

Online safety

What is online safety?

Online safety refers to the act of staying safe online. It is really important to protect yourself and others from online harms and risks which may put at risk your personal information, lead to unsafe communications or even effect your mental health and wellbeing.

Task One...

- Can you identify any of these apps? Match the name with the logo



Tik Tok
You Tube
Instagram
Discord
Twitter
Snap Chat
Roblox

- Below are a list of dangers. For each one, write down which app may pose this danger to someone who isn't being safe with the internet...

- When I post a picture showing I am on holiday my home is more likely to be burgled as people know me and my family may not be there
- When I put my name, address, phone number, email, name of the school I attend etc., people can find out information about me and pretend to know me or use it against me e.g. by hacking your email account or bank account
- When I show a video of myself posing wearing my new outfit someone may make fun of it or re-send it on
- When I have this app, someone could send me something inappropriate and I wouldn't necessarily know until I looked at it
- When I use this app, I am post things that I later regret. Even though I can take them 'down', I know that when I sign up to any social media app the company owns everything I post and will save it even when I cannot see it again.

We would like to **celebrate** work completed by students during Character Week 2020. If you would like to, please send any photos or copies of your work to CW2020@bishopchalloner.bham.sch.uk

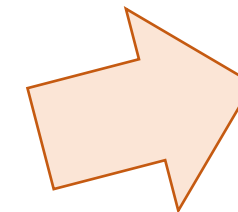
Task Two...

- Read the below SMART internet safety poster. There are five tips on the poster, each linked to one of the letters spelling SMART.



- In your own words, explain each of the five pieces of advice
- Then rank them, with 1 being the most important piece of advice and 5 being the least important piece of advice for you.
- Then add to them. Can you think of any other pieces of advice that are missing? Maybe something to do with pictures?

This applies to online bullying too. Whilst at home you should speak to an adult.



Dangers of the virtual world

Cyber bullying is the use of the Internet, mobile phones and social networking site deliberately to upset someone else on more than one occasion. As well as hurting someone's emotions, peer-on-peer abuse online is illegal. The consequences of online bullying could literally leave you with a criminal record and even if you have deleted any posts remember internet history cannot be permanently erased, the police can gain access to anything someone puts online or writes on apps.

Nude Images: sending or receiving a nude picture or partially nude picture when you're under 18 is against the law. Taking an explicit photo or video of yourself or a friend is illegal. Sharing an explicit image or video of a person under 18 is illegal (even with their consent). Having, downloading or storing a nude image or video is illegal (even if you didn't ask to receive it). There have been cases, even here in the West Midlands, where teenagers have been given a criminal record for sharing nude pictures even with the young person's consent. As a school we take even asking for an inappropriate image from someone else very seriously because doing so is encouraging criminal activity.

What should I do if I see/experience cyber bullying? What should I do if I receive inappropriate images or videos?

- Tell a trusted adult immediately
- or report it to CEOP www.ceop.police.uk

For more information:

<https://www.crisisnetwork.org/find-help/behavioral-health-conditions/managing-change/>

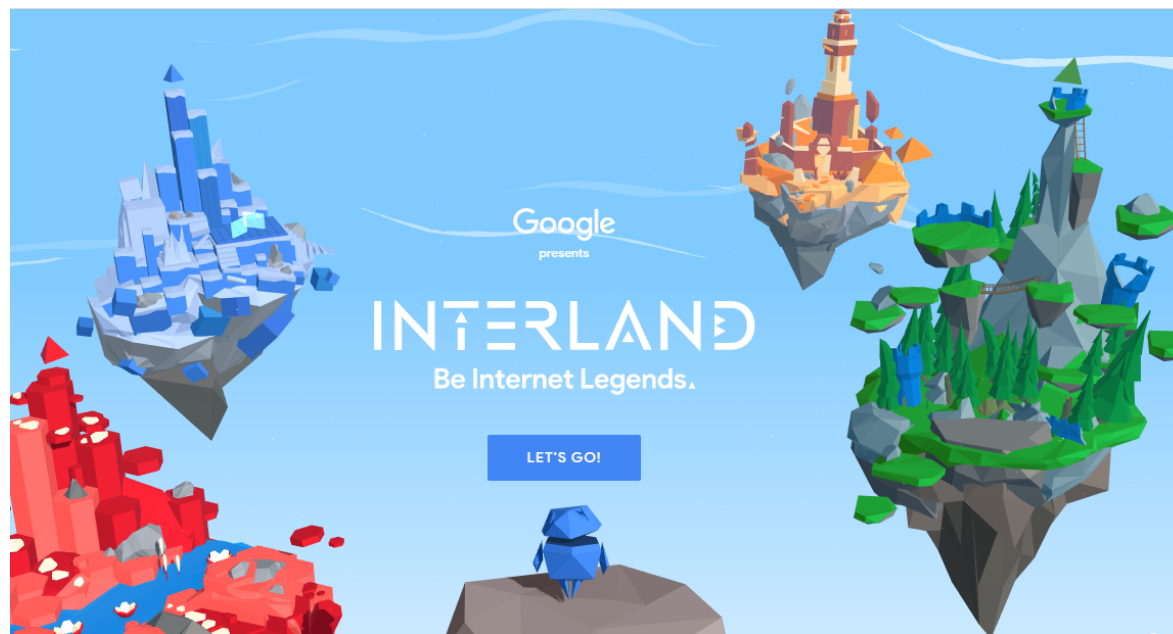
Still not sure how to cope with change? Speak to an adult at home or speak to childline



Staying Safe

Using the internet can be great fun and a way to keep in touch with friends, especially during the lockdown period and summer holidays. **BUT** it is essential that you stay safe. Here are some tips that could be added to the SMART poster above.

- Don't say anything online that you wouldn't be happy to say at home. Once you have posted something online, it won't be permanently deleted
- Make sure you make time for other things in your life and limit your screen time
- Make sure you have your privacy settings on
- Make sure you do not have your location settings on
- Never talk to somebody that you don't know
- Don't send or receive inappropriate messages or images



Task 3: Pick one of these options...

- Write a speech aimed at a year 6 student informing them why internet safety is important, and how they can stay safe online. Create three fictional situations that make the dangers of the internet a reality, briefly explain each.
- Google "Interland be internet awesome" and click on the website...

https://beinternetawesome.withgoogle.com/en_uk/interland

Play the internet safety game