

Week	W/B	Year 7	Year 8	Year 9	Year 10	Year 11
1	9/4/2023	What is mental health?	What is mental health?	Drug classification	Mental health problems	Rights and responsibilities online
2	9/11/2023	What is resilience?	Mindfulness	What is the difference between the different classes?	What is positive mental health?	Gangs and knife crime
3	9/18/2023	Feelings and how to manage them	What pressures do teenagers face?	What are drugs?	Pressures and influences	County lines
4	9/25/2023	What impacts on our emotional wellbeing?	What is body image?	What are party drugs?	Self-harm and suicide	Facing all odds- MH/ drugs/ addiction
5	10/2/2023	Being positive	Self esteem	What are the dangers of cannabis?	Social media validation	Breast/ cervical/ ovarian cancer
6	10/9/2023	Self esteem	Substance misuse	What is addiction?	Phone addiction	Testicular cancer
7	10/16/2023	What is your identity?	Drugs and the law	Hygiene	FGM	Exam stress and anxiety
8	11/6/2023	The importance of sleep	Alcohol and safety	Healthy eating	Unhealthy relationships	What is teenage pregnancy
9	11/13/2023	How do I manage situations?	Impacts of drug taking	What are some mental health conditions	Pornography	What are the challenges of parenthood?
10	11/20/2023	Puberty	Coming out what is it?	Instagram generation	Pornography	Abortion
11	11/27/2023	Puberty hygiene	Menstrual cycle	Vaping	Pornography	Abused by my girlfriend
12	12/4/2023	Menstrual wellbeing	Healthy eating	Dangers of alcohol	Media sexualisation	Sexual harassment- Asking for it
13	12/11/2023	Dental hygiene	First aid	How do I take care of me?	Marriage	
14	12/18/2023	How to cope with loss	What does family mean?	How do I build positive relationships?	Forced marriage	Coercive behaviour
15	1/8/2024	Dangers of smoking	How can I contribute to family life?	What is a respectful relationship?	CV writing	How do I write a personal statement?
16	1/15/2024	Caffeine and energy drinks	Healthy relationships	What are parenting skills?	Consumer rights	Budgeting
17	1/22/2024	E cigarettes and vaping	Faith and values	What is contraception?	What is a payslip?	Money stresses
18	1/29/2024	What is a healthy relationship?	Faith and values	What can we learn about conception?	Rights and responsibilities of people under 16	
19	2/5/2024	How to be assertive	How do I feel about difference?	How do people love one another?		
20	2/19/2024	Gangs	Racism	How to recognise abuse		
21	2/26/2024	Bullying lesson	Hate crime	Murder games		
22	3/4/2024	Getting to know people	What is bullying?	Domestic abuse		
23	3/11/2024	Friendships and online relationships	Homophobia and challenging it	Pornography and sexting		
24	3/18/2024	What makes a good friend?	LGBTQ+	What is consent?		
25	3/25/2024	Why are boundaries important?	Cyber bullying/ trolling	What are STIs?		
26	4/15/2024	Peer pressure	Grooming	Online trolling		
27	4/22/2024	Consent and boundaries	Child abuse	Sexual harassment		
28	4/29/2024	Friendships off and online	County lines	Youth produced sexual imagery		
29	5/6/2024	Online gaming/ grooming and addiction	What is love?	Homophobia		
30	5/13/2024	How to stay safe online	contraception	Honour based violence		
31	5/20/2024	What are my aspirations?	Neurodiversity	Honour based violence		
32	6/3/2024	How do I work best with others?	How do I save?	Living in Britain		
33	6/10/2024	Skills for working with others	How enterprising am I?	The equality acts		
34	6/17/2024	Goal setting	What do I need to plan for?	Hate crimes		
35	6/24/2024	Career path	How do I improve my prospects?	Discrimination through invisibility		
36	7/1/2024	Community and social media	What are my aspirations?	Challenging discrimination		
37	7/8/2024	Equality act 2010	What are my strengths?	Democracy and voting		
38	7/15/2024	Multiculturalism	Nature vs nurture	Modern day slavery		
39	7/22/2024	Prejudice and discrimination	Stereotypes	Modern day slavery		