

3D PSHE and Citizenship Curriculum Map

LMTW Health and Wellbeing (Adventurers)

	Unit 1 Healthy Lifestyles	Unit 2 Nutrition & Food	Unit 3 Hygiene, Growing and Changing	Unit 4 Emotions	Unit 5 Keeping Safe
Theme Units		CFWM! Africa A Balanced Diet 1 Plant or Animal? A Balanced Diet 2 Balancing Act		Under the Canopy Loss/Separation 1 Lost! Loss/Separation 2 Found!	
Additional Year 3	L1 A Balanced Approach Define: Healthy L2 Physical Exercise Active Kids? L3 Lifestyle Choices It's Your Choice L4 Sleep Sweet Dreams		L1 Before Puberty You've Grown L2 Keeping Clean Squeaky Clean		L1 Sun Safety Too Hot! L2 Beach Safety Follow the Flags L3 Health safety Aaachooo!
Additional Year 4	L5 Physical, Emotional and Mental 1 I Am Who I Am! L6 Physical, Emotional and Mental 2 Hearts and Minds	L3 Working with Food 1 Master Chef L4 Working with Food 2 Picnic Preparations	L3 Changing Bodies Everyone Changes L4 Menstrual Cycle Every Month	L3 Loss/Separation 3 Left Behind L4 Feelings 1 Overreacting L5 Feelings 2 Left Out	L4 First Aid Home Hospital L6 Drug Safety My Medicine

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LMTW Relationships (Adventurers)

	Unit 1: Communication	Unit 2: Bullying/ Collaboration	Unit 3: Respecting Self and Others	Unit 4: Healthy Relationships
Theme Units	<ul style="list-style-type: none"> Lightning Speed Privacy The Secrets Jar Suggested Safe Zone Lessons: Year 4 L3 Online Reputation/ Managing Information Online and L5 Copyright and Ownership 	<ul style="list-style-type: none"> Athens V Sparta Reactions Frustration! Persistence and Resilience Don't Give Up Negative Persistence Over and Over 	<ul style="list-style-type: none"> A World of Difference Religious Views 1 Faith Findings Religious Views 2 Inside Outside Cry Freedom Religious Views 2 Inside Outside Under the Canopy Family Links Family Tree Family Changes Two Homes L1 Connections Paper Chains 	
Additional Year 3	<ul style="list-style-type: none"> L1 Clear Messages Dot, Dot, Dash L2 Listening and Responding I Hear You 	<ul style="list-style-type: none"> L2 Self-Worth I'm A Marvel! 	<ul style="list-style-type: none"> L2 Family Links Family Tree L6 Self Respect Let's R.O.C,K! 	<ul style="list-style-type: none"> L1 Friendship 1 Best Features L2 Friendship 2 Circles Time L3 Friendship 3 Falling Out

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LMTW Relationships (Adventurers)

**Additional
Year 4**

L3 Expressing Opinions
It's Debatable

L5 Religious Views 1

Faith Findings (if teaching Cry
Freedom)

L7 Gender Stereotyping

His and Hers

L8 Racial Discrimination

Coming to England

L4 Friendship 4

The BAFAs

L5 Boundaries

Don't Push It

L6 Trusting Strangers

Safe Strangers

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LMTW Citizenship (Adventurers)

	Unit 1: Rules And Responsibilities	Unit 2: Aspirations	Unit 3: Money and Finance	Unit 4: Communities	U5 Climate Education (Coming Soon)
Theme Units	<ul style="list-style-type: none">Law and Order/ Operation Pied Piper RulesI'm In Charge!Thinking AheadLesson PlanningTaking the LeadLearning TimeCFWM! Africa PoachingGreed KillsCry Freedom Child LabourThe Pinwheel (Tough Topics additional unit)	<ul style="list-style-type: none">That's All Folks/ Hot Off the PressIdentified Strengths 1I'm Good at ThatIdentified Strengths 2Future MeSetting Goals 1That's My Goal!Setting Goals 2The Impossible Dream	<ul style="list-style-type: none">Picture Our PlanetMoney ChoicesA Million DollarsManaging Money 2Design Choices	<ul style="list-style-type: none">Athens V SpartaWorking Together 1Name GameWorking Together 2Build it Up!CFWM! AfricaSchool CommunitiesSchool Swap	
Additional Year 3				<ul style="list-style-type: none">L3 Shared GoalsBetter PlacesL4 Different CommunitiesMy Community	

3D PSHE and Citizenship Curriculum Map

LMTW Citizenship (Adventurers)

Additional
Year 4

L2 Spending
Ping!

L3 Managing Money 1
It's A Gamble

3D PSHE and Citizenship Curriculum Map

LMTW Safe Zone (Adventurers)

SAFE ZONE

Year 3

- **L1** Self Image and Identity
- **L2.1** Online Relationships
- **L2.2** Online Bullying
- **L3** Managing Online Information
- **L4** Health, Wellbeing and Lifestyle
- **L5** Privacy and Security

Year 4

- **L1** Online Relationships / Online Bullying
- **L2** Health, Wellbeing and Lifestyle
- **L3** Online Reputation/Managing Information Online (suitable for teaching during Lightning Speed)
- **L4** Self image and Identity
- **L5** Copyright and Ownership (suitable for teaching during Lightning Speed)
- **L6** Privacy and Security