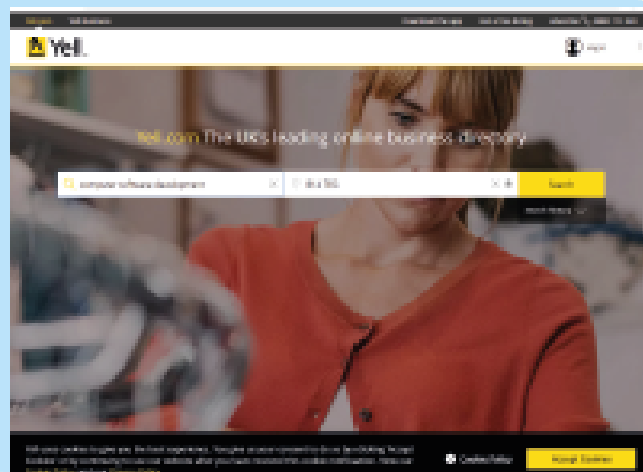
You can also start to gather ideas by going onto www.unifrog.org and completing the Work Environment profile quiz.

When you have decided what type of work experience you want to do go to **Step 2**.

2

Go onto www.yellow.co.uk

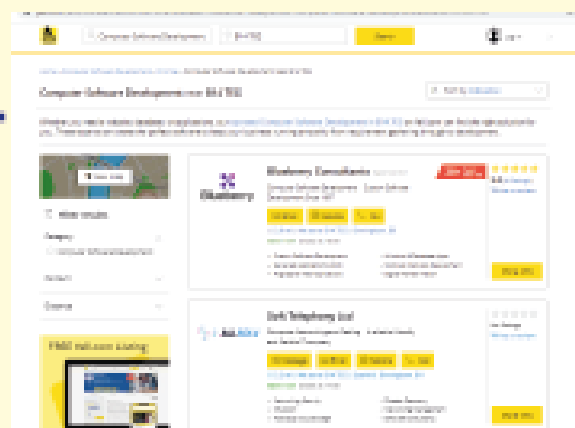
Insert the area you are interested in e.g. computer software and YOUR postcode – then hit search.



3

Use the Contact Details provided

Use the contact details provided on this list to either call or e-mail the company to ask them if they can offer you a placement. (You may need to go onto the company's website to find their e-mail or phone number).



4

Call them

This is the most direct way of getting hold of someone at the company. When you call, you should:

- Ask to speak to someone about work experience
- Tell them your name, what school you go to and when the work experience dates are (3rd July 2023 - 7th July 2023)
- Tell them that you have a real interest in this kind of work and would be grateful for an opportunity to get some insight into it by doing some work experience with them.
- Be prepared to give them your e-mail address or phone number for them to contact you on.



5

Complete the Work Experience Form

Complete the Work Experience Form outlining where you're going (with your parents/carers signature) and hand it in to Mrs Newton in the Library. Once the Health and Safety checks have been done on your placement, it can go ahead.



Email them

This is not as quick and not as effective as phone call because an e-mail can be ignored more easily, but if you really can't bring yourself to make a call, send them an e-mail which should include:

- Who you are
- What kind of role you're looking for
- Your overall career goals (and why this position would help)
 - Your skills (or previous experience, if you have any)
 - Why you'd be suitable for the role



WORK EXPERIENCE

How to find a placement

WORK EXPERIENCE
YEAR 12

Do you know the type of work experience you would like to do?

YES

If yes, follow these steps...

Do you know anyone who works in the area of work you are interested in?
(This could be Family members, or Friends of the Family, neighbours or Friends' parents etc.)

If yes, ask them if the organisation they work for could offer you a work experience placement.

If successful go to **Step 5**.
If unsuccessful go to **Step 2**.

NO

If no, follow these steps...

Let your Head of Year know ASAP so that we can organise a workshop for you in the Library where we can discuss ideas.

You can also start to gather ideas by going onto www.unifrog.org and completing the Work Environment profile quiz.

When you have decided what type of work experience you want to do go to **Step 2**.

2

Go onto www.yell.co.uk

Insert the area you are interested in e.g. computer software and YOUR postcode – then hit search.



3

Use the Contact Details provided

Use the contact details provided on this list to either call or e-mail the company to ask them if they can offer you a placement. (You may need to go onto the company's website to find their e-mail or phone number).



4

Call them

This is the most direct way of getting hold of someone at the company. When you call, you should:

- Ask to speak to someone about work experience
- Tell them your name, what school you go to and when the work experience dates are (10th July 2023 - 14th July 2023)
- Tell them that you have a real interest in this kind of work and would be grateful for an opportunity to get some insight into it by doing some work experience with them.
- Be prepared to give them your e-mail address or phone number for them to contact you on.



5

Complete the Work Experience Form

Complete the Work Experience Form outlining where you're going (with your parents/carers signature) and hand it in to Mrs Newton in the Library. Once the Health and Safety checks have been done on your placement, it can go ahead.



Email them

This is not as quick and not as effective as phone call because an e-mail can be ignored more easily, but if you really can't bring yourself to make a call, send them an e-mail which should include:

- Who you are
- What kind of role you're looking for
- Your overall career goals (and why this position would help)
 - Your skills (or previous experience, if you have any)
 - Why you'd be suitable for the role



YEAR 12 STUDENTS

**APPLICATIONS FOR 2023/24
PROGRAMME NOW OPEN**



WARWICK SCHOLARS

**FIND OUT MORE AND
APPLY HERE**

MASTERCLASS



UNIVERSITY MASTERCLASSES ARE A GREAT WAY TO FIND OUT MORE ABOUT DEGREE SUBJECTS AND UNIVERSITY LIFE.

MORE INFORMATION ON UNIVERSITY MASTERCLASSES AND SUBJECT TASTER SESSIONS CAN BE FOUND ON THE NEXT FEW PAGES.

PLEASE SEE MRS NEWTON IN THE LIBRARY IF YOU WOULD LIKE TO BOOK A PLACE.³⁷



BIRMINGHAM CITY
University

I AM BCU

ACTIVITIES FOR SCHOOLS
AND COLLEGES

2022/23



GRESHAM

COLLEGE



Are you looking for resources that complement and yet go beyond the school curriculum? Expert sources to help you stand out from the crowd at sixth form and university interview?

Gresham lectures are a great resource for both teachers and students because they provide stretch, challenge and support for the GCSE, A Level and International Baccalaureate (IB) curriculum.

As a student, attending Gresham lectures in person or watching online can deepen your knowledge and develop new ideas, concepts and perspectives that can be used and referenced in exams, coursework (including EPQs), and at university interviews,

FIND OUT MORE HERE

FREE COURSES WITH OPEN LEARN

Why study a free course on OpenLearn?

Our courses have been proven to increase confidence and develop the skills needed to enter Higher Education and succeed with learning.

You can choose an **OpenLearn** course from a wide range of subjects. Some are based on Open University course materials. Others are written specifically for **OpenLearn**.

The OpenLearn logo consists of the word "OpenLearn" in white, sans-serif font, centered within a dark blue rectangular background.A light blue, rounded rectangular button with a slight 3D effect and a shadow. The text "REGISTER NOW" is written in red, bold, sans-serif font, centered on the button.

What are the advantages?

- **OpenLearn free courses are available immediately**
- Our courses do not have a start and end date. You can start right away or at a time that suits you.
- **You can work through at your own pace**
- You can spend as long as you like on an **OpenLearn** course, plus, if you sign up you can track your progress and work towards a **statement of participation**.
- **There are around 1000 courses to choose from**
- The courses always focus on a specific area of learning. Some focus on important and fascinating academic subjects, whilst others help you develop skills needed for study or work.
- **You can try out what's on offer from The Open University**
- If you're interested in taking an Open University course but are not sure what to study or if distance learning is right for you, then **OpenLearn** lets you get a feel for what's on offer.



VIRTUAL WORK
EXPERIENCE

OpenLearn

Free course **Caring in hospitals**

Free statement of participation on completion

You can start this course right now without signing-up.

Click on any of the course content sections below to start at any point in this course.

If you want to be able to track your progress, earn a free Statement of Participation, and access all course quizzes and activities, [sign-up](#).

FOR MORE INFORMATION

Welcome to Success at School!

Success at School is the place for young people to explore careers, get the lowdown on top employers, and search for the latest jobs, courses and advice. Get career smart and [Register today!](#)



Career Zones

Explore different careers, how to get there and what to study



Employers

Find out about top employers, what it's like to work for them and what they have to offer you



Universities

Explore life on campus and get updates on the latest courses, events and open days

News

Go >

Covid-19: Sponsored Gatsby Subject Guides Free...

To help you prepare for the start of National Career Week on 1st March, we're giving you free access to our sponsored Gatsby...

A quarter of survey respondents say their school...

GCSEs and A-levels were cancelled this year due to Covid-19 and replaced with Centre Assessment Grades, with schools and...

Advice

Go >



Supporting your child through their GCSEs

Is your child sitting their GCSEs this summer? Wondering what you can do...



Why do an apprenticeship?

Apprenticeships are increasingly becoming a popular option for young people...



How to become a train driver

Train drivers do an important job, helping us travel around and get to where...

Forums

Go >

maxillofacial surgeon

Hi, Did my question go through?

What should i do for my GCSE's?

Hi. I was just wondering which GCSE subjects i should pursue for the job of maxillofacial surgeon, (I would prefer to become...

FIND OUT MORE HERE



ALL our students have access to **unifrog**

Here they can access a wealth of information about apprenticeships, university and college courses, careers advice, work experience information, CV and personal statement tools and much more....

They can access at home 24/7 and it's a great starting point for their career exploration and planning.

A white arrow pointing to the right, with the text 'FIND OUT MORE HERE' inside it.

FIND OUT
MORE HERE

