



Young carers in garden

*“Having someone outside of my family who listens and understands helps me so much.”*

Young carer



Dementia Awareness Training group

*“I have met others who understand. I now feel I belong and have someone to turn to.”*

Dementia carer



Grow Wild Garden Group

## Our contact details

Blackpool Carers Centre  
Beaverbrooks House, 147 Newton Drive,  
Blackpool FY3 8LZ  
Tel: 01253 393748  
Email: [admin@blackpoolcarers.org](mailto:admin@blackpoolcarers.org)  
[www.blackpoolcarers.org](http://www.blackpoolcarers.org)

## How to find us

From the Victoria Hospital roundabout at the top of St Walburgas Road, head down Newton Drive towards Blackpool town centre.

Beaverbrooks House is located on the left hand side before you arrive at the No. 4 pub. We have a car park at the rear of the building and there are bus stops at the front.



## Blackpool Carers Centre

*Quality • Passion • Respect*

Charity No. 1114558



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Blackpool Carers Centre Limited

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in England and Wales No. 5633524.

# Blackpool Carers Centre

*Quality • Passion • Respect*

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# Are you a carer?

Information on help and support  
available for unpaid carers  
of all ages and their families





If you help or support a relative, friend or neighbour who cannot manage on their own, due to physical or mental ill health, disability or problem with drugs or alcohol, YOU ARE A CARER.

## Who we are

Blackpool Carers is an independent, local charity and network partner of Carers Trust.

## What we do

We provide an extensive range of age specific services and support for carers from the age of 5 and their families to promote well being, positive choices and respite opportunities.

## Who can access our service?

To access our service, the person you care for must live in Blackpool. You, as a carer, do not have to live within the same area.

Young carers who live outside the area can also access support if they attend school, college or university in Blackpool.

If you are unsure, please contact us to see if we can help. We are a very friendly team and happy to answer any questions about our service.



## How to refer yourself or someone you know to our service

- Call us direct on **01253 393748**
- Visit our website and complete a short online form at: [www.blackpoolcarers.org/advice-and-support/online-carers-referral-form/](http://www.blackpoolcarers.org/advice-and-support/online-carers-referral-form/)
- Contact us via our social media platforms - **Facebook/blackpoolcarers** or **Twitter @blackpoolcarers**
- Email our team at [admin@blackpoolcarers.org](mailto:admin@blackpoolcarers.org)

## What happens after your referral?

We will contact you by telephone to find out more about your caring role and the kind of support that you need.

If needed, a worker from our team will visit you and carry out a short, informal assessment to look at aspects of life that we can work with you to improve.

This helps to form a plan of support and opens up opportunities for respite breaks, one to one support and new experiences.

## Services we offer

- Advocacy
- Age Specific Support
- Benefit Advice
- Carer Awareness Training
- Connect5 mental health training for professionals
- Consultation Groups
- Counselling
- Dementia Support Group
- Dementia Training and Carers' Support
- 1:1 Emotional Support
- Emergency Action Plans
- Employment Support
- Escape Hair & Beauty Salon onsite
- Family Support
- Footcare Service
- Hospital Support Project
- Information and Signposting
- Magazine
- Managing Challenging Behaviour (MCB) course for parents
- Residential Breaks
- Respite Activities for all ages
- Room and Garden Hire
- Schools' Support
- Substance Misuse and Mental Health Project
- Training for Carers and Professionals
- Volunteering
- Young Carer and Young Adult Carer Projects



*This is not an exhaustive list and may change without notice. Please contact the office on 01253 393748 for more detailed information.*