



## How to access the Neurodiversity Hub – updated October 2024

### Drop in session

Parents and carers can attend our drop in sessions.

Details of these sessions can be found via our Facebook Page - **HMR Neurodiversity Hub** or you can email [hmr-ndhub@nca.nhs.uk](mailto:hmr-ndhub@nca.nhs.uk) for more information.

**What to expect:** You will have a consultation with a member of the Neurodiversity Hub. We will discuss your concerns and support available. Our sessions jointly run with the Home-Start RAASS service and so you can chat to the Home-Start staff and other parents and look at resources whilst you wait. You will be offered a drink and a biscuit or breakfast.

### Tuesday Advice Line

**When:** Every Tuesday

**What to expect:** You will have a consultation with a member of the Neurodiversity Hub. We will discuss your concerns and support available.

**To book:** Call 0161 206 0606 between 8am-12pm on a Tuesday morning. You will then be added to a 'call back' list and a member of the team will return your call between 1pm-5.30pm.

### Evening Advice Line

**When:** Wednesday evening (once a month) Details of these sessions can be found via our Facebook Page - **HMR Neurodiversity Hub** or you can email [hmr-ndhub@nca.nhs.uk](mailto:hmr-ndhub@nca.nhs.uk) for more information.

**What to expect:** You will have a consultation with a member of the Neurodiversity Hub. We will discuss your concerns and support available.

**To book:** Call 0161 206 0606 between 8am-12pm on a Wednesday morning. You will then be added to a 'call back' list and a member of the team will return your call between 6-8pm.

**Please note, the Neurodiversity Hub do not carry out Autism or ADHD assessments and we do not refer to these assessment services directly.**