SIMPLE TIPS FOR EXAM PREP – STUDENTS AND PARENTS

Avoid all distractions:.

- ⇒ Be honest and strict with yourself;
- Keep your TV, computer, laptop, ipad, phone, kindle, Facebook, twitter and any games away
- \Rightarrow If **music** becomes a distraction, get rid of it.
- ⇒ Do not waste time or delay starting.

In your breaks:

- \Rightarrow move around;
- ⇒ drink water;
- \Rightarrow eat something .

Sleep well:

- ➡ Do not work into the early hours of the morning
- ⇒ give yourself a break between finishing revision and going to bed.

Find a space you are comfortable revising in:

 This might be your bedroom, or a study or the kitchen.
Some of you might find it easier to revise if your parents are there with you.



- ➡ Clear space to store folders, textbooks and revision.
- It is going to be around for a while so make space for it somewhere in your house. Make sure you tell parents what it is and where it is so they do not move it or throw it out!

You will need a **desk or a table** that is not cluttered so you can spread things out on. You might want to leave things out for the next session.

Do some form of **exercise** during revision and exams.

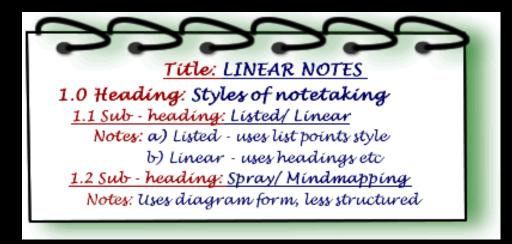
Reward yourself at the end of your revision session.

Tell your parents/family or who you live with when you are revising:

- ⇒ They can help by keeping distractions away from you including themselves, brothers, sisters, friends and pets and keeping the house quiet.
- ⇒ They can help and support you by testing you and keeping you on track if you lose focus.

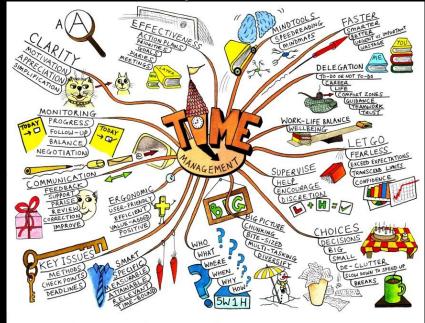
Linear notes on paper:

- Reduce what is in your folder/exercise book/textbook;
- **Read through** what you need to summarise before you actually summarise it;
- Use headings and subheadings
- Keep notes brief;
- Write everything in a way that you understand;
- Do not copy huge chunks out;
- Add detail
- Underline key words; highlight; write in different coloured pens;
- Use bullet points, arrows or numbers to keep it clear and organised;
- Leave spaces to add points;
- Use arrows or dotted lines to link points.



Some revision

techniques



Mind maps or spider diagrams:

- Key question, exam question or a key topic in the centre;
- Subtopics or subheadings;
- Add key pieces of information;
- Develop some of your points;
- Add symbols or images;
- Use different coloured pens or highlight different points;
- Use different sized pieces of paper.

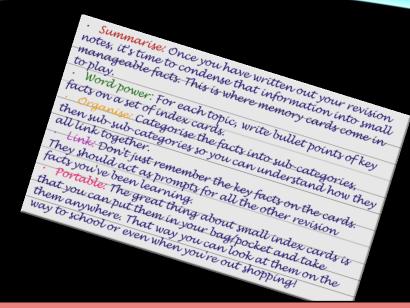
Revision cards:

- A5 or A6;
- Key questions, headings or subheadings on each one and key information;
- Lots of cards with different information, answering one question;
- Move them around or stick them down on larger pieces or paper or around your room with blue tack.



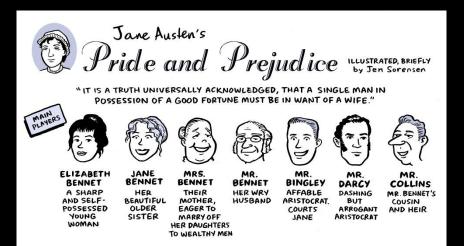
Post it notes:

- Definitions;
- Bullet point the answer to key questions;
- Different post it notes, each containing different parts of an answer to one question;
- Can be moved around, linked or prioritised.



Drawing memory anchors or picture based notes:

- Combination of key words, numbers and pictures;
- Create a key;
- Use a combination of notes and pictures.





VENN DIAGRAM!

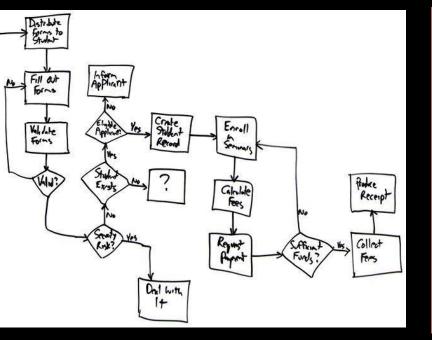
both ASB

Flow charts or timelines:

- Large pieces of paper (rolls of wall paper or pieces stuck together);
- Key dates, ideas, processes or stages;
- Add the information as you go along;
- Use different coloured pens or highlighters;
- Add images or diagrams.

Other techniques:

- Songs; poems or raps!
- Mnemonics (devices to help you remember numbers and words);
- Quizzes;
- Question and answers;
- Read, cover, up, say, write, check;
- Role play;
- Teach somebody else;
- Read, summarise (write), record (speak) on recording devise and play back (listen).
- Colour code text picking out different points each time;
- Create Venn diagrams or diamond 9 shapes.



Plenty or exam papers and questions:

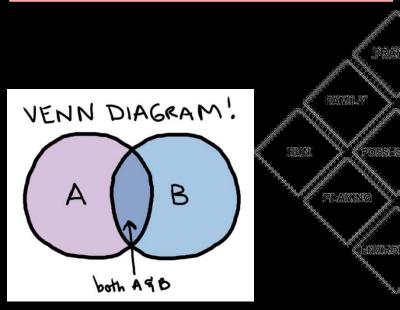
- Revise a topic and attempt an exam paper;
- Use the questions as headings and subheadings for revision notes, mind maps and cards;
- ⇒ Get your head round the skills needed for each question;
- ➡ Recognise the question types;
- Apply formulas you have learnt (especially for science and maths);
- Make a note of the question you have no idea about.

Other resources:

- If you have worked throughout the course of your GCSEs your folder/exercise book and any textbook your teacher recommends should be more than enough to revise and get top marks. You can however also use additional resources:
- **Getrevising.co.uk** (you can make flashcards and revision notes and it tests you interactively);
- U2learn.com (gives you links to all the key subject based websites that have handy revision material, like GCSE bite size).

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