

ANTI-BULLYING AMBASSADOR

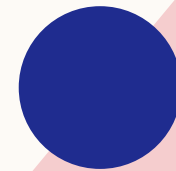
Evelyn

INTRODUCTION

Signs of bullying

Types of bullying

Role of Anti-Bullying Ambassador



SIGNS OF BULLYING

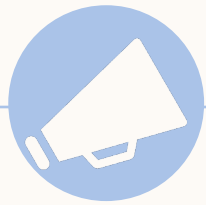
People who are being bullied are known as a “victim”

Here are some signs people may show when they are being bullied...



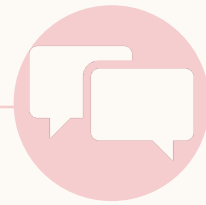
- Being withdrawn and not interacting with others
- Appearing worried, scared or nervous
- Looking sad or upset
- Acting angry
- Not making eye contact
- Hunched shoulders
- Alone at break time

TYPES OF BULLYING



VERBAL

- Repeatedly saying something mean directly to someone's face to make them feel upset, uncomfortable or unsafe
- An example of this is calling someone a rude name



INDIRECT

- Repeatedly doing something behind someone's back or online to make them feel upset, uncomfortable or unsafe
- An example of this is talking about someone negatively behind their back.



PHYSICAL

- Repeatedly using physical contact with someone to make them feel upset, uncomfortable or unsafe
- An example of this is pushing or hitting someone

ROLE OF AN ANTI-BULLYING AMBASSADOR

We are here to offer support to all pupils who may be victims of bullying.

Our aim is to stop bullying behavior and promote our school values.

You can speak to an Anti-Bullying Ambassador privately, who will know how to deal with the situation.

**“ CARRY OUT A RANDOM ACT OF
KINDNESS, WITH NO EXPECTATION OF
REWARD, SAFE IN THE KNOWLEDGE
THAT SOMEONE MIGHT DO THE SAME
FOR YOU. ”**

- Diana, Princess of Wales

THANK YOU

