


PSHE & RSE Curriculum Overview

 Blackpool Gateway Academy	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Rules and Expectations Internet Safety Friendship Taking Turns Extremism and Radicalisation L1&2	Friendship Fair and Unfair Our School Belonging Staying Safe Extremism and Radicalisation L3	E-Safety Online privacy Rules Thinking Ahead Taking the Lead	Online Privacy Internet Use gender Stereotypes	Structure Law and Order U.N Rights Online Relationships Drugs Alcohol	Identified Strengths Setting Goals Internet Safety
Autumn 2	Good Manners Happiness Anger feelings Responses Opinions	Right and Wrong Consequences Aspirations Co-operation	Friendship Loss and Separation	Reactions Self-Worth Persistence and Resilience Negative Persistence Feelings	Death and Grief managing Conflict Community Event Substance Related Abuse L2	Race and Ethnicity Gender Stereotypes Culture Relationship and Sex Education L1-5
Spring 1	Washing Hands healthy Eating Physical Activity Comparisons	Keeping Clean Skin Dental Hygiene Drug Safety	Physical, Emotional and Mental Well Being Sleep	A Balanced Diet Working With Food	Physical, Emotional and Mental Well-Being Healthy Lifestyles Tobacco Substance Abuse	Physical Illness Immunisation Marriage
Spring 2	Definitions Unkindness Behaviour Personal Safety Emotional Safety	Similarities and Differences The Human Body Growing Up Changing Needs Physical Activity Exercise	Clear Messages How to Listen Different Communities School Communities	Responding to Others Expressing Opinions Loss and Separation Family Changes	Physical, Emotional and Mental Well-Being Confidentiality Listening Responding	Healthy Minds Mental Well-Being Support and Care
Summer 1	Kindness Family Caring Lending and Borrowing Sharing	Behaviour Teasing Local Citizenship Responsibility	Before Puberty Visible Changes How to Help Emergency Calls	Identified Strengths Self-Respect Identified Strengths Setting Goals	Food Choices Cooking Physical Contact Extremism and Radicalisation L1&2	Budgeting Consumer Sense Substance Related Abuse L1, 3-5

Summer 2	Sun Safety Road Safety Money Safe Zone L1-4	Emotions Love Sadness Money Choices Enterprise Safe Zone L1-7	A Balanced Approach Physical Exercise Lifestyle Choices Working Together Shared Goals	Connections Family Links Religious Views Celebrate Diversity Money Choices Managing Money	Extremism and Radicalisation L3-5 Responding Shared Goals Community Spirit Basic First-Aid	Generating Income
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