



Bolton Primary School
Bolton
Appleby-in-Westmorland
Cumbria
CA16 6AW
Telephone: 017683 61511



Newsletter: Thursday 17th September 2026

Dear Parents and Carers,

Star Awards for Enjoying

Well done to our star award winners last week for demonstrating our value of Enjoying. Huge well done to Tommie, Lily, Olly, Ronnie, Charlie and Harry. It has been wonderful to see children enjoying lots of aspects of school life.

Golden Diners Table

Well done to our lucky golden diners last week - Emily, Isla, Tommie and Millie. All new Reception children and have just been brilliant in the dinner hall. Superstars!

Andi Taylor Art Workshops

The whole school had a great day working with Andi Taylor. They created some wonderful artwork linked to Harvest. Andi was incredibly complementary of our school and would love to work with us again in the future.

Macmillan Coffee Morning

Reminder Macmillan Coffee Morning next Friday (25th). Donations of cakes, sweets, stationary and uniform please. All welcome!

Zones of Regulation

Over the past few weeks, many children have identified themselves as being in the Blue Zone, which can indicate feeling tired, low in energy or lacking focus. As we settle back into the school term, this is a helpful reminder of the importance of re-establishing consistent routines at home. To support children in being ready to learn, please ensure they are getting enough sleep, having a healthy breakfast, and are arriving at school on time each day. These small habits can make a significant difference to children's wellbeing, concentration and learning.

Managing Screen Time

During recent discussions in school, a number of children have shared that they spend a significant amount of time using devices at home, including tablets, phones, games consoles and televisions. While technology can be a valuable tool for learning and entertainment, it is important that children have a healthy balance between screen use and other activities. Excessive screen time, particularly in the evenings (and throughout the night), can impact sleep, concentration, physical activity and overall wellbeing. We know that well-rested children are better able to focus, engage in learning and manage their emotions throughout the school day. We would encourage families

to review screen time routines at home and consider introducing device-free periods, especially before bedtime. Spending time reading, being active outdoors, playing games as a family or engaging in hobbies can all help support children's development and wellbeing. Thank you for your support in helping our children stay healthy, happy and ready to learn.

Arbor Parent App

We are pleased to share that we have introduced Arbor Parent App to our school system. All parents and carers should have received an email invitation with details on how to set up their Arbor Parent App account. Arbor will become our main method of communication, allowing you to receive messages and updates from school, make payments, provide permissions, view attendance information and keep your contact details up to date, all in one place rather than so many different platforms. If you have not received your invitation email, or are experiencing any difficulties accessing the app, please contact the school office and we will be happy to help. Thank you for your support as we transition to this new system, which will help strengthen communication between home and school.

Other platforms

- Class Dojo - Used in school to award dojo points and celebrate achievements. Messages will no longer be sent to families via Class Dojo.
- Google Classroom - Used for homework and home learning activities.
- Text Messages - Used for urgent reminders and important updates only.
- Private Facebook Group - Used to share photos and updates from school events and activities.
- Facebook Page - Used to promote school events, news and information about what is happening in school.
- Email - Used to send newsletters, letters, flyers and general school communications.

Working Together Respectfully

We value the positive relationships we have with our families and appreciate your ongoing support. We kindly remind everyone that all communication with school staff should remain respectful and courteous, whether in person, by phone or via email. By working together in a positive and professional way, we can ensure the best outcomes for our children and maintain a welcoming environment for our whole school community.

Children's Logging in cards

All children have been sent home with their logging in card for their homework activities e.g., Lexia, TTRockstars. Please keep these safe at home as they use these throughout school.



Autumn 1

Extra-Curricular Sports Clubs 3:30-4:30pm

Mondays - KS2 Netball with Mrs Cousin starting Monday 7th September for 7 weeks
Thursdays - Whole School Team Building with Juno Sports starting Thursday 10th September for 7 weeks. (5 spaces available)
These club will be £2 per session.
Please book using Parent Pay.
Spaces are limited for both clubs - first come, first served basis.

Lunchtime

KS2 children provide a range of lunchtime clubs for our children including football, Lego and drawing club.
Staff will be running a running club (Wednesdays)



Summer After School Care Provision

3:30-5pm / 3:30-6pm

Mondays - Art Club with Mrs Tinkler and Kaya
Tuesdays - Construction Club with Mrs Tinkler/Mrs Rankin and Shannon
Wednesdays - Desserts Club with Miss Holmes/Mrs Rankin and Rebecca
Thursdays - Craft Club with Mrs Austin and Kaya
Fridays - Cinema Club with Mrs Tinkler and Rachael/Anne
(If you **do not** consent to your child watching a PG rated film, please contact the office)
3:30pm-5pm at School £7.50 per session
5-6pm (Mon to Thurs) at Nursery £10.50 per session (includes 3:30-5pm session)
Please collect your child at 5pm from Bolton School or at 6pm at Bolton Nursery.
Please book your place via the school office!

Yours Sincerely,
Debbie Tinkler, head@bolton.cumbria.sch.uk



After School 'Wrap Around' Care Provision – Autumn 2026



Bolton Primary School and Bolton Nursery will be providing the 'After School Care' Provision

3.30-5pm – At School – £7.50 (includes a snack)

Collect your child from school at 5pm

5-6pm (Mon to Thurs) – At Nursery – (£10.50 includes 3.30-5pm session) Collect your child from nursery at 6pm

Bookings to be made via School – Please call us on 017683 61511 or email admin@bolton.cumbria.sch.uk to book your child's place.

Please book to secure your place.

Autumn Term – Theme each night!

Monday: Art Club

Tuesday: Construction Club

Wednesday: Dessert Club

Thursday: Craft Club

Friday: Cinema Club

Invoices will be sent via Nursery – You can still use your childcare account to receive 20% top up from the government to support with payments. Please call nursery on 017683 62468 or email admin@boltonnursery.org.uk if you need guidance with your invoices.

Extra-Curricular Sports Clubs



Bolton Primary School will continue to offer 'Extra-Curricular Sports Clubs'

There will be a club for Rec/KS1 and a club for KS2 each week.

These clubs will be sports based.

These will be £2 per week as we can subsidise these with our Sports Premium Money

These will run for the whole half term.

Autumn 1 Sports Clubs 3.30–4.30pm

Mondays – KS2 – Netball with Mrs Cousin starting Monday 7th September for 7 for 5 weeks – last session Monday 19th September

Thursdays – Whole School – Team Building with Juno Sports starting Thursday 10th September for 7 weeks – last session Thursday 22nd September

Following the 'Extra-Curricular Sports Club' – You can book your child into 'After School Care Provision'.

4.30-5pm will be £3 and 4.30-6pm will be £6

Autumn 2026 Diary Dates and Key Information

Don't forget to sync the school calendar to your phone from our website!

This page will be updated each week.

Date	Who	Time	Information
22/09/26	Governors	4-5pm	Governors - Curriculum and Pupil Progress Meeting
23/09/26			Nasal Flu - Please complete the permission form (emailed last week)
24/09/26	C3	All day	History trip to York to visit the Jorvik Centre and Dig York to enhance our unit of work on the Vikings. The cost is £20 per child on ParentPay. Children should arrive at school at 7.50am ready for a prompt 8am departure, and will return to school approx. 5pm. Please wear PE kits and bring waterproof coat, packed lunch and water bottle. Staff: Mrs Moody, Miss Mepham and Miss Burns
25/09/26	All	9:30am-11:30am	Macmillan Coffee Morning - Join us! Join us at our school for a morning of coffee, cake and community spirit! ☕ Freshly Brewed Teas & Coffees 🍰 Delicious Cakes & Sweet Treats 🚲 BikeInn Free Bike Checks - Bring your bike along! ⚽ Juno Sports Activities 🎨 Face Painting 👕 School Uniform Stall ✎ Stationery for Sale 📖 Pre-loved Books Everyone welcome - we'd love to see you there! All money raised will be given to Macmillan Cancer Support
w/c 28/09/26	All	TBC	Parent Consultations - Focus: Settling in meeting - 10-minute slots Early Years - Mrs Moody/Miss Holmes - Each Morning at 9am Year 1 and Year 2 - Miss Holmes - Tuesday 29 th 3:45-7pm Year 3 and Year 4 - Mrs Cousin - Monday 28 th 4:45pm-6:30pm or Wednesday 30 th 3:45-6:30pm Year 5 and Year 6 - Miss Mepham - Monday 28 th or Tuesday 29 th 3:45-6:30pm Appointments can be booked via 'Arbor Parent App'
05/10/26	EY	9:45am	JAM Session at the Church
07/10/26	C2	AM	RHSE Session with Mrs Hodgson - We are in Year 1 of the 2 Year Cycle More information can be found on our website https://bolton.cumbria.sch.uk/bolton-primary-curriculum/relationship-health-and-sex-education-rhse-at-bolton
13/10/26	Governors	1:30pm	Governors - Staffing, Finance and Premises Meeting
14/10/26	KS2	All Day	Lowther Castle Trip Please wear PE kits and bring waterproof coat, packed lunch and water bottle. Staff: Mrs Cousin, Miss Mepham and Miss Burns
14/10/26	Y1/2	AM	RHE Session with Mrs Hodgson - We are in Year 1 of the 2 Year Cycle More information can be found on our website https://bolton.cumbria.sch.uk/bolton-primary-curriculum/relationship-health-and-sex-education-rhse-at-bolton
19/10/26	KS2	All Day	Bikeability Please complete the forms that were emailed this week
20/10/26	C3	AM	Bikeability
21/10/26	C3	AM	Bikeability
22/10/26	All		Sponsored Walk - Save the Date! Join us for our 3km Sponsored Walk! We would love as many parents, carers, grandparents and family members as possible to come along and walk with us. It promises to be a fun community event and a great opportunity to raise money for our school while enjoying some time together outdoors. More details will follow soon. We hope to see lots of families there! 😊

23/10/26	All	Finish at 3:30pm	End of the half-term! - Non-uniform day
23/10/26	All	3:30-5:30pm	Halloween Disco
25/01/27	KS2	All day	Young Voices Concert - Manchester Forms have been handed out to children for audience tickets and t-shirt bundles. There is no obligation to buy these, a plain white t-shirt will suffice. Please return forms by Monday 21 September. Please register your child, via the link emailed yesterday, on the Young Voices website. Thank you 