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17/12/24

Dear Parents,

Next term we will be introducing a program to all year groups at school called myHappyMind. myHappyMind is all based around helping children to understand how their brain works and to support them in developing positive skills and habits to be their very best selves!

We are holding a launch breakfast for all parents/cars on Wednesday 15th January at 9am. Come along and have sausage sandwich, a brew and find out about myHappyMind. If you can't join us for breakfast, come along at 4pm for a cake, a brew and find out about myHappyMind.

Please reply to this email to let us know if you are attending and for which session.

myHappyMind is delivered in schools by class teachers through a series of interactive lessons and then the children apply these learnings throughout the day.

To further embed this learning, myHappyMind has developed a Parent App. These resources can be accessed online on your computer, or through an app on your phone. The Parent App will support you as a parent in understanding what your child is learning, activities for you to do together at home and also a Kids Zone featuring myHappyMind Games plus much more!

Simply scan this QR code to sign up -



We really encourage you to make use of this free content so that you can support your child in getting the best out of the curriculum. If you have any questions about myHappyMind, please contact your class teacher.

If you have any technical questions about accessing the resources, please contact hello@myHappyMind.org

Many thanks,

Abigail Facchin
Deputy Head and SENDCo