

# Fire Safety Tips



Lancashire Fire  
and Rescue Service

## Do you have a working Smoke Alarm?

- A smoke alarm won't necessarily save your life but a working one will give you a much better chance of escape should a fire start.

### Remember to:

- Test your alarm weekly
- Regularly clean your smoke alarm - use a vacuum cleaner with a soft brush



## Did you know ...?

Lancashire Fire and Rescue Service offer a FREE Home Fire Safety Check service to all residents of Lancashire. We offer safety advice and will provide and fit smoke alarms where they are needed. Call **FREE** on **0800 169 1125** - OR visit our website [www.lancsfirerescue.org.uk/hfsc-booking.aspx](http://www.lancsfirerescue.org.uk/hfsc-booking.aspx)

## Have a Bedtime Routine

- Close all inside doors - closed doors slow down a fire giving you more chance to escape
- Unplug things that use electricity but not things like fridges and freezers
- Check the cooker is off
- Do not leave the washing machine, dishwasher or tumble dryer on at night
- Turn off heaters
- Make sure lit things such as fires, cigarettes and candles are out
- Check the route to the outside is clear
- Put keys where everyone can find them



Put them out.  
Right out!

## Have an Escape Action Plan

- Plan an escape route and make sure that your children, and anyone staying with you, know it - this includes babysitters, childminders and anyone having a sleepover
- Practise the escape plan together as a family
- Be careful to keep all exits clear
- Keep keys where everyone can reach them - near the door they are for
- Think about how you would get out if your normal escape route is blocked



Plan an  
escape route

## How else we can help

Lancashire Fire and Rescue Service is able to offer support and advice to people who are worried that someone in their family has an unhealthy interest in fire through their FIRES Programme. Should you be concerned about someone you have regular contact with please visit our website or your local fire station for further information.

## Remember

- Make sure you have smoke alarms and they work
- Have a Bedtime Routine
- Work out and practise your Escape Action Plan

We can help you do all this through our Home Fire Safety Check service. Call **0800 169 11 25**

For more information visit our website  
[www.lancsfirerescue.org.uk](http://www.lancsfirerescue.org.uk)



making Lancashire safer



## Fire Safety Education Session

### Factsheet - KS1

Today Firefighters/Community Fire Safety Advisors from Lancashire Fire and Rescue Service have visited school and delivered a CHILDSAFE education session to your child's class. This fact sheet tells you about some of the things from that lesson. Please read it and talk about it as a family.

#### What is CHILDSAFE?

CHILDSAFE is an educational package that has been designed to help children and their families stay safe from fire in several ways.

#### About the Key Stage 1 session

**It increases the children's knowledge about the risk that fire presents.** The dangers that matches and lighters can pose was particularly stressed.

**We talked about the actions that should be taken in the event of a fire.** This included:

- the importance of having a correctly fitted and working smoke alarm in your home;
- what to do if the smoke alarm sounds, particularly during the night time;
- what someone should do if their clothes caught fire.

We use the film of Frances the Firefly to help get across the dangers of matches and lighters. You may have seen the film on television during advert breaks.



#### The importance of CHILDSAFE and what you can do to help

Whilst the issues covered in the CHILDSAFE sessions can be sensitive to some children they are of great importance. We know from experience that giving children this knowledge in school in the past has had very positive effects in terms of major injuries being avoided to the children and members of their families.

All we ask is for your support and help with regards the work we do with young people by talking to your child about the lesson and further reinforcing the messages at home.

**There are some Top Tips linked to what your child learnt in the CHILDSAFE session on the back of this sheet. Why not display the other side of this handout on the kitchen notice board, or another suitable place, where everyone can see it?**