

## 2024/2025 Year 7 Testimonials

### Ellen

Hi, my name is Ellen. Before starting school at Bishop Rawstorne I was feeling quite nervous about going up to secondary school. One thing that I was really looking forward to was not staying in the same classroom all day and moving to different rooms. At first, I wasn't 100% sure of where I was going, but I adapted to this quickly. In addition, one of my favourite lessons is PE. I love going outside and having fun with my friends. Some advice:

- Having all your equipment every day
- Pack your bag the night before so you know that you've got all your books
- Try clubs that might interest you
- Have fun and embrace all that Bishops has got to offer you

I hope you all have a nice and smooth transition to secondary school and I'm looking forward to welcoming you to Bishop Rawstorne.

### Erin

Hi, my name is Erin, and I went to Trinity St Michael's primary school, in Croston. I'm a member of the student voice team here at Bishops; I really enjoy it. Being part of student voice, involves making decisions to benefit the school and working with other members across all the year groups. When I first joined year 7, I was really nervous about making new friends and taking the bus to school. I was also worried about getting lost in a big new school. I'm sure you're thinking about that too. Over time it didn't seem so big and scary at all, you will soon learn to find your way around. I hope this helped to make you feel a lot better about it, but in case not, here are some of my top tips for starting Bishops:

- **Try and branch out:** You might not always have lessons with your primary school friends, so try and make some new ones by talking to new people at lunch and break.
- **Don't be afraid to get involved:** As you heard, I'm in student voice but there are also many opportunities and clubs to choose from, both at lunch and after school.
- **Bring your equipment and pack your bag the night before:** So you are ready for the day.
- **If your worried about something, just tell someone:** Like your tutor or head of year, there are mentors assigned to each tutor who are on hand to help too!
- **Don't worry about getting lost:** if you are lost, ask! I'm sure someone would be happy to help you find your way.
- **Taking the bus:** I'm sure you will enjoy the independence and soon get settled into a routine.
- **Homework:** Do your homework each night as you get it, so it doesn't mount up and become overwhelming.
- **Be Kind:** Treat others how you would like to be treated yourself. If you see someone on their own – talk to them, you might just make a new friend!

I hope this has made you less worried or nervous about joining Bishops and overall **have fun!**

## **Holly**

Hi, my name is Holly, and I came from Rufford CofE Primary school. This transition from primary to high school is big for some and barely any change for others. Moving up to Bishops, I didn't have any older siblings here but lots of my friends were taking this transition to Bishops with me. During your first week or two you will have lots of activities that will help you settle in! The first couple of weeks I mostly focused on my timetable and making new friends. I would recommend making lots of friends and then you will fall start forming new friendship groups and deciding who you are closest to. Don't worry about being late your teachers will be lenient just get to your lessons as fast as you can.

Here are some top tips from my experience. Meet your friends somewhere at break. Bring lots of backup pens as pens run out faster than you expect and make sure you keep on top of your homework (I would recommend days for particular subjects). Remember to pack your bag the night before and most importantly enjoy it as it goes really quick.

## **Madeleine**

Hi, my name is Madeleine, and I came from Leyland St James' Primary School. I would like to give a very warm welcome to all the Year 6's joining us next school year. When I first joined Bishop's I was excited to start a new chapter in my life, but I was also very nervous. I mainly worried about making friends, as I was the only girl from my primary school. I also was afraid of getting lost and not arriving to lessons on time. But trust me, I overcame these worries in the first week. Firstly, everyone was so kind and caring at Bishop's so making friends was very easy. By the second week, I felt very welcomed into the new school environment. I remember when I was following my timetable, I was very lost but I asked a teacher for help and they were happy to direct me to my classroom. One of the easiest things about Bishop's is that many lessons have a block dedicated to their subject. So, you will get used to the structure very quickly. Don't worry about not making it to lesson on time at the beginning of the year! The teachers are very understanding that it's hard to get used to the feeling of being in a bigger space and getting around busy corridors. But once you have got into the swing of it, you will arrive to lessons on time.

After being in Bishop's for nearly a year, my favourite subject is PE. I love PE because you get to enhance your fitness, active skills and teamwork, which can help you to make really good relationships with other pupils by working together. Also, I love Music and German. When I am older, I would like to be a musical theatre actress or do a job that includes something to do with singing, acting or dancing.

My top tips:

- Pack your bag the night before.
- Try to join extra-curricular clubs, sporty or not.
- Be kind and respectful.
- Always try and make new friends because they might be scared to ask you to be their friend so, if you do, you have done them a big favour.
- Make sure you have all your equipment.
- But most importantly, have fun!

## **Samuel**

Hi, my name is Samuel. Before starting this new chapter of my life, I was very nervous and I had quite a lot to learn about this school, like how to behave, how to figure my way around the whole school. The first day I started Bishops, after school I went home and printed a map off of the school so I could find my way around the place. But after that it didn't take long to figure out where all the classrooms are. A bit about me is that I came from Mawdesley St Peters, I am part of soul band, and I used to be part of science club but that is not on now. I dream of being a lorry driver or a lorry. My favourite subject is engineering. I made lots of new friends within the first couple of weeks, it seems like I've known them forever!

Here are some tips you will be needing for high school:

- Stay to the rules,
- Have all your equipment,
- Don't forget your PE kit,
- Be respectful to all the other students and teachers,
- Believe in yourself and others,
- Have fun and be amazing.
- If you are worried then ask a teacher for help.

## **Noah**

Year 6 is officially over, and now it's time to head off to the mysterious land of high school—where the buildings are bigger, the homework is scarier, and somehow no one tells you where anything is. You'll swap playtime for lunch queues and spelling tests for science labs, but don't panic! You've survived SATs, group projects, and that one time someone let off a stink bomb in class—you're ready. High school might seem a bit overwhelming at first, but it's also where the fun really begins. Just try not to get lost on the way to your next lesson!

## **Freya**

Hi, my name is Freya, and I came from Eccleston Primary School. The transition from Year 6 to Year 7 should be a happy and enjoyable experience. There will be lots of opportunities for you to have fun! When I started, I felt nervous as I wasn't sure if I would be with my friends. When I sat in tutor I didn't really know anyone so that is when I made new friends. My tutor has been amazing and helping me get to know my way around and how everything works. If you are ever lost or need to ask questions ask any member of staff or the other students as they will always help you. Here are some top tips when you start:

- Pack your bag the night before so you know when you have everything
- Make sure you have the right equipment and your PE kit
- Try new clubs even if your friends are not joining
- Have fun!

Enjoy Year 7 and make lots of memories.

## **Piper**

Hi, my name is Piper. I'm a part of the student voice team which is led by Mr Tye. We make decisions that can help the whole school and make Bishop's even better. I went to Ecclestone St Mary's Church of England Primary School and when I was in Year 6 I was a little bit nervous. But as soon as I got settled in, it was like I'd been here forever! When you first join, the school seems like a maze but an easy way to remember where your lesson is: all the blocks start with the letter (science rooms are S and English rooms are E.). Make sure you pack your bag the night before, have the right equipment and listen in lessons. And, definitely join some clubs (sports or non-sports) and try to meet new people.

## **Olivia**

Hi, my name is Olivia and I came from Ecclestone St. Mary's Primary School. When I started high school, I was quite nervous but also excited at the same time. Bishop's is an amazing school with so many new opportunities. If you're worried about making new friends, my advice would be to just be yourself and not be afraid to talk to new people. At Bishop's, there are so many clubs for you to join no matter what you are interested in, for example, sports clubs, art club, vocal group, student voice and games club. My favourite subjects are maths, PE, German and science and I love to play football. The first week can be a little overwhelming but after that you'll fit right in and make lots of new friends. My top tips are:

- Pack your bag the night before to save you from forgetting anything
- Be kind and respectful
- Try to memorise your timetable
- Always listen to teacher's instructions
- Talk to new people
- Try lots of different clubs

Remember these top tips and you will do great at Bishop's!

## **Isla**

Hi, my name is Isla and I came from Ecclestone Primary School. I would like to say a huge welcome to all the Year 6s that will be joining next year. Since I have joined, I have joined the school choir and I have taken part in a spring concert. There are lots of different clubs after school such as football, rounders and athletics. If you aren't into sports club there are clubs like coding club and art club. The teachers are really nice and kind. If you don't know where a room is just ask and they will point you in the right direction. I would like to share tips for when you start to make it easier. Moving from primary school to high school is a massive transition and when you first come you might find it hard to find where you need to go and what your timetable is but you will soon get used to it. My tutor is 7X and it is a maths room. I have made lots of new friends since joining. Here are some of my top tips for joining high school:

- Pack your bags the night before to make sure you have everything
- Make sure you have the correct equipment
- Follow the rules
- Do your homework as soon as possible and don't leave it until the last minute
- Try out new clubs even if your friends aren't going
- Meet / talk to new people

Enjoy your first year at high school!

**Emily**

Hi, my name is Emily, and I come from New Longton All Saints Primary School. When I came to Bishops, there were only three people including me from my primary. I was kind of scared because there were loads of people that had all come from the same schools and knew each other. Don't worry because you will definitely find your type of people at Bishops and make new friends. I did. At high school you will do much more than you did at primary and will fall in love with something new. I found some brilliant new subjects. My top tips would be to always do the right thing, make sure you're organised and pack your bag the night before, talk to lots of people, go to lots of clubs and make sure you don't miss out. I'm really enjoying my time at Bishop's and I am sure you will too!