

There are no bad kids.

There are kids stuck in abuse.

There are kids with ADHD and ASD.

There are kids with depression and anxiety.

There are kids navigating racist systems.

There are kids navigating LGBTQ identity.

There are kids with sexual trauma.

There are kids with brain injuries.

There are kids suffering with illness.

There are kids in the midst of loss.

There are kids with deep sensitivity.

There are kids who are being marginalized.

There are kids holding generational trauma.

"Bad kids" are actually good kids who have not been properly seen and supported.

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attachmentnerd Kids get labeled "bad" because adults don't know how to help them. Children are not wired to be bad, they are submersed in environments that are not equipped to meet their needs.

The ensuing behavior that results is not a product of who they are, but of their desperation to cope.

Once you see a kid beyond their behavior and consider their social and physical contexts, you can begin to help them get their needs met, and as they do, watch them grow and thrive in ways that they could not have done while being shamed for their behavior.