

## National Curriculum Links

### KEY STAGE 1, YEAR 2 SEX AND RELATIONSHIP EDUCATION

	NC REF	CHILDREN SHOULD LEARN	LESSONS
Science	Sc2 1b	That animals, including humans, move, feed, grow use their senses and reproduce	Lesson 2, What is male and female? Lesson 4, Human Life Cycle
	Sc2 2a	To recognise and compare the main external parts of the bodies of humans and other animals	Lesson 3, Labelling male and female bodies
	Sc2 2f	That humans and other animals can produce offspring and that these offspring grow into adults	Lesson 4, Human Life Cycle
	Sc2 4a	Recognise similarities and differences between themselves and others, and to treat others with sensitivity	Lesson 3, Labelling male and female bodies Lesson 6, Special and different - families
	Sc2 4b	Group living things according to observable similarities and differences	Lesson 2, What is male and female?
PSHE & Citizenship	1b	To share their opinions on things that matter to them and explain their views	Lesson 1, Girls and Boys can...
	1d	To think about themselves, learn from their experience and recognise what they are good at	Lesson 4, Human Life Cycle
	2d	To agree and follow rules for their group and classroom, and understand how rules help them	Lesson 1, Girls and Boys can... Lesson 2, What is male and female? Lesson 3, Labelling male and female bodies Lesson 4, Human Life Cycle Lesson 5, Everybody needs caring for Lesson 6, Special and different - families
	2e	To realise that people and other living things have needs, and that they have responsibilities to meet them	Lesson 5, Everybody needs caring for
	2f	That they belong to various groups and communities, such as family and school	Lesson 6, Special and different - families
	3d	About the process of growing from young to old and how people's needs change	Lesson 2, What is male and female? Lesson 4, Human Life Cycle Lesson 5, Everybody needs caring for
	3e	The names of the main parts of the body	Lesson 3, Labelling male and female bodies
	4c	To identify and respect the differences and similarities between people	Lesson 1, Girls and Boys can... Lesson 3, Labelling male and female bodies Lesson 6, Special and different - families
	4d	That family and friends should care for each other	Lesson 5, Everybody needs caring for Lesson 6, Special and different - families

# National Curriculum Links

## KEY STAGE 2, YEARS 3/4 SEX AND RELATIONSHIP EDUCATION

	NC REF	CHILDREN SHOULD LEARN	LESSONS
Science	Sc2 1a	That the life processes common to humans and other animals include nutrition, movement, growth and reproduction	Lesson 1, Who's in my family?
	Sc2 2a	To recognise and compare the main external parts of the bodies of humans and other animals	Lesson 2a, Changing body parts
	Sc2 2f	That humans and other animals can produce offspring and that these offspring can grow into adults	Lesson 1, Who's in my family? Lesson 2b, Changing body parts Lesson 3, Feeling good about being different
	Sc2 4a	Recognise similarities and differences between themselves and others, and to treat others with sensitivity	Lesson 2a, Changing body parts Lesson 2b, Changing body parts
PSHE & Citizenship	2d	To agree and follow rules for their group and classroom, and understand how rules help them	Lesson 1, Who's in my family? Lesson 2a, Changing body parts Lesson 2b, Changing body parts Lesson 3, Feeling good about being different
	3c	About how the body changes as they approach puberty	Lesson 2a, Changing body parts
	3e	The names of the main parts of the body	Lesson 2a, Changing body parts Lesson 2b, Changing body parts
	4e	To recognise and challenge stereotypes	Lesson 3, Feeling good about being different
	4f	The differences and similarities between people arise from a number of factors, including cultural, ethnic, racial and religious diversity, gender and disability	Lesson 1, Who's in my family? Lesson 3, Feeling good about being different

# National Curriculum Links

## KEY STAGE 2, YEAR 4/5 SEX AND RELATIONSHIP EDUCATION

	NC REF	CHILDREN SHOULD LEARN	LESSONS
Science	Sc2 1a	That the life processes common to humans and other animals include nutrition, movement, growth and reproduction	Lesson 1, Growing and changing Lesson 7, Your questions answered
	Sc2 2f	Growth and reproduction: About the main stages of the human life cycle	Lesson 1, Growing and changing Lesson 2, Puberty - How our bodies change Lesson 3, Understanding menstruation and wet dreams Lesson 4, Changing the way we keep clean Lesson 7, Your questions answered
PSHE & Citizenship	1c	To face new challenges positively by collecting information, looking for help, making responsible choices, and taking action	Lesson 7, Your questions answered
	1d	To recognise, as they approach puberty, how people's emotions change at that time and how to deal with their feelings towards themselves, their family and others in a positive way	Lesson 5, Changing feelings and changing lives Lesson 6, Feeling, thinking & doing – Changing relationships
	2e	To reflect on spiritual, moral, social, and cultural issues, using imagination to understand other people's experiences	Lesson 6, Feeling, thinking & doing – Changing relationships
	2f	To resolve differences by looking at alternatives, making decisions and explaining choices	Lesson 6, Feeling, thinking & doing – Changing relationships
	3b	That bacteria and viruses can affect health and that following simple, safe routines can reduce their spread	Lesson 4, Changing the way we keep clean
	3c	About how the body changes as they approach puberty	Lesson 2, Puberty - How our bodies change Lesson 3, Understanding menstruation and wet dreams Lesson 4, Changing the way we keep clean Lesson 7, Your questions answered
	4a	That their actions affect themselves and others, to care about other people's feelings and to try to see things from their points of view	Lesson 5, Changing feelings and changing lives Lesson 6, Feeling, thinking & doing – Changing relationships
	4c	To be aware of different types of relationship, including marriage and those between friends and families, and to develop the skills to be effective in relationships	Lesson 1, Growing and changing Lesson 5, Changing feelings and changing lives Lesson 6, Feeling, thinking & doing – Changing relationships
	4e	To recognise and challenge stereotypes	Lesson 1, Growing and changing
	4g	Where individuals, families and groups can get help and support	Lesson 3, Understanding menstruation and wet dreams Lesson 7, Your questions answered

# National Curriculum Links

## KEY STAGE 2, YEAR 5/6 SEX AND RELATIONSHIP EDUCATION

	NC REF	CHILDREN SHOULD LEARN	LESSONS
Science	Sc2 1a	That the life processes common to humans and other animals include nutrition, movement, growth and reproduction	Lesson 4, Sexual relationships Lesson 5, Conception and pregnancy Lesson 7, Your questions answered
	Sc2 2f	Growth and reproduction: About the main stages of the human life cycle	Lesson 1, What's all this about puberty? Lesson 4, Sexual relationships Lesson 5, Conception and pregnancy Lesson 6, Being a parent Lesson 7, Your questions answered
PSHE & Citizenship	1a	To talk and write about their opinions, and explain their views, on issues that affect themselves and society	Lesson 2, Becoming men and women Lesson 3, Building good relationships
	1c	To face new challenges positively by collecting information, looking for help, making responsible choices, and taking action	Lesson 7, Your questions answered
	1d	To recognise, as they approach puberty, how people's emotions change at that time and how to deal with their feelings towards themselves, their family and others in a positive way	Lesson 1, What's all this about puberty?
	2e	To reflect on spiritual, moral, social, and cultural issues, using imagination to understand other people's experiences	Lesson 6, Being a parent
	2k	To explore how the media present information	Lesson 2, Becoming men and women
	3c	About how the body changes as they approach puberty	Lesson 1, What's all this about puberty?
	4a	That their actions affect themselves and others, to care about other people's feelings and to try to see things from their points of view	Lesson 3, Building good relationships Lesson 6, Being a parent
	4c	To be aware of different types of relationship, including marriage and those between friends and families, and to develop the skills to be effective in relationships	Lesson 3, Building good relationships Lesson 4, Sexual relationships Lesson 7, Your questions answered
	4e	To recognise and challenge stereotypes	Lesson 2, Becoming men and women
	4f	That differences and similarities between people arise from a number of factors, including cultural, ethnic, racial and religious diversity, gender and disability	Lesson 2, Becoming men and women
	4g	Where individuals, families and groups can get help and support	Lesson 7, Your questions answered

# National Curriculum Links

## KEY STAGE 2, YEAR 6 SRE, HIV AND CONTRACEPTION

NC REF	CHILDREN SHOULD LEARN	LESSONS
3a	What makes a healthy lifestyle, including the benefits of exercise and healthy eating, what affects mental health, and how to make informed choices	HIV lesson 2, How can the risk of catching HIV be reduced? Contraception lesson, What is contraception?
3b	That bacteria and viruses can affect health and that following simple, safe routines can reduce their spread	HIV lesson 1, Myths and misconceptions about HIV HIV lesson 2, How can the risk of catching HIV be reduced?
3e	To recognise the different risks in different situations and then decide how to behave responsibly, judging what kind of physical contact is acceptable or unacceptable	HIV lesson 1, Myths and misconceptions about HIV HIV lesson 2, How can the risk of catching HIV be reduced? Contraception lesson, What is contraception?
4a	That their actions affect themselves and others, to care about other people's feelings and to try to see things from their point of view	HIV lesson 1, Myths and misconceptions about HIV HIV lesson 2, How can the risk of catching HIV be reduced? Contraception lesson, What is contraception?
4e	To recognise and challenge stereotypes	HIV lesson 1, Myths and misconceptions about HIV
4g	Where individuals, families and groups can get help and support	HIV lesson 1, Myths and misconceptions about HIV