

Wellbeing Wednesday



ISSUE 18: Employee Assist Programme

As an Employee of Bolton Impact Trust, you have 24/7 access to our Employee Assist Programme. The programme is provided by Care first.

Their team of professionally trained, qualified and BACP Accredited Counsellors are available 24/7 to offer support for personal or workplace related issues. As well as the headline issues surrounding mental health, our Care first counsellors are also trained in dealing with both work and home grievances, bullying & harassment issues, domestic violence, relationships at both home and at work and much more. No matter how big or small the problem may be, their counsellors are here for you to provide you with unbiased support away from the situation.

To find out more about how to access the EAP Programme Please watch the webinar today from 12-12:30pm. If you are unable to join the webinar live, a recording of the session can be accessed using the same link after the webinar has taken place.

Alternatively, you can contact Victoria Gavin at Head office.

