Top tips for staying safe online

Protect your online reputation: use the tools provided by online services to manage your digital footprints and 'think before you post.' Content posted online can last forever and could be shared publicly by anyone.

Know where to find help: understand how to report to service providers and use blocking and deleting tools. If something happens that upsets you online, it's never too late to tell someone.

Don't give in to pressure: if you lose your inhibitions you've lost control; once you've pressed send you can't take it back.

Respect the law: use reliable services and know how to legally access the music, film and TV you want.

Acknowledge your sources: use trustworthy content and remember to give credit when using other people's work/ideas.

Further advice and resources:

www.childnet.com www.saferinternet.org.uk

