

Term	Autumn	Autumn	Autumn	Autumn	Spring	Spring	Spring	Spring	Spring	Spring
Where to run this session	Workshop	Form time			Form time	Form time	TBC	Form time /assembly / online	Form time /assembly / lessons/ online	Form time / individual basis
Link to distance session					Distance learning - Assessment centres		Distance learning - Managing stress and anxiety			
Link to classroom session		How to - Applications list			Assessment centres		Wellbeing - Managing stress and anxiety			
Name	UCAS Workshops	Applications list	One to one Guidance interviews	Apprenticeship Fair	Applying for Apprenticeships (& reviewing Assessment centre practices)	Student Finance	Managing stress and anxiety	National Apprenticeship week	Careers Week activities	Next steps
Description	Support students to complete the basic details of UCAS applications, including Education section. LO: actively seeking out help, support and feedback LO: being proactive about their life, learning and career	Students should identify their five course choices and add them to their Applications List, confirming their firm and insurance places as offers come in. LO: taking responsibility for their learning and aiming high LO: seeking out challenges and opportunities for development LO: having a clear understanding of the learning pathways and qualifications that they will need to pursue their career LO: building their confidence and optimism about their future and acting on it LO: actively planning, prioritising and setting targets for their future	Students have the opportunity to discuss their ideas and choices as well as gain in depth feedback about personal statements. LO: actively seeking out help, support and feedback LO: discussing and reflecting on the impact of heritage, identity and values LO: having a clear understanding of the learning pathways and qualifications that they will need to pursue their career LO: actively planning, prioritising and setting targets for their future	Students can talk to local employers who will be recruiting apprentices to discuss what they are looking for. Students can ask employers questions directly and get up-to-date information and advice. LO: actively seeking out help, support and feedback LO: actively researching and reflecting on workplaces, workplace culture and expectations LO: building their confidence and optimism about their future and acting on it LO: being proactive about their life, learning and career LO: representing themselves and others	Students understanding the processes and timescales involved in applying for Apprenticeships. This generates general discussion about applying for Apprenticeships with some Q&A. Students also learn more about what happens at assessment centres as part of the recruitment process and how to prepare LO: seeking out challenges and opportunities for development LO: actively researching and reflecting on workplaces, workplace culture and expectations LO: analysing and preparing for recruitment and selection processes LO: being proactive about being resilient and learning from setbacks	Information and advice given on the Student Finance application process. Students have access to a step by step guide as to how to apply. Special Opportunities, bursary and scholarship information also provided. LO: beginning to manage their own money and plan their finances (e.g. thinking about student loans)	Students will learn some techniques to cope with the stress and anxiety that can come with exams and applications towards the end of Year 13. LO: taking action to improve their physical and mental wellbeing	Opportunities Bulletin Apprenticeship Edition Apprenticeship related videos e.g. What is an apprenticeship and how do you apply for them? Other Apprenticeship related activities such as assemblies Sample selection tests	Careers related starters in lessons Daily careers emails about unusual careers and employability skills A Careers themed assembly Access to a careers escape room (Virtual) Careers Fair Year 13 could cover: considering entrepreneurialism and self employment as a career pathway	Addressing any UCAS/Apprenticeship/employment issues. Support available through the summer and on results day. Options on results day; clearing and adjustment processes. Using Track on the day. What happens if... (practical steps for if firm choice isn't achieved (with insurance, students finance etc. LO: building their confidence and optimism about their future and acting on it LO: being proactive about being resilient and learning from setbacks
Teachers, ahead of the session		Make sure students can access their Unifrog accounts. See the FAQs tab for information on how to do this. Deliver the session in the cell below. After this session, add it as an interaction for all students.	Careers		Set this as a task on Unifrog (attaching the 'Assessment centres' distance learning lesson) using the Interactions tool and set a date for completion. Instructions on how to do this can be found on the FAQs tab.		Set this as a task on Unifrog (attaching the 'Managing stress and anxiety' distance learning lesson) using the Interactions tool and set a date for completion. Instructions on how to do this can be found on the FAQs tab.			
Tasks for students		- Students read Know-how library guides - Record their Applications on Unifrog			- Get logged into Unifrog - If using the remote lesson, download the 'Assessment centres' distance learning lesson - Students complete four tasks: 1) Answer the questions about Assessment centres. 2) Read key information on Assessment centres. 3) Complete the 'lost civilisation' task and use the Careers library to identify a career profile that fits their role. 4) Reflect on the tasks completed and add it to their Unifrog competencies tool.		- Get logged into Unifrog - If using the remote lesson, download the 'Managing stress and anxiety' distance learning lesson - Students complete two tasks: 1) Read the Know-how library guides and answer questions, as well as trying out some relaxation techniques. 2) Add these activities to their Unifrog Activities tool.			
Tracking progress on Unifrog		Advanced view > Sort by > Applications list			Advanced view > Sort by > Competencies		Advanced view > Sort by > Activities			
Gatsby Benchmarks		1,7,8			1,3,6		N/A	1, 2, 4	1, 2, 4	
CDI Framework	GTL, MC	14, 10, 15 CO, EP, MC, GTL	GTL, MC	GTL, EP, MC	1, 3, 11, 12, 16, 17 GTL, MC, CO, EP	BL&W	1, 17 MC, GTL, BL&W		MC	MC