What is bullying? Information for Parents and Carers



Bullying is also known as child-on-child abuse.

It can happen both inside and outside of school and online.

What is Bullying?

Bullying is "behaviour, usually repeated over time, which intentionally hurts another individual or group, physically or emotionally".

Bullying can include:

- Being called names and teased
- Hitting, slapping, kicking, biting or pushing someone
- Threatening, intimidating or humiliating someone
- It can be constant criticism or spreading rumours
- Stealing possessions
- Being sent nasty messages by text or online
- Posting horrible or mean comments or photos on Social Media
- Commenting on social media posts or pictures saying nasty things.



What should I do if I think My child is being bullied?



We are here to support your child and you.

There is an experienced pastoral team who will investigate all reported bullying concerns.

Aspire Academy operates a ZERO TOLERANCE approach to bullying and we work closely with students, families and external agencies to safeguard and protect all students and staff. Please also refer to the Anti-bullying Policy and the Safeguarding and Child Protection Policy for more information.

We want all of our students and parents/carers to be able to share any concerns they have with a member of staff. You could talk to: Form tutors; Class teachers; Caseworkers; Teaching Assistants; Senior Leadership Team; or any member of staff you feel comfortable talking to.

You can email any concern through to: admin@aspire.fcat.org.uk

There is a link on the main page of the website called 'Raise My Concern'. Parents/carers and students can use this link to raise any concern they have.

All of our staff have had safeguarding training and know who to pass your concerns on to. Please don't suffer in silence. We will respond to your concerns within 24 hours.

We will do everything we reasonably can to protect your child from bullying and harassment, as well as arranging support for them.

