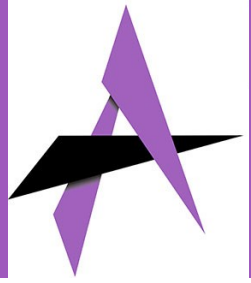


What is bullying?



Bullying is also known as child-on-child abuse.

It can happen both inside and outside of school and online.

What is Bullying?

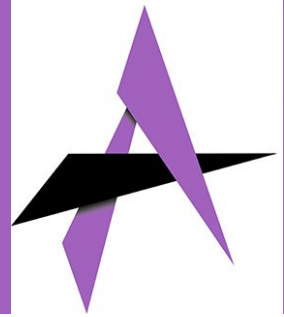
Bullying is “behaviour, usually repeated over time, which intentionally hurts another individual or group, physically or emotionally”.

Bullying can include:

- **Being called names and teased**
- **Hitting, slapping, kicking, biting or pushing someone**
- **Threatening, intimidating or humiliating someone**
- **It can be constant criticism or spreading rumours**
- **Stealing your possessions**
- **Being sent nasty messages by text or online**
- **Posting horrible or mean comments or photos of you on Social Media**
- **Commenting on your posts or pictures saying nasty things.**



What should I do if I think I'm being bullied?



We are here to support you.

There is an experienced pastoral team who will investigate all reported bullying concerns.

Aspire Academy operates a ZERO TOLERANCE approach to bullying and we work closely with students, families and external agencies to safeguard and protect all students and staff.

If you are affected by any form of bullying you can:

- Report it to any adult in school or at home**
- Tell your parents or carers**
- Tell your Form Tutor, Head of Year or Senior Leadership Team**
- Speak to the Anti-Bullying Ambassadors**
- Speak to a Caseworker in the Caseworker's office**
- You can even write it down if you're finding it difficult to say it.**

We will do everything we reasonably can to protect you from bullying and harassment, as well as arranging support for you.

