Let's start at the very beginning, after all, we all have to start somewhere.

This is specifically to do with careers, so first things first, submit an application.

How do I make sure I stand out amongst all of the other applicants??

Read on to find out more:

To begin with…….

* Who do I want the world to see me as?
* Is that the person I am presenting to the world?
* How do I make sure I am the person I want to be?
* Next steps in being the best version of myself!

This is important because whatever circumstances you are faced with, you want the world to see you a certain way.

For example: When I apply for a job and am successful in reaching the interview process I want the interview panel to see me as (the world to see me as)…..

Balanced in my point of view

Rational in how I approach problems

Great in communicating

Develop a rapport with people quickly

Good at influencing outcomes

Lovely to talk with

Well educated in my chosen field

Willing to try and learn new skills in fields I have not yet tried

Constantly developing myself

Hardworking

Effective

Take pride in everything I do

Am I presenting that person to the interview panel (world)?

I try to offer calm and thoughtful responses to the questions

Think about a sensible and methodical way to approach problems

Articulate my thoughts clearly and open discussions to include others points of view

Smile and look at people while I am talking to them

Always use language the best way I can, positive words especially

Include information about the subject

Talk about all the new skills I have learned as the years have gone by

Show an interest in many areas and discuss all the workshops I attended and the extra sessions/activities I have done

Describe examples clearly of how I am hardworking, effective and demonstrate pride in everything I do

How do I make sure I am the person I want to be?

I start by doing the first 2 things in the list above and make sure I know who I am, how I can achieve those things and make a conscious choice every day to include them until it is part of the person I am presenting.

Next steps…..

Practice

Practice

Practice

Improve my experiences so I have more to discuss

Pay attention to those around me

Look at the next thing I want to improve about myself.