



BISHOP CHALLONER CATHOLIC COLLEGE

Thursday 2nd April 2020

Dear Parent/Carer,

We hope that you are all keeping well during these unprecedented times.

We recognise and understand that whilst at home, you and your child/ren may have some worries or concerns. Our Year 11 and 13 students in particular will no doubt have some uncertainties about their future. We are still awaiting guidance from the Department for Education (DfE) once we have more information we will share it with you.

All children are different, some will be just fine but others may be struggling with their emotions, behaviour or anxiety levels.

The Mental Health and well-being Team here at Bishop Challoner Catholic College are available to support with any well-being concerns you may have with regard to your child during this period of time.

They can be contacted via email, details are shown below-

Mrs Breen- e.breen@bishopchalloner.bham.sch.uk
Mr Clarke- s.clarke@bishopchalloner.bham.sch.uk
Mrs Nutt- m.nutt@bishopchalloner.bham.sch.uk
Mrs Peckover- k.peckover@bishopchalloner.bham.sch.uk
Mrs Reynolds- r.reynolds@bishopchalloner.bham.sch.uk
Mr Tipping- s.tipping@bishopchalloner.bham.sch.uk

There are also a number of resources designed to help you and your child and these can be found on the school website-

<https://www.bishopchalloner.org.uk/catholic-college/about/mental-health-and-wellbeing>

We hope that you all stay safe and well.

Yours faithfully,

Mental Health and Well being Team

Principal - Dr J Coughlan

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