



# Are you aged 16 to 25 and do you look after a family member or friend?

**If you care or support someone who has a physical illness or disability, mental ill health, or has problematic use of drugs or alcohol, you are a carer and we are here to support you.**

Blackpool Carers is a local charity and here to help you in any way we can, so don't struggle alone!

For more information on our service and how we can support you, contact Amy on 01253 393748 or email: [amy.williamson@blackpoolcarers.org](mailto:amy.williamson@blackpoolcarers.org)

Blackpool Carers, Beaverbrooks House, 147 Newton Drive, Blackpool FY3 8LZ

Tel: 01253 393748 Email: [admin@blackpoolcarers.org](mailto:admin@blackpoolcarers.org)

[www.blackpoolcarers.org](http://www.blackpoolcarers.org)



**Blackpool Carers Centre**

*Quality • Passion • Respect*

Charity No. 1114558

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