



# PSHE year plan

Week	W/B	Year 7	Year 8	Year 9	Year 10	Year 11	Subject Assessment	Whole School Assessment
1	31/08/2020	What is the impact of the media on your self?	What is mindfulness?	Dove unit	How do we manage tough times?	Mental Health		
2	07/09/2020	How can I have excellent personal hygiene?	How can we keep good mental health?	Dove unit	What are positive and negative risks?	Mental Health		
3	14/09/2020	What is good dental hygiene and why is it important?	How can we keep good mental health?	Dove unit	What is binge drinking?	Mental Health		
4	21/09/2020	How can I keep a balanced diet?	How can we keep good mental health?	Dove unit	Why is the ability to persevere an essential skill?	Mental Health		
5	28/09/2020	How can I keep a balanced diet?	How can we keep good mental health?	Dove unit	What is the 'dark web'?	How do we argue our opinion?		
6	05/10/2020	Why do people choose to smoke?	Why do we need self-esteem?	Can anyone end up addicted to drugs?	What is cyber bullying and trolling?	What are class B drugs and why are they so dangerous?		
7	12/10/2020	How could I persuade someone to stop smoking?	Do you know how to protect your personal information?	What is the importance of sleep?	What is homophobia?	What is FGM and why is it happening?		
8	19/10/2020							
9	26/10/2020							
8	02/11/2020	How do we create a leaflet to persuade people?	How do you stay safe on screen?	Do we need to worry about body piercings and tattoos?	Why is it important to learn about gender identity?	Why is being a new parent so challenging?		
9	09/11/2020	Can I give examples of problems related to homelessness?	Homelessness- what leads to this situation?	Can we make safe choices?	What is feminism?	How can pornography be dangerous?		
10	16/11/2020	Can I empathise with other teenagers?	Can I keep a balanced diet?	Can we make safe choices?	How can we manage and resolve conflict?	What is abuse and how do we recognise it?		
11	23/11/2020	What are legal/ illegal drugs?	How can I keep a balanced diet?	Can we make safe choices?	Exploring relationships	Why do people get involved in county lines?		
12	30/11/2020	What do drugs do to the mind and body?	How to be happier and healthier	Can we make safe choices?	Exploring relationships	Why is gambling so addictive?		
13	07/12/2020	What exactly is cancer?	How to be happier and healthier	Can we make safe choices?	Exploring relationships	Applying to college or uni		
14	14/12/2020	How do we prevent our findings in the classroom?	Why is it important to learn first aid?	Is there a conflict between the generations?	What are payday loans?	Independent living		
15	21/12/2020							
16	28/12/2020							
15	04/01/2021	How do we perform CPR?	How can we manage our emotions?	Why do some people have same sex relationships?	Careers health and safety	STEM		
16	11/01/2021	What do we need to know about personal safety?	How can we manage our emotions?	What are stalking and harassment?	Workplace behaviour	Applications to post 16 provision		
17	18/01/2021	What do we need to know about personal safety?	What do we mean by the word values?	What is online trolling?	What to expect in interviews	Apprenticeships		
18	25/01/2021	What are the physical and emotional effects of stress?	What is a good role model?	What does county lines mean?	Interview preparation	Wages and finance		
19	01/02/2021	What are my strengths and fears?	Maintaining genuine relationships	What is and isn't acceptable?				
20	08/02/2021	What qualities make a good relationship?	Why does bullying happen and how can we prevent it?	Prejudice and discrimination				
21	15/02/2021							
21	22/02/2021	What makes someone a good/ bad friend?	Why does bullying happen and how can we prevent it?	What is gender prejudice?				
22	01/03/2021	What is positive and negative peer pressure?	What is an unhealthy or abusive relationship?	What is consent and why do we need it?				
23	08/03/2021	What is bullying?	What is an unhealthy or abusive relationship?	What is an STI?				
24	15/03/2021	What is diversity in sexuality?	What lifestyle changes do you need to make to be healthy?	How do we manage the pressures of the internet?				
25	22/03/2021	What is a disability?	What are the positive uses of technology?	What are the risks of online gaming?				
26	29/03/2021							
27	05/04/2021							
26	12/04/2021	What is e-safety?	Is smartphone addiction harmful?	Criminal justice				
27	19/04/2021	What are the risks of using the internet?	Is smartphone addiction harmful?	Criminal justice				
28	26/04/2021	What is cyberbullying?	Can you explain the consequences of naked photos?	Criminal justice				
29	03/05/2021	Do you know where to go for advice?	Why is peer pressure so powerful?	Criminal justice				
30	10/05/2021	Are you aware of the issues raised by social media?	What is body shaming?	Criminal justice				
31	17/05/2021	What are the risks when making an online purchase?	What are relationship values?	Criminal justice				
32	24/05/2021		How does our criminal justice system work?	Why do young people carry weapons?				
33	31/05/2021							
33	07/06/2021	What are the causes of cyber crime?	Different forms of government	options				
34	14/06/2021	What are the effects of cyber crime?	What is community cohesion?	workplace visits				
35	21/06/2021	What makes you tick?	The world of work	Communication and body language				
36	28/06/2021	What do I want from the world of work?	Employability skills	What makes a good CV				
37	05/07/2021		Job opportunities	Creating your own CV				
38	12/07/2021		LMI					
39	19/07/2021		Managing money					
40	26/07/2021		U explore					