

BISHOP CHALLONER CATHOLIC COLLEGE

Friday 24th May 2019

Dear Parent/Carer,

As we approach the May half term break, we reach the halfway point through the majority of Year 11 examinations. Although pressured, and at times stressful for students, the atmosphere around the school over the last couple of weeks has been overwhelmingly positive. Students must be congratulated for the hard work and dedication in preparing for these examinations, and the positivity of students leaving examinations gives credit to the hours of revision that students have completed.

The half term break will no doubt provide the opportunity to rest and regather thoughts following this first stint of examinations. It also provides the chance to use the time away from school to conduct individual revision and preparation that will be crucial for the remaining examinations when we return to school on Monday 3rd June.

As this is the final Head of Year newsletter, we would like to congratulate students on all their hard work and commitment throughout the year, and to wish them all the best for their remaining examinations, and for their chosen path beyond Year 11. We would also like to thank the staff who have gone above and beyond to support Year 11 students on the journey to their examinations, as well as the Year 11 tutor team. Finally, we would like to thank parents and carers, whose support has been key in encouraging students to strive to achieve their best.

Revision Advice

Year 11, you are already off to a great start with your GCSE exams, but it's important to maintain this momentum and continue to support your own health and wellbeing as the revision continues through the May half term, so here are a few tips to keep you going.

Think about timing. When do you feel most alert?

Continue to revise in an environment that you feel the most focused and calm.

Keep up with your healthy eating, eating fresh fruit and vegetables will keep you full of energy during this busy time and remember to take breaks and give your brain the rest it needs.

Exercise can benefit your wellbeing greatly so go for a run, a walk or a trip out with friends. You will feel more alert and focused when you return to your revision.

At the end the day, sleep is very important to rest and reset so make sure you get the sleep you need and give yourself at least an hour break from revision before going to bed.

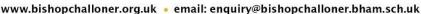
If you are feeling stressed remember to speak to someone. If you feel yourself starting to panic, stop what you are doing and take a deep breath – you've got this!







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Year 11 Leavers Service

The Year 11 Leavers Service will take place on Tuesday 25th June followed by a buffet in the Sixth Form Common Room. Dress code for this event is smart.

Timings for the day are as follows:

10am: Students to arrive and go straight to their form room

10.30am: Leavers Service in the Auditorium

11.15am: Brunch in the Sixth Form Common Room

12.15pm: Dismissal

Students are required to leave the school premises by 12.30pm and go straight home.

Year 11 Prom

The Year 11 Prom will be on Friday 28th June 2019 at The International Convention Centre, Broad Street, Birmingham, B1 2EA, Hall 9.

Once students have arrived at the venue they will not be allowed to leave until the end of the evening at 11pm. If there is a requirement for your son/daughter to leave earlier then please write in with the reason, your son/daughter will need to be collected from the entrance of Hall 9 if this is the case.

At the end of the evening, all students will be escorted out of The ICC via the Centenary Square exit (not Brindley Place) to the pick up point where you should arrange suitable transport arrangements for your son/daughter to go home. This pick up point will be the side road in-between the ICC and Birmingham Repertory Theatre off Cambridge Street. This is the location that taxis should be ordered for or for you to pick up your son/daughter up yourself.

Please use Schoolcomms to consent for your son/daughter to attend the Prom and ensure that you provide details on how they will be getting home in the Additional Comments box.

£35 will cover the cost of a prom ticket.

It is highly likely that this amount will be reduced based upon attendance, punctuality, and Open Evening incentives which your child may have qualified for.

Payment- Balance by Friday 7th June

Payment is to be handed in to the Pastoral Office and students will be issued with a numbered ticket once full payment has been received.

Yours faithfully,

Mr J Wooler Miss R Conroy

Head of Year 11 Assistant Head of Year 11