Boarshaw Primary School

Autumn Term 2 Topic Unit Pack 2026-2027

	**Who can help us?** Children explore the different people who help us, including how we, our friends, and adults in school can help us. We learn how to be a good friend to others. We learn about the emergency services and how they can help us. We also learn about the people who help to keep our bodies healthy. Children also think about what they want to be when they grow up.



Who can help us?

Essential Knowledge

By the end of this unit our pupils will know…

- Who helps us at school, at home and in the wider community
- How we can help other people
- The different emergency services and their roles, as well as how to access help in an emergency
- How to keep our bodies and minds healthy and who can help us to do so
- How to talk about our ambitions for the future

Launch

Trust exercises – balancing on a beam, navigating a simple obstacle course blindfolded. Why is it important to have people to help us?

Explore

Children will explore the people who help them in different parts of their lives and learn how to ask for help. They will explore how to keep their minds and bodies healthy. They will think about what makes them special.

Celebrate

We will plan our own celebration with special foods and activities.

Vocabulary

festival, celebrate, Diwali, Autumn, emergency, fire fighters, police, doctors, ambulance, hygiene, exercise, ambition, jobs

EYFS Curriculum Objectives

	Communication and Language	Personal, Social and Emotional Development	Physical Development	Literacy	Mathematics	Understanding the World	Expressive Arts and Design
Development Matters Objectives	• To sing nursery rhymes. • To talk about the people who help us and learn new words relating to different jobs. • To listen to stories on celebrations such as birthdays, Diwali, Christmas, Hanukah etc. and to talk about them and why they are celebrated. • To listen to, and follow simple instructions. • To know that stories have a beginning, middle and an end. • To answer why questions.	• To talk about how we are the same and different. • To learn about daily routines and classroom rules. • To be aware of behavioural expectations in the nursery. • To select and use activities and resources, with some support if needed. • To show an awareness of the importance of oral health and also know that eating fruits and vegetables is healthy for teeth and our bodies. • To know how to adapt behaviour to suit classroom routines. • To show confidence in asking adults for support. • To recognise and talk about familiar emotions.	• To independently put on their coats, with some support for the zipper and buttons. • To copy dance moves and to move to different kinds of rhythms. • To use mark making resources with increasing independence. • To show confidence in dressing up and self-care activities. • To know how to move on different beats and rhythms e.g. slowly for slow music and fast on quicker beats. • To know how to use mark making resources effectively, e.g. how to use scissors to snip or how to use a paint brush to paint.	• To talk about and retell a range of familiar stories • To find and identify familiar letters, e.g. letters in their names • To begin to explore initial sounds in familiar words. To know that letters are used to make up words. • To know that each letter makes a sound – focussing on sounds in their names. • To learn that stories have a sequence; beginning, middle and end • To know that text is read from left to right and top to bottom in English. To name and talk about the different parts of a book, e.g. front cover/ back cover/ spine/ pages To begin to acknowledge initial sounds and their relevance in the environment	• To sing number rhymes and number songs. • To recite numbers to 5. • To subitise number 1. • To show fingers for numbers 1-5. • To solve problems with numbers to 5. • To understand the cardinal principle. • To experiment using own marks to represent numbers. • To explore 2D shapes square and rectangle and talk about their properties. • To sort objects by property e.g., spotty objects	• To talk about different people who help us. • To know and talk about different occupations. • To talk about what they see and develop new vocabulary. • To talk about how we can help each other and how our families help us. • To learn about how to keep fit and healthy and the people who help to keep our bodies healthy. • To learn how to keep ourselves safe. • To talk about what we want to be when we grow up. • To explore the different jobs that people in our families do. How do these people help us? (paramedics/nurses/ doctors/fire fights/postman/ shop assistant etc.). • To talk about familiar celebrations and talk about how they celebrate. • To operate simple equipment e.g. turn on CD player or use a remote control.	• Sing familiar nursery rhymes. • To use different colours and materials to make patterns. • To make Christmas cards and decorations for friends and family using a range of media. • To make patterns with paint and different objects, exploring what happens when you mix colours. • To join construction pieces together to build and balance. • To know how different colours and materials can be used to create things.

Week/Topic Question	Communication, Language, Literacy and Phonics	Maths	Lesson 1	Lesson 2	Lesson 3	EAD session	Focus Activity	Physical Development	My Happy Mind	Music/ICT
Week 1 (4 day week) - 02/11/2026 Festivals in Autumn 02/11 – INSET DAY Bonfire Night – 5th November Diwali – 8th November	**Nursery Rhyme Focus:** Incy wincy spider. **Story Focus/English:** Room on the broom. **Phonics:** Phase 1 phonics Rocket Phonics	**Number 1** Number block 1 Different representations of number one. Counting on from 1. Recognising 1. Number Song of the week: 1 finger, 1 thumb.	**Halloween** What is Halloween? How do we celebrate it? How do other cultures/countries celebrate?	**What is bonfire night and how do we stay safe?** Why do we celebrate it? How do we celebrate bonfire night? Discuss how we stay safe at a bonefire.	**Diwali** What is Diwali? How do we celebrate Diwali? Look at pictures of Diwali Shares stories related to Diwali and discuss how the characters in the story are celebrating Diwali.	Exploring different materials to make firework effect – paint, chalk, crayon, pencils, tissue paper, etc.	**Maths – recognising 1.** Can the children recognise a representation of 1? E.g. 1 button.	**Fine motor:** Diwali Rice – scooping, pouring etc. **Gross motor:** Dancing with ribbons to look like fireworks	**Module 2 – Celebrate** Story: Charlie's Rainbow Adventure Song: Celebrate – we are wonderful and special Activities based around: Strength, love, kindness, friendship and celebrations	Purple mash Halloween & bonfire night paint.
Week 2 - 09/11/2026 What happens in Autumn? Remembrance Day – 11th Nov Nursery Rhyme Week – All week.	**Nursery Rhyme Focus:** Nursery Rhyme Week Songs: 1. Twinkle Twinkle Little Star 2. Old Macdonald had a farm 3. The big ship sails 4. Incy wincy spider 5. Five Currant Buns **Story Focus:** Pumpkin soup. **Phonics:** Phase 1 phonics Rocket Phonics	**Number 2 – subitising** Number blocks – introducing the number 2. What does 2 look like? Subitising dots Subitising pictures. Recognising 2. Number song of the week: 1, 2 buckle my shoe	**How do we know it is autumn?** Autumn resources. Discussion about what we can see when it is autumn. Find objects outside that represent autumn e.g. conkers and leaves.	**How do things change in autumn?** Show pictures of Autumn and Summer and talk about the differences. Share clothes that you might wear in Autumn and Summer and talk about the similarities and differences. Come up with words to discuss the changes in Autumn: Colder, wetter weather. Leaves falling. Darker earlier. Animals in Autumn Read Don't hog the hedge.	**Remembrance Day** Watch CBeebies Poppies Video – what can we see? What is happening? Read Poppy Story.	Poppy pictures – printing.	**C&L – Nursery Rhyme Week** Can children recite a nursery rhyme? Can they talk about which nursery rhymes they like? Can they use actions when singing a familiar nursery rhyme?	**Fine motor:** Rescuing insects from spiders web Counting pegs as spiders legs. **Gross motor:** Big Body Movements when performing Nursery rhymes.	**Module 2 – Celebrate** Story: Charlie's Rainbow Adventure Song: Celebrate – we are wonderful and special Activities based around: Strength, love, kindness, friendship and celebrations	Listen and respond to music – copying a simple rhythm (link to nursery rhyme week) -

Week 3 - 16/11/2026 Who helps us in school?	**Nursery Rhyme Focus:** Old Macdonald **Story Focus:** Real Superheroes by Julia Seal **Phonics:** Phase 1 phonics Rocket Phonics	**Number 2** Counting Numeral L1 – Counting 2 objects. L2 – Recognising the number 2 L3 – recognising 2 in different representations L4 – finding two in our environment. Number Song of the week: 2 little dickie birds	**Who helps us around school** *Who helps us at school?* *Teachers, friends, other members of staff.* *How do they help us?*	**Asking for help** How can we ask for help at school? What is the best way to ask for help?	**Being a good friend** How can you be a good friend? How can you help others?	Scissor Skills – making farm pictures.	**Maths – Recognising 2 objects** Can the children recognise 2 objects? Are they counting or subitising? Can they 1:1 count to 2?	**Fine motor:** Cutting and sticking Farm scene pictures **Gross motor:** Obstacle course – using teamwork to help each other.	**Module 2 – Celebrate** Story: Charlie's Rainbow Adventure Song: Celebrate – we are wonderful and special Activities based around: Strength, love, kindness, friendship and celebrations	- - Listen and respond to music – copying a simple rhythm - Learning Nativity Songs
Week 4 - 23/11/2026 Who helps us in an emergency ? How can we ask for help in an emergency ?	**Nursery Rhyme Focus:** Hickory Dickory Dock **Story Focus:** Charlie the Fire Fighter **Phonics:** Phase 1 phonics Rocket Phonics	**AB Pattern** AB colour patterns AB movement patters AB outdoor patterns let's make an AB pattern! Number Song of the week: Head, shoulders, knees and toes.	**Who helps us if there is a fire?** Talk about fire fighters and their tools.	**Who can help us if we are lost or something goes wrong?** Talk about police. What do they do? What do they look like?	**How can we get help in an emergency?** Who can you tell? How can you call for help? NSPCC	AB Pattern prints	**EAD/Maths –** AB Patterns Can children create a AB patterns and talk about the different colours they have used?	**Fine motor:** Can you rescue the people from the fire? **Gross motor:** Putting out the fire tuff tray activity	**Module 2 – Celebrate** Story: Charlie's Rainbow Adventure Song: Celebrate – we are wonderful and special Activities based around: Strength, love, kindness, friendship and celebrations	- - Listen and respond to music – actions and dance - Nativity Songs
Week 5 - 30/11/2026 Who helps us to keep our bodies healthy? Nativity Week	**Nursery Rhyme Focus:** The Grand Old Duke of York **Story Focus:** Post Man Bear **Phonics:** Phase 1 phonics Rocket Phonics	**AB/ABC Pattern** L1 - Fix my pattern L2 - ABC colour patterns L3 - ABC outdoor patters L4 – let's make an ABC pattern. Number Song of the week: Zoom Zoom Zoom were going to the moon	**Keeping ourselves healthy** Why is it important to keep our bodies healthy?	**Keeping ourselves healthy** Who can help us to keep our bodies healthy? What does a doctor do? What does a dentist do?	**Keeping ourselves healthy** How can we keep our bodies healthy? Healthy eating Brushing teeth Staying clean	ABC Patterns	**Nativity – performing songs & talking about their own experiences.**	**Fine motor:** Brushing teeth **Gross motor:** Dance movements - nativity performances.	**Module 2 – Celebrate** Story: Charlie's Rainbow Adventure Song: Celebrate – we are wonderful and special Activities based around: Strength, love, kindness, friendship and celebrations	- Performing nativity songs

Week 6 - 07/12/2025 What do we want to be when we grow up? Supper with Santa – 9th & 10th Dec	**Nursery Rhyme Focus:** Clap your hands **Story Focus:** Ginger Bread Man **Phonics:** Phase 1 phonics Rocket Phonics	Consolidation activities recapping skills and knowledge from the numbers 1 & 2 Number song – consolidation from weeks 1-3	**What would you like to be when you grow up?** Why do you want to do that job? What jobs do people have around our school? What jobs do people have around the community?	**Jobs** What qualities do you need to do a job? Kind, caring, smart, strong, etc.	**Christmas** How do we celebrate Christmas?	*Christmas craft activities*	**Physical – Decorating a Christmas Tree (fine motor)** **Link to C&L – talk about Christmas in their homes.**	**Fine motor: Decorating a Christmas tree** **Gross motor: Pushing the sleigh.**	**Module 2 – Celebrate** Story: Charlie's Rainbow Adventure Song: Celebrate – we are wonderful and special Activities based around: Strength, love, kindness, friendship and celebrations	Music – Christmas Songs EAD – purple Mash design a Christmas tree
Week 7 - 14/12/2025 Why do we celebrate Christmas?	**Nursery Rhyme Focus:** Consolidation **Story Focus:** Stickman **Phonics:** Phase 1 phonics Rocket Phonics *Consolidation*	Consolidation activities- patterns Number songs – consolidation from weeks 4-5	How and why do we celebrate Christmas? Christmas craft activities	How do other cultures celebrate Christmas? Christmas craft activities	What do we like about Christmas? Christmas craft activities	Christmas craft activities & Making Christmas Cookies	**EAD – Christmas Crafts / Christmas Cookies**	**Fine motor: decorations.** **Gross motor: Putting presents into a sack.**	**Module 2 – Celebrate** Story: Charlie's Rainbow Adventure Song: Celebrate – we are wonderful and special Activities based around: Strength, love, kindness, friendship and celebrations	Music – Christmas Songs EAD – purple Mash design a Christmas tree

Baking experience- making Christmas cookies