





SUMMER SESSIONS

Do you have concerns about a young persons mental Health?

Do you need guidance on services available to support a young persons, mental health?

Would you like support regarding transition to high school?

Do you have have, feelings of worry & Panic?

If the answer is YES then please come to one of the Summer Sessions to discuss your worries, and get some support hints and tips off our practitioners



Wednesday 31 July

09.00 -12 Noon

North Family Hub 31 Dingle Ave, **Blackpool FY3 7NX**

Wednesday 7th August 1.00pm-3.00pm

Central Family Hub Gorton Street Blackpool FY1 3JW





Wednesday 14th August 9.00am-12 Noon

Central Family Hub Gorton Street Blackpool FY1 3JW

Wednesday 21st August North Family Hub

09.00 -12 Noon

31 Dingle Ave, Blackpool FY3 7NX

1.00pm-3.00pm **South Family Hub**

Palatine Leisure CTR Blackpool FY4 2AP





Wednesday 28th August North Family Hub

9.00-12 Noon

31 Dingle Ave, **Blackpool FY3 7NX**

1.00pm-3.00pm **South Family Hub**

> **Palatine Leisure CTR** Blackpool FY4 2AP

Get in touch

If you have any further questions, do not hesitate to contact us directly and one of our team will respond to you.

Did you know you can follow us on social media?

cyp_primarymentalhealthservice

6 0800 121 7762 (Option 4)

bfwh.cyppmhs.blackpool.nhs.net

CYP_pmhs