

September 30th 2026

Dear Parents and carers,



At Blackpool Aspire Academy, we are incredibly proud of our students and want to ensure that every single one of them has the support they need to thrive both academically and emotionally.

We know that for some of our students, the end of the school day doesn't mean it's time to relax. Many young people take on extra responsibilities at home to help care for a family member who has a physical disability, a long-term illness, a mental health condition, or who needs extra support as they get older.

Often, families don't think of their children as "young carers"—they just see them as pitching in and doing what families do. However, whether it is helping with the shopping, providing physical care, or just being there to offer emotional support to a sibling or parent, these responsibilities can take a lot of energy.

We want to make sure that any student who helps out at home is fully supported here at school. To help us do this, we are asking all families to take a few minutes to complete a short, confidential questionnaire, which is linked below.

[Young Carers @ Blackpool Aspire Academy](#)

You can also access this questionnaire via the following webpage: <https://forms.gle/GfJsk5WTkzbwpRLL8>

Understanding our students' lives outside of school allows our pastoral and personal development teams to offer the right kind of support. This might include providing someone to talk to if they are feeling overwhelmed, or simply an understanding of why they might be feeling tired on a given day.

The information you share will be treated with the **strictest confidence** and will only be shared with the key staff members who are directly involved in supporting your child's well-being.

Even if you are unsure whether your child's responsibilities classify them as a young carer, we still encourage you to fill out the form.

Thank you for your continued support and for working with us to ensure every student reaches their full potential.

Yours sincerely

Blackpool Aspire Academy

Blackpool Aspire Academy, Blackpool Old Road,
Blackpool FY3 7LS
Headteacher: Mr. J. Woods
Tel: (01253) 353155 Fax: (01253) 500397
Email: admin@aspire.fcat.org.uk
Web page: www.blackpoolaspireacademy.co.uk

Fylde Coast Academy Trust
Company Limited by Guarantee Number 8364709
Registered in England & Wales
Registered Office:
C/o Mereside Primary Academy, Langdale Road,
Blackpool FY4 4RR