




# BISHOP CHALLONER CATHOLIC COLLEGE

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## Bishop Challoner Catholic College Addendum for Medical Conditions/First Aid in Schools

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## **First Aid operational guidance and protocol for the phased return to school - June 2020**

Bishop Challoner Catholic College recognises that first aid remains crucial even as the country deals with the COVID-19 pandemic. With advice from St John's Ambulance, we have put together advice for all staff and first aiders so that you can continue to keep pupils and yourself safe.

### **Advice for all staff**

There will be a named first aider on site each day, identified within the daily staff timetable.

### **The First Aid room will be located in T1**

The First Aid telephone number is: 07731074138

Procedures for contacting the first aider or sending unwell pupils to the first aid room, remain as per the school's [Medical Condition Register](#).

If you suspect Covid-19 symptoms in a young person, others or yourself, please contact the First Aider immediately to let them know.

### **Advice for first aiders**

As a first aider and in addition to your first aid skills, to be effective you need to:

1. Be aware of the risks to yourself and others
2. Keep yourself safe
3. Give early treatment
4. Keep yourself informed and updated
5. Remember your own needs

In the current climate with the prevalence of the COVID-19 pandemic, these skills become even more important and here is how you can apply these skills when managing a first aid incident.

#### **1. Be aware of the risks to yourself and others**

When approaching a casualty there is always a risk of cross contamination – especially when you may have to get close to the casualty to assess what is wrong or to check their breathing. It is always important to be aware of the risks of how this cross contamination occurs. According to NHS 111 we do not know exactly how coronavirus spreads from person to person but similar viruses are spread in cough droplets.

## 2. Keep yourself safe

In line with government advice, make sure you wash your hands or use an alcohol gel, before and after treating a casualty also ensure that you don't cough or sneeze over a casualty when you are treating them.

The Resuscitation Council (UK) provides some useful advice of how to keep yourself safe when providing CPR. You can read their full advice on their website :

<https://www.resus.org.uk/media/statements/resuscitation-council-uk-statements-on-covid-19-coronavirus-cpr-and-resuscitation/covid-community/>

Don't lose sight of other cross contamination that could occur that isn't related to COVID-19.

- Wear gloves or cover hands when dealing with open wounds
- Cover cuts and grazes on your hands with waterproof dressing
- Dispose of all waste safely
- Do not touch a wound with your bare hand
- Do not touch any part of a dressing that will come in contact with a wound.

## 3. Give early treatment

Sensible precautions will ensure you are able to treat a casualty effectively during this period.

## 4. Keep yourself informed and updated

As this is a new disease this is an ever changing situation and the government and NHS are continually updating their advice. Make sure that you regularly review the NHS 111 or Gov.uk website which has a specific section on Coronavirus.

- Visit NHS 111 <https://www.nhs.uk/conditions/coronavirus-covid-19/>
- Visit Gov.uk <https://www.gov.uk/coronavirus>
- Visit Resuscitation Council <https://www.resus.org.uk/media/statements/resuscitation-council-uk-statements-on-covid-19-coronavirus-cpr-and-resuscitation/covid-community/>

## 5. Remember your own needs

These are challenging and uncertain times for all. The COVID-19 outbreak has meant a lot of upheaval and worry for people. In order to help others you will also need to look after your own needs. Make sure you take time to talk about your fears and concerns with someone you trust and to take out time to look after yourself.