



# OPTIONS4CYP PMHW DROP IN

Primary Mental Health Worker



Do you have concerns about a young person's emotional health & wellbeing?



Would you like to know what mental health support is available for a young person?



Did you know a PMHW is a mental health practitioner and is part of the CAMHS Team?

Are you a young person or parent / carer and want to know where you can get support for young people's emotional mental health?



@blackpool\_PMHW



PMHW can link in with schools and services to work together

PMHW Drop In is a confidential space to discuss worries and concerns with a Mental Health Practitioner

PMHW Drop In can signpost you to the correct service to support with your current concern and get you the help you need

\*Waiting times may vary

**Venue:**  
**Westminster Primary Academy**  
**Westminster Road**  
**Blackpool**  
**FY1 2QE**

## MONDAYS 2 - 4:30pm

For further information contact:

# 0800 121 7762

Option 1